1st International Conference

Institute of Clinical Psychology

Conference Theme:

Clinical Psychology and the Developing World: Issues, Challenges and Solutions

March 9-10th, 2017

Conference Programme

University of Management and Technology, Lahore, Pakistan

9-10 March 2017

Day 1: 9th March 2017

Participants to be Seated: 8:30 am
Guests to be Seated: 8:45 am

Inaugural Session: 9:00-11:30am
Venue: Ava Gardner Faletti's Hotel, Lahore

9:00 am	**A Recitation from the Holy Quran**
9:10 am	**National Anthem**
9:15-9:30 am	**Welcome Address by Prof. Dr. Zahid Mahmood** *Director, Institute of Clinical Psychology, UMT, Lahore*
9:30-10:00 am	**Keynote Address** **Douglas, E. Trimble, PhD** ***Assessment of Adult Attachment and its Relationship to Attachment to God*** *Professor, Eastern University Pennsylvania, USA*
10:00 – 10:45 am	**Guest Speakers** **Dr. Anila Kamal** ***Gender Issues and Challenges in Pakistan*** *Director/Tenured Professor* *National Institute of Psychology, Quaid-i-Azam University, Islamabad* **Dr. Muhammad Amjad Saqib** ***Akhuwat 's Role in Marginalized Population*** *Executive Director, AKHUWAT* **Ms. Amra Khan** ***Clinical Psychology in Pakistan*** *Member of National Assembly (PML-N)*
10:45 – 11:00 am	**Address by the Rector** **Dr. Hasan Sohaib Murad** *Rector, University of Management and Technology, Lahore*
11:00-11:15 am	**Address by the Chief Guest** **Rana Mashood Ahmad Khan** *Minister, Education, Youth Affairs, Sports, Tourism and Archaeology* *Government of the Punjab*
11:15 – 11:30 am	**Presentation of Shields to the Guests**

Tea Break: 11:30-12:00 noon

Scientific Session -I (A)

Time: 12:00-2:00 pm Venue: Ava Gardner

Theme: **Assessment in Clinical Psychology**

Session Chair: Prof. Dr. Iftikhar Ahmed (*Chairperson, Department of Psychology, UMT, Lahore)*

Moderator: Samia Rani (Ph# 0300-8811122) **Facilitators:** Fatima Sana & Farah Iqbal

1.	**ICP2-001**	**A Validation Study of a Distress Tolerance Scale for University Students** Maha Azhar & Sadia Saleem *Institute of Clinical Psychology, University of Management and Technology, Lahore*
2.	**ICP2-022**	**Development of Student Mind Wandering Questionnaire and Determination of Psychometric Properties** Khadija Shahid & Afifa Anjum *Institute of Applied Psychology, University of the Punjab, Lahore*
3.	**ICP2-052**	**Gender Role Conflict in University Students: A Psychometric Approach** Shazia Gulzar, Zahid Mahmood& Sadia Saleem *Institute of Clinical Psychology, University of Management and Technology, Lahore*
4.	**ICP2-054**	**Translation and Validation of Child PTSD Symptoms Scale – V (CPSS-V)** Khizra Iqbal & Rizwana Amin *Department of Applied Psychology, Bahauddin Zakariya University, Multan*
5.	**ICP2-061**	**Psychometric Properties of Mental Toughness Scale of Pakistani Cricketers** Sara Subhan, Sadia Saleem & Zahid Mahmood *Institute of Clinical Psychology, University of Management and Technology, Lahore*
6.	**ICP2-087**	**Development and Validation of Verbal Aggression Scale for College Students** Saima Ahmad & Umm-E-Rubab Kazmi *Department of Applied Psychology, Lahore College for Women University, Lahore*
7.	**ICP2-112**	**Development and Validation of Impulse Control Disorder Scale** Sadia Haq & Amina Muazzam *Department of Applied Psychology, Lahore College for Women University, Lahore*
8.	**ICP2-232**	**Translation of Criminogenic Cognition Scale into Urdu Language** Muhammad Jamil & Shameem Fatima *Department of Humanities, Institute of Information & Technology, COMSATS, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session -I (B)

Time: 12:00-2:00 pm Venue: Board Room - A

Theme: **Positive Psychology: Pursuit of Happiness**

Session Chair: Dr. Shabbir Ahmed Rana (*Chairperson, Department of Psychology, Govt. M.A.O. College, Lahore)*

Moderator: Shazia Gulzar (Ph# 0302-9385195) **Facilitators:** Nosheen & Shafaq Parvaiz

1.	**ICP2-104**	**Compassion, Rumination and Psychological Well-Being in Young Adults** Shahzad Anwar & Afifa Anjum *Institute of Applied Psychology, University of the Punjab, Lahore*
2.	**ICP2-133**	**Friendships Beyond Childhood: Peer Attachment as a Predictor of Self-Compassion and Achievement Motivation in Young Adults** Gull Zareen & Haya Fatimah *Department of Psychology, University of Management and Technology, Lahore*

3.	**ICP2-188**	**Effects of Humor Styles and Altruism on Psychological Distress among Trainee Clinical Psychologists** Rabia Afzal & Syed Asghar Ali Shah *Department of Applied Psychology, Foundation University, Islamabad (Rawalpindi Campus)*
4.	**ICP2-203**	**Happiness and Resiliency as Predictors of Mental Health of University Students** Summia Ilyas, Tamkeen Saleem & Anika Asghar *International Islamic University, Islamabad*
5.	**ICP2-241**	**Suicidal Ideation in Relation to Academic Success: Role of Optimistic and Pessimistic Orientations in a non-Clinical Sample of Young Adults** Manoor Khan & Farzana Ashraf *Department of Psychology, Institute of Information & Technology, COMSATS, Lahore*
6.	**ICP2-276**	**Trait Forgiveness, Friendship Quality and Forgiveness Granting Communication Styles among Same Sex Friends** Asma Naveed & Iram Fatima *Institute of Applied Psychology, University of the Punjab, Lahore*
7.	**ICP2-392**	**Moderating Role of Forgiveness in Linking Anger Expression with Suicidal Behavior among University Students** Zainab Bibi, Sammrah Javaid, & Rizwana Amin *Department of Applied Psychology, Bahauddin Zakariya University, Multan*
8.	**ICP2-436**	**Family Environment, Peer Relations, Self-Regulation and Positive Development in Youth** Syeda Fatima Hasnain & Farah Malik *Institute of Applied Psychology, University of the Punjab, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session -I (C)

Time: 12:00-2:00 pm Venue: Shalimar Hall

Theme: **Social Media and Mental Health**

Session Chair: Dr. Tahir Khalily (*Chairperson, Department of Psychology, IIU, Islamabad)*

Moderator: Sarah Anthony (Ph# 0334-4099277) **Facilitators:** Noreen Fatima & Anila Sarwar

1.	**ICP2-026**	**Personality Dimensions & Functional Impairment among Massively Multiplayer Online Players (Mmos')** Verda Zahid & Tehreem Arshad *Centre for Clinical Psychology, University of the Punjab, Lahore*
2.	**ICP2-091**	**Ambivalent Sexism, Media Influence, Body Image and Social Physique Anxiety in Female University Students** Sumaira Ayub, Arsla Nasir, Shamim Rafique & Rukhsana Kausar *Institute of Applied Psychology, University of the Punjab, Lahore*
3.	**ICP2-094**	**Media Influence, Self-Esteem, Psychological Well-Being and Body Image Satisfaction in Young Adults** Nadia Ijaz, Naveera Islam, & Afsheen Masood *Institute of Applied Psychology, University of the Punjab, Lahore*
4.	**ICP2-197**	**Fear of Missing Out (Fomo) and Compulsive Smartphone Usage in University Students** Ayesha Khawar Butt, Hafiza Saleha Inaam & Faiza Safdar *Centre for Clinical Psychology, University of the Punjab, Lahore*
5.	**ICP2-314**	**Academic Performance of University Students and its Relationship with Internet Gaming Disorder, Emotional Intelligence and Psychological Distress** Sadaf Zahra, Sadaf Ahsan & Shoaib Kiani *Department of Psychology, Foundation University Rawalpindi Campus*

6.	**ICP2-380**	**Effect of Selfie on Personality Traits, Psychopathy and Self-Esteem** Zaibunisa & Arooj Nazir *Department of Psychology, Government College University, Lahore*
7.	**ICP2-383**	**Increasing Friend List Decreasing Friends: Social Media Usage and Loneliness among Adults** [1]Nazia Yaqoob,[2]Syed Muhammad Imran Haider Zaidi, [3]ShumailaMehnaz, [4]Ammarah Saleem *[1,3,4]Department of Applied Psychology, Govt. College Women University, Faisalabad* *[2]Department of Psychology, Government Municipal Degree College, Faisalabad*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session -I (D)

Time: 12:00-2:00 pm Venue: Crystal Hall - A

Theme: **Women and Reproductive Health**

Session Chair: Dr. Sarah Shahed (*Chairperson, Department of Gender Studies, LCWU, Lahore)*

Moderator: Fariha Tariq (Ph# 0331-4165019**) Facilitators:** Muzammal Shafiq & Suneela Asif

1.	**ICP2-063**	**Psychosexual Problems in Pakistani Cultural Context: An Empirical Study** Haleema Khawar, Ayesha Jabeen & Zahid Mahmood *Institute of Clinical Psychology, University of Management and Technology, Lahore*
2.	**ICP2-085**	**Pregnancy Concerns and Psychological Distress In High-risk Pregnant Women** Asma Nazir & Tehreem Arshad *University of the Punjab, Lahore*
3.	**ICP2-116**	**Life Experiences of Infertile Females of Lahore: A Phenomenological Approach** Zara Haroon & Asir Ajmal *Kinnaird College for Women, Lahore*
4.	**ICP2-130**	**Prevalence and Risk Factors of Postpartum Depression** [1]Zainab Tariq &[2]Ayesha Sheeraz *[1]Lahore School of Management, University of Lahore* *[2]Department of Applied Psychology, University of Central Punjab, Lahore*
5.	**ICP2-214**	**Women's Sexual Experience in Pakistan: Associations of Patriarchy and Psychological Distress** Sana Tahir & Haya Fatimah *Department of Psychology, University of Management and Technology, Lahore*
6.	**ICP2-335**	**Marital Adjustment as Predictor of Psychological Problems among Pregnant Women** Khalid Mehmood &Ambreen Ejaz *Department of Applied Psychology, Government College University, Faisalabad*
7.	**ICP2-351**	**Self-Concept, Perceived Social Support and Mental Health Problems in Infertile Females** Mehwish Munir & Sadia Saleem *Institute of Clinical Psychology, University of Management and Technology, Lahore*
8.	**ICP2-371**	Marital Adjustment, Hopelessness and Social Support Related Problems in Infertile Women Afia Shabbir & Shamaila Asad *Department of Applied Psychology, University of Sargodha, Lahore*
9.	**ICP2-406**	**Psychosocial Reactions of Pregnant Women and Mental Health during Three Trimesters** Amber Ashfaq & Zahid Mahmood *Institute of Clinical Psychology, University of Management and Technology, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –I (E)

Time: 12:00-2:00 pm Venue: Board Room -B

Theme: **School Psychology**

Session Chair: Dr. Salma Hasan (*Associate Professor, Department of Psychology, GCU, Lahore)*

Moderator: Tabinda Masood (Ph#0334-4598493) **Facilitators:** Mishal Khan & Hira Khawar

1.	**ICP2-007**	**Case Study: Test Anxiety and Peer relationship problems in adolescent girl- A psychosomatic Intervention** Feryal Iqbal & Fatima Naeem *Institute of Clinical Psychology, University of Management and Technology, Lahore*
2.	**ICP2-039**	**Case Study: Sibling Rivalry** Afifa Shahzad & Fatima Naeem *Institute of Clinical Psychology, University of Management and Technology, Lahore*
3.	**ICP2-058**	**Case Study: Perfectionism and Dependency Enhances Fears and Worries** Mahreen Naeem & Sara Subhan *Institute of Clinical Psychology, University of Management and Technology, Lahore*
4.	**ICP2-103**	**Role of Illiteracy in Adolescents' Superstitious Beliefs** Arif Nadeem & Sadia Nasim Aslam *Department of Applied Psychology, Government College University, Faisalabad*
5.	**ICP2-127**	**Revisiting Bystander Effect: An Experiment** [1]MubeenaMunir, [2]Musfirah Nasr Chaudhry, [3]Arifa Khadim, &[4]Naumana Amjad *[1]Centre for Clinical Psychology, University of the Punjab.[2]University of Central Punjab, Lahore* *[3,4]Institute of Applied Psychology, University of the Punjab, Lahore*
6.	**ICP2-154**	**Psychological Behavior of Children and Learning through Design** Muhammad Nasir Chaudhry, Muhammad Yusuf Awan, Adnan Jalil, &Ayesha Malik *School of Architecture and Planning, University of Management and Technology, Lahore*
7.	**ICP2-180**	**Short term and Long term Effects of Corporal Punishment in Schools: A Qualitative Analysis** Safi Aslam, Almas Irfan, & Saima Ghazal *Institute of Applied Psychology, University of the Punjab, Lahore*
8.	**ICP2-313**	**Underachievement-A Culture Oriented Look** Amna Aurooj & Zaira Abbas *Clinical Psychology Unit, Government College University, Lahore*
9.	**ICP2-432**	**Educational Inequalities: An Analysis of Policy, Law, Government Initiatives and Challenges** Asmaa Nouman *Department of Psychology, University of Management and Technology, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –I (F)

Time: 12:00-2:00pm Venue: Crystal Hall- B

Theme: **Mental Health at Work Place**

Session Chair: Dr. Rubina Hanif (*Assistant Professor, National Institute of Psychology, QAU, Islamabad)*

Moderator: Sana Daud (Ph# 0334-9827548) **Facilitators:** Beenish Humayoun & Sonia Mukhtar

1.	**ICP2-005**	**Narcissism, Perfectionism and Aggression among Police Officers: Evidence from Pakistan (Lahore)** Sadaf Rehman & Shahnila Tariq *Institute of Social And Cultural Studies, University of the Punjab, Lahore*
2.	**ICP2-047**	**Hope, Compassion Satisfaction and Burnout in Psychologist and Physicians** Humera Batool, Nasreen Akhtar & Aneeza Pervez *Department of Psychology, Lahore College for Women University, Lahore*
3.	**ICP2-143**	**Sexual Harassment and Subjective Well Being among University Faculty Members** Tayabba Maqbool & Syeda Salma Hasan *Department of Psychology, Lahore College for Women University, Lahore*
4.	**ICP2-242**	**Psychosocial Problems of First Rank Policemen** Zohaib Bashir & Sara Subhan *Institute of Clinical Psychology, University of Management and Technology, Lahore*
5.	**ICP2-296**	**Relationship between Humor Styles, Emotional Intelligence and Social Competence in Teachers** Rizwana Kanwal & Shiba Saeed *Applied Psychology, Government College Township, Lahore*
6.	**ICP2-300**	**Relationship and Gender Differences between Workplace Bullying, Attribution of Blame and Forgiveness among University Teachers** Arifa Siddiqui, Nadia Ijaz, & Afsheen Masood *Institute of Applied Psychology, University of the Punjab, Lahore*
7.	**ICP2-414**	**Stress and Coping among Single Working and Non-Working Women** Maryam Amjad & Ehd Afreen *Institute of Information & Technology, COMSATS, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Lunch Break 2:00-2:45pm
Venue: Ava Gardner

Scientific Session –II (A) Time: 2:45-4:45pm Venue: Crystal Hall -A

Theme: **Marginalized Population: Living on the Edge**

Session Chair: Dr. Amjad Saqib (*Executive Director, Akhuwat)*

Moderator: Maryam Rizvi (Ph# 0310-4991668) **Facilitators:** Tanzila Mushtaq & Komal Razzaq

1.	**ICP2-008**	**Identity, Social Intelligence, Emotional Behavioral Problems of Institutionalized orphan and Main Stream Adolescents** Uzma Ashiq & Sadia Saleem *Institute of Clinical Psychology, University of Management and Technology, Lahore*
2.	**ICP2-056**	**Process of Identity Formation of Intersexual-Hijras** Sadaf Rehman, Mudassar Aziz & Gulnaz Anjum *[1]National Institute of Psychology, Quaid-i-Azam University, Islamabad* *[2]Bahria University, Karachi, [3]Institute Business and Management, Karachi*
3.	**ICP2-065**	**Case Study: Bruises Fade but the Pain Lasts Forever** Anila Sarwar & Ayesha Jabeen *Institute of Clinical Psychology, University of Management and Technology, Lahore*
4.	**ICP2-114**	**Parenting Styles, Aggression and Psychological Well-being among Runaway Adolescents** Mehak Imran, Sumaira Rashid & Afsheen Masood *Department of Psychology, Kinnaird College for Women, Lahore*
5.	**ICP2-199**	**Custom and Traditions of Shemales in Lahore** Zill e Huma & Mariam Chishti *Department of Applied Psychology, Bahauddin Zakariya University, Lahore*
6.	**ICP2-233**	**Family Rejection and Life Satisfaction among Transgender People** Noreen Fatima & Shameem Fatima *Department of Humanities and Social Sciences, COMSATS Institute of Information Technology Lahore*
7.	**ICP2-317**	**Self-Esteem and Self-Efficacy among Homeless Women** Saira Farooq & Subha Malik *Department of Gender & Development Studies, Lahore College of Women University, Lahore*
8.	**ICP2-323**	**Case Study of Transgender Living in Sialkot: Past Experiences and Future Aspiration** Saba Javed & Muhammad Shoaib *Department of Sociology, Government College Women University, Sialkot*
9.	**ICP2-385**	**Gypsies in Pakistan: Impact of Social Exclusion on their Mental Health** Kanwal Shoukat, Ghalia Arfan & Rabia Farooqi *Department of Psychology, University of Management and Technology, Lahore*
10.	**ICP2-399**	**Role of Attachment; Coping Strategies and Subjective Wellbeing of Orphans Living In Residential Care** Sheeza Mahak& Sabahat Haqqani *Fatima Jinnah Women University, Rawalpindi*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –II (B)

Time: 2:45-4:45pm Venue: Board Room - B

Theme: **Parenting and Mental Health**

Session Chair: Dr. Farah Malik (*Director, Institute of Applied Psychology, PU, Lahore)*

Moderator: Tayyaba Iqbal (Ph#0336-7359019) **Facilitators:** Shafia Akram &Jannat Ashraf

1.	**ICP2-012**	**Parental Bonding, Personality Traits, Self-objectification and Appearance Anxiety among Young Adult Females** Sana Saghir &Aisha Sitwat *Centre for Clinical Psychology, University of the Punjab, Lahore*
2.	**ICP2-021**	**Effectiveness of an Indigenous Parenting Training on Change in Parenting Styles and Delinquency in Pakistan: A Randomized Controlled Trial** Rubina Kauser & Martin Pinquart *Philipps University Marburg, Germany*
3.	**ICP2-080**	**Parental Involvement, Parental Expectations, Self-Determination and Academic Motivation of College and University Students** Sabila Naseer, Nazia Abdul Ghaffar, Zanub Ansari & Rukhsana Kausar *Institute of Applied Psychology, University of the Punjab, Lahore*
4.	**ICP2-082**	**Emotional Distress in Pakistani Mothers Caused by Son's Emotional Attachment to Wife: An Interpretative Phenomenological Analysis** Mahlaka Sajjad & Mahira Ahmad *Kinnaird College for Women, Lahore*
5.	**ICP2-099**	**Effect of Parenting Styles on the Self Esteem of Adolescents in Urban and Rural Areas of Azad Jammu & Kashmir** Hina Masood & Abdur Rashid *Department of Psychology, Foundation University, Rawalpindi*
6.	**ICP2-129**	**Perceived Parental Abuse in Adolescent: Emotional Dysregulation and Post Traumatic Stress Disorder (PTSD) Symptoms** [1]Faiza Niazi &[2]Farzana Ashraf *[1]Department of Psychology, University of Management and Technology, Lahore* *[2]Department of Psychology, Institute of Information Technology, COMSATS, Lahore*
7.	**ICP2-140**	**Parenting Styles is a Predictor of Emotional & Behavioral Problems among Eliminatory School Student of Gojra** Muhammad Irfan & Nveed Shibli *Department of Clinical Psychology, Riphah International University, Faisalabad*
8.	**ICP2-149**	**Perceived Parenting Styles, Parental Acceptance Rejection, and Depression in Children** Rabia Salahuddin & Marium Gul *Lahore College of Women University, Lahore*
9.	**ICP2-151**	**Role of Maternal Anxiety in developing Social Interaction Anxiety among Offspring** Riffat Sadiq& Sonia Shahid *Department of Applied Psychology, Govt. College Women University,Faisalabad*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session -II (C)

Time: 2:45-4:45pm Venue: Board Room - A

Theme: **Bio-Psycho-Social and Spiritual Perspective in Clinical Psychology**
Session Chair: Dr. Patricia Omidian
Moderator: Farwah Ali (Ph#0345-5509202) **Facilitators:** Arfa Habib & Fatima Mehmood

1.	**ICP2-068**	**Relationship of Religiosity with Obsessive Compulsive Disorder and Suicidal Ideations among Muslims of Pakistan** Noureen Arshad & Samia Wasif *Foundation University, Islamabad (Rawalpindi Campus)*
2.	**ICP2-079**	**Spirituality and Sense of Coherence among University Students** Memoona Arshad & Muhammad Faran Ali *Department of Psychology, University of Management and Technology, Lahore*
3.	**ICP2-089**	**Bio-Psychosocial Impacts of Cardio-Phobic and Cardiac Patients on their Daily Lives Functioning** Amina Muazzam, Sahira Muzaffar, Sania Rasheed, & Anam Shereen *[1]Department of Applied Psychology, Lahore College for Women University* *[2, 3,4]Lahore School of Management, University of Lahore*
4.	**ICP2-092**	**Pessimism, Emotional Regulation and Sleep Problems: A Matter of Handedness** Sadia Jafar & Farzana Ashraf *Department of Psychology, Institute of Information & Technology, COMSATS, Lahore*
5.	**ICP2-096**	**Biopsychosocial Impact of Early Puberty in Pakistani Girls** [1]Wasia Aleem, [2]Sahira Muzzafar, &[3]Amina Muazzam *[1,2]Lahore School of Management, University of Lahore* *[3]Lahore College of Women University, Lahore*
6.	**ICP2-111**	**Psychosocial and Physical Experiences of Obesity in Young Women** Erum Makhdoom & Syeda Shahida Batool *Department of Psychology, Government College University, Lahore*
7.	**ICP2-138**	**The Fractured self's Delineation within Postmodernist Theories: Biopsychosocial-Spiritual Model and Crises of Representation** Muhammad Furqan Tanvir *Department of English Language and Literature,* *University of Management and Technology, Lahore*
8.	**ICP2-146**	**Intrinsic and Extrinsic Religiosity in Muslim and Christian College Students** Momna Sarwat & Zahra Asad Bukhari *Department of Applied Psychology,* *Government Post Graduate College for Women, Satellite Town, Gujranwala*
9.	**ICP2-252**	**The Impact of Blood Group on the Temperament of People** Roya Shahhiman Samina Saleem, Farhana Wahab & Sana Khurshid *Department of Psychological Studies, University of Swat*
10.	**ICP2-368**	**Relationship Between Religiosity, Self-Compassion And Life-Satisfaction Among Youth** Samaira Amir, Ayesha Afzal, Asma Ajmal, Sheeba Saeed *Department of Applied Psychology, Government College Township, Lahore*
11.	**ICP2-434**	**The Impact of Environment on Psychology of Human Population Groups** Alvina Fatima, Sarmad Salahuddin, & Rumana Khan Shirwani *School of Architecture and Planning (SAP)* *University of Management and Technology, Lahore*

12.	ICP2-441	**The Dynamics of Psychological Approach in Designing spaces– A Study of Architecture Students** Sana Malik& Farah Jamil *School of Architecture and Planning, University of Management & Technology, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –II (D)

Time: 2:45-4:45pm Venue: Shalimar Hall

Theme: **Occupational Mental Health**

Session Chair: Dr. Anila Kamal (*Director, National Institute of Psychology, QAU, Islamabad)*

Moderator: Dr. Fatima Naeem (Ph# 0336-4505654) **Facilitators:** Zarhra Awaisi & Sadia Naz

1.	ICP2-032	**Correlates of Physical and Psychological Health in Textile Workers** Ayesha Rasheed & Marium Gul *Lahore College for Women University, Lahore*
2.	ICP2-137	**Managerial Outlook towards Teachers in Private School as Causes of Depression and Stress among Teachers** Sidra Zafar & Muhammad Irfan *Department of Clinical Psychology, Riphah International University, Faisalabad*
3.	ICP2-179	**Workplace Stress and Burnout among Pakistani and Chinese Experienced and Less Experienced Employees Working in Private Sector Organizations** [1]Hamid Bilal, [2]Syeda Salma Hasan & [3]Gang Wang *[1,2]Government College University, Lahore, [3]Nanjing University, China*
4.	ICP2-182	**Ostracism, Personality and Workplace Deviant Behaviors' in Employees of Private Organizations** ZehraKeshf & Afifa Anjum *Institute of Applied Psychology, University of the Punjab, Lahore*
5.	ICP2-189	**Peritraumatic Distress Peritraumatic Dissociation and Mental Health in Police officers and Paramedics, A Comparative Study** Ainee Sajid & Sadaf Ahsan *Foundation University Rawalpindi Campus*
6.	ICP2-204	**Perceived Stress, Ego-Depletion (Low Self-Control) and Subjective Fatigue in Medical Internees** Urwa Naseer & Rabia Dasti *Centre for Clinical Psychology, University of the Punjab, Lahore*
7.	ICP2-205	**Resilience as a Moderator between Perceived Public Stigma and Burden among Primary Caregivers of Psychiatric Patients** Farah Saleem & Kehkashan Arouj *International Islamic University, Islamabad*
8.	ICP2-212	**Impact of Emotional Intelligence on Burnout in Bank Employees** Anam Tahir & Sonia Naeem *Kinnaird College for Women, Lahore*
9.	ICP2-248	**Stress among Special Education Teachers in Pakistan** Sidra Afzal, Sadia Saleem & Zahid Mahmood *Clinical Psychology Unit, Government College University, Lahore*

10.	**ICP2-357**	**Caring Behavior and Emotional Contagion among Nurses: Role of Occupational Stress** Khizra Iqbal & Rehana Akram *Department of Applied Psychology, Bahauddin Zakariya University, Multan*
11.	**ICP2-386**	**Soul of Kindness: Compassion Satisfaction, Traumatic Stress and Job Bur out among Rescuers** [1]Syed Muhammad Imran Haider Zaidi, [2]NaziaYaqoob, &[3]Husnain Mirza *[1]Department of Psychology, Government Municipal Degree College, Faisalabad* *[2]Department of Applied Psychology, GCWUF [3]Department of Applied Psychology, Government College University, Faisalabad*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –II (E)

Time: 2:45-4:45pm Venue: Crystal Hall - B

Theme: **Martial Relationship and Mental Health**

Session Chair: Dr. Rafia Rafiq (*Associate Professor, Department of Applied Psychology, PU, Lahore)*

Moderator: Zohaib Bashir (Ph# 0345-4506048) **Facilitators:** Noor Zainab & Tehsina Haider

1.	**ICP2-029**	**Self-Construal, Perceived Spousal Reciprocity and Work-Family Positive Spillover in Married Working Women** Nuzhat-ul-Ain & FaizaSafdar *Centre for Clinical Psychology, University of the Punjab, Lahore*
2.	**ICP2-031**	**Stereotypes about Married and Unmarried (never married) Working Women** Saima Kalsoom & Anila Kamal *[1]Hamdard Institute of Management Sciences, University Islamabad Campus* *[2]National Institute of Psychology, Quaid-i-Azam University, Islamabad*
3.	**ICP2-108**	**Predictors of Pre- Marital Anxiety in Adults** Nadia Afzal, Subha Malik, & Amina Muazzam *Department of Applied Psychology, Lahore College for Women University, Lahore*
4.	**ICP2-145**	**Personality Traits and Conflict Resolution Styles among Single and Married Individuals** Zanub Ansari & Saadia Rana Dildar *Department of Psychology, University of Gujrat*
5.	**ICP2-225**	**Attachment, Intimate Partner Acceptance- Rejection/Control in Pakistan** Sana Maryam & Shazia Gulzar *Institute of Information & Technology, COMSATS, Lahore*
6.	**ICP2-287**	**Impact of Marital Emotion Work on Marital Quality among Married Couples** [1]Sadaf Ahsan &[2]Rubina Hanif *[1]Psychology Department, Foundation University Rawalpindi,* *[2]National Institute of Psychology, Quaid-i-Azam University, Islamabad*
7.	**ICP2-306**	**Depression, Anxiety and Stress among Premarital Stage** Umer Shafiq, Hafeez Haider & Khalid Mehmood Bhatti *Department of Applied Psychology, Government College University, Faisalabad*
8.	**ICP2-312**	**Impact of Handling Interpersonal Conflict on Marital Quality of Married Couples** [1]Sadaf Ahsan&[2]Rubina Hanif *[1]Psychology Department, Foundation University Rawalpindi Campus,* *[2]National Institute of Psychology, Quaid-i-Azam University, Islamabad*

9.	**ICP2-337**	**Attachment Styles and Love in Long Wed Individuals** Maria Khan, Wafa Kamran & Farah Malik *Institute of Applied Psychology, University of the Punjab, Lahore*
10.	**ICP2-356**	**Self Concealment and Marital Relationship Quality in Married Women** [1]Faiz Younas Butt &[2]Ammara Sana Ullah *[1]Institute of Applied Psychology, University of the Punjab, [2]Fountain House, Lahore*
11.	**ICP2-377**	**Stress and Coping Behaviors of Spouses of Deployed Military Personnel** Maryam Shaiq, Subha Malik &Madiha Nadeem *Gender and Development Studies Department, Lahore College for Women University, Lahore*
12.	**ICP2-420**	**Perceived Spousal Relationship and Mental Health Problems in Type 2 Diabetics** Noreen Safdar & Fariha Tariq *Institute of Clinical Psychology, University of Management and Technology, Sialkot*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –II (F)

Time: 2:45- 4:45pm **Venue: Ava Gardner**

Theme: **Student Mental Health**

Session Chair: Dr. Khalid Mahmood Bhati (*Head Department of Applied Psychology, GCU, Faisalabad)*

Moderator: Imran Haider Zaidi (Ph# 0300-6693220) **Facilitators:** Shafqat Bano & Sadia Shafqat

1.	**ICP2-020**	**Impact of Perceived Social Support on Psychological Problems among University Students in Pakistan** Firdous Afzal & Syeda Razia Bukhari *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
2.	**ICP2-102**	**Emotional Intelligence and Self-assertiveness among University Students** Maryam khan & Irum Naqvi *National Institute of Psychology, Quaid-i-Azam, Islamabad*
3.	**ICP2-109**	**Relationship between Brooding Rumination, Reflective Rumination, Depression and Poor Sleep Quality among University Students** Kalsoom Nawaz & Naeem Aslam *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
4.	**ICP2-120**	**Tough Times Don't Last; Tough People Do** Maha Azhar & Sara Subhan *Institute of Clinical Psychology, University of Management and Technology, Lahore*
5.	**ICP2-139**	**Emotional Maturity, Stress and Academic Achievement University Students** Iqra Zainab & Nafees Akhtar *Department of Applied Psychology, Islamia University of Bahawalpur, Bahawalnagar Campus*
6.	**ICP2-236**	**Perceived Social Support and Resilience among Pakistani Youth: Mediating Role of Self-Esteem and Self-Efficacy** [1]Muhammad Adeeb, [2]Muhammad Saleem,[3]Naveed Shibli &[4]Muhammad Waseem Tufail *[1-3]Riphah International University Faisalabad,[2]The Islamia University of Bahawalpur,* *[4]University Pendidikan Sultan Idris, Kuala Lumpur, Perak, Malaysia*
7.	**ICP2-307**	**Emotional Maturity, Academic Self confidence and Social Adjustment in University Students** Mehwish Naseer, Mustabshara Munir, Munazza Akbar, Laraib Nazair & Shiba Saeed *Department of Applied Psychology, Government College Township Lahore*

8.	**ICP2-319**	**Case Study: Unblocking the Blockage** Zobia Amin *Institute of Clinical Psychology, University of Management and Technology, Lahore*
9.	**ICP2-333**	**Cognitive Distortion and Aggression** Farah Shahbaz,Waliya Zaffar, Maryam Hafeez &Rabia Farooqi *Department of Psychology, University of Management and Technology*
10.	**ICP2-338**	**Role of Internal and External Locus of Control in Predicting Students Success and Failure in Education: A Survey in South Punjab, Pakistan** Aqeel Ahmed Khan &Durr-e-Sahar *Department of Applied Psychology, The Islamia University of Bahawalpur*
11.	**ICP2-349**	**Placid-Irritation Dimension of Temperament and I.Q Level among the Male Students of Hec-Recognized Institutions and Deeni Madaris in Punjab** [1]Muhammad Riaz &[2]Muhammad Hamid Sheikh *[1]Department of Applied Psychology, Government College University, Faisalabad* *[2]Institute of Applied Psychology, University of the Punjab, Lahore*
12.	**ICP2-393**	**Relationship between Resilience, Self-Esteem and Coping Styles among Bullies** Khalid Mehmood Bhatti & Sumaira Hayat *Department of Applied Psychology, Government College University, Faisalabad*
13.	**ICP2-426**	**Personality Factors, Emotional Expressivity and Emotional Empathy among Low achiever College Students** Tooba Fazil & Muhammad Riaz Zinjani *Department of Applied Psychology, Government College University Faisalabad*
		Concluding Remarks by the Session Chair and Certificates Distribution

Day 2 (10th March 2017)

Scientific Session –III (A)

Time: 9:00-11:00am **Venue: Ava Gardner**

Theme: **Tools of Trade: Issues and Challenges**

Session Chair: Dr. Zahid Mahmood (*Director Institute of Clinical Psychology, UMT, Lahore)*

Moderator: Dr. Rafiq Dar (Ph# 0321-3330471) **Facilitators:** Sana Farooq & Ayesha Amin

1.	**ICP2-034**	**Cross-Cultural Validation of Dysfunctional Attitude Scale Form-A** Farzaneh Fouladegar, Saima Dawood & Nashi Khan *Centre for Clinical Psychology, University of the Punjab, Lahore*
2.	**ICP2-254**	**Translation and Cross Language Validation of the Revised Adult Attachment Scale among YoungAdults in Lahore, Pakistan** Wahida Anjum & Iffat Batool *Department of Psychology, Government College University, Lahore*
3.	**ICP2-268**	**Development of Teachers' Stress Scale** Fatima Shaukat, Zahid Mahmood & Sadia Saleem *Clinical Psychology Unit, Government College University, Lahore*
4.	**ICP2-277**	**Functional Developmental Profile for Children (Girls) of 5-6 Years of Age: A Validation Study** Sana Riffat & Fatima Naeem *Institute of Clinical Psychology University of Management and Technology, Lahore*
5.	**ICP2-282**	**Individual Differences on Indigenous Criminal Thinking Scale (ICTS) between Offenders and Non Offenders** Fatima Sana & Iffat Batool *Lahore College for Women University, Lahore*
6.	**ICP2-316**	**Cultural Translation, Adaptation and Cross Validation of Work Related Basic Need Satisfaction Scale** Muhammad Saqib Shabir & Sarwat Sultan *Department of Applied Psychology, Bahauddin Zakariya University, Multan*
7.	**ICP2-320**	**Burnout Tendencies in University Administrative Staff: A Psychometric Study** Sana Daud & Zahid Mahmood *Institute of Clinical Psychology University of Management and Technology, Lahore*
8.	**ICP2-329**	**Anatomy of Dependence** Arif Nadeem, Zahid Mahmood, & Sadia Saleem *Institute of Clinical Psychology, University of Management and Technology, Lahore*
9.	**ICP2-387**	**Translation, Adaptation and Validation of Mental Health Inventory** Shumaila Khalid, Sarwat Sultan & Rabia Muneer *Department of Applied Psychology, Bahauddin Zakariya University, Multan*
10.	**ICP2-415**	**Development of an Indigenous Scale on Inferiority Complex: A Pilot Study** Maryam Amjad & Rimsha Saif *Institute of Information & Technology, COMSATS, Lahore*
Concluding Remarks by the Session Chair and Certificates Distribution		

Scientific Session –III (B) Time: 9:00-11:00am Venue: Crystal Hall - A

Theme: **Depression**

Session Chair: Dr. Altaf Qadir (*Head of Psychiatry Department, General Hospital, Lahore)*

Moderator: Umaiza Bashir (Ph #0334-4216006) **Facilitators:** Rabbia Basharat & Rabia Younas

1.	**ICP2-018**	**Depression, Loneliness and Death Anxiety among parents having Empty Nest Syndrome** Maryam Maqsood & Samar Fahd *Department of Applied Psychology, The Islamia University of Bahawalpur*
2.	**ICP2-030**	**Prevalence of Depression among Research Students** Sumera Zehra & Syeda Razia Bukhari *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
3.	**ICP2-153**	**Adult Attachment Styles, Cognitive Emotion Regulation and Marital Adjustment among Depressed Patients** Kanza Khalid & Saadia Dildar *Department of Clinical Psychology, Government College University, Lahore*
4.	**ICP2-186**	**Nature Relatedness and Mental Wellbeing in Depressed Patients** Sara Hassan & Zahra Asad Bukhari *Department of Applied Psychology, Government Post Graduate College for Women Satellite Town, Gujranwala*
5.	**ICP2-196**	**Depression, Anxiety and Stress as Negative Predictors of Life Satisfaction in Male and Female University Students** Farhana Saba & Syeda Razia Bukhari *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
6.	**ICP2-326**	**Life Rending Signs in Depression and Their Treatment: An Integrative Approach** Zohaib Bashir & Sara Subhan *Institute of Clinical Psychology, University of Management and Technology, Lahore*
7.	**ICP2-342**	**Role of Brief Culturally Adapted Cognitive Behavior Therapy (CBT) In Psychotic Depression** Muhammad Aslam *Fountain House, Lahore*
8.	**ICP2-382**	**Social Relations as a Predictor of Depression and Loneliness in late Adulthood** [1]Shamshad Bashir &[2]Muhammad Aslam *[1]Department of Psychology, University of Lahore* *[2]Department of Psychology, University of Sargodha*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –III (C)

Time: 9:00-11:00 am Venue: Board Room - A

Theme: **Adolescent and Mental Health**

Session Chair: Dr. Iram Mansoor (*Assistant Professor, Department of Behavioral Science and Dentistry, CMH, Lahore)*

Moderator: Muniba Ansar (Ph #0331-4432784) **Facilitators:** Ummay Kalsoon & Mehwish Nasreen

1.	**ICP2-036**	**Role of Personal Growth Initiative as Moderator between Stress and Mental Health among Adolescents** Sadia Zaman & Irum Naqvi *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
2.	**ICP2-043**	**A Study on the Prevalence of Conduct Disorder In children & Adolescents** Saba Ajmal, Uzma Iram & Maryam Amin Awan *Department of Applied Psychology, The Women University Multan*
3.	**ICP2-083**	**Adolescent Perspective of Masculinity, Gender Stereotypes and Violence** [1]Anowra Khan&[1]Rizwan Saeed *[1]National University of Science and Technology, Islamabad, Pakistan.[2]Rozan, Islamabad, Pakistan*
4.	**ICP2-100**	**Does Childhood Abuse Linger in Adulthood: Impact on Anxiety Symptoms and Self-Efficacy** Mehr-un-Nisa & Farzana Ashraf *Department of Psychology, Institute of Information Technology, COMSATS, Lahore*
5.	**ICP2-107**	**Perceived Loneliness, Tolerance for Disagreement and Aggression in Adolescents** Quratul-Ain-Bokhari & Sara Asad *Kinnaird College for Women, Lahore*
6.	**ICP2-115**	**Attachment Patterns, Internalizing and Externalizing Problems of the Adolescent's of Emigrant and Non-Emigrant Fathers** Sadia Saleem & Tayyaba Khadim *Institute of Clinical Psychology, University of Management and Technology, Lahore*
7.	**ICP2-224**	**Anger Experience, Expression and Control in Children with Emotional-Behavioural Problems in Comparison with Normal Children** Saima Majeed & Farah Malik *Institute of Applied Psychology, University of the Punjab, Lahore*
8.	**ICP2-278**	**Emotional Intelligence and Aggression in Juvenile Delinquents** Arif Nadeem &Gulnaz Fatima *Department of Applied Psychology, Government College University, Faisalabad*
9.	**ICP2-352**	**Emotional Intelligence and Difficulties in Emotional Regulation as a Predictor of Mental Health in Adolescents** [1]Fatima Salman &[2]Saima Dawood *[1]Department of Applied Psychology, Lahore Garrison University* *[2]Center of Clinical Psychology, University of the Punjab, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session -III (D) Time: 9:00-11:00 am Venue: Board Room - B

Theme: **Substance Abuse and Mental Health**

Session Chair: Dr. Suneel Samuel (*Head of Psychology Department, FCCU, Lahore)*

Moderator: Tahira Rubab (Ph# 0322-4597897) **Facilitators:** Amna Arooj & Kanwal Arooj

1.	**ICP2-003**	**To Accomplish Your Goals U Needs Motivation and Commitment** Saba Aslam &Umaiza Bashir *Institute of Clinical Psychology, University of Management and Technology, Lahore*
2.	**ICP2-023**	**I Can't Disappoint My Princess** Tabinda Masood & Sara Subhan *Institute of Clinical Psychology, University of Management and Technology, Lahore*
3.	**ICP2-163**	**Parenting Style, Religiosity and Drug Abuse among Young Adults** Sana Waheed & Bisma Zubair *Department of Applied Psychology, Lahore College for Women University, Lahore*
4.	**ICP2-258**	**Relationship of Smoking with Anxiety and Self Esteem in University Students** Zainab Qazi, Mian Allah Nawaz & Nabila Jamal *Department of Psychological Studies, University of Swat*
5.	**ICP2-302**	**Moral Development in Individuals with Cannabis Use Disorder and Nonusers: Comparative Study** Farhana Kiani & Sadaf Ahsan *Foundation University, Islamabad (Rawalpindi Campus)*
6.	**ICP2-350**	**Religiousness, Social Support and Subjective Well-being among Substance Abusers** [1]Ahmed Mujtaba Owaisi, [2]Talat Habib, [3]Sidrah Mohsin, [4]Zartashia Kynat, [5]Muhammad Adeeb *[1-3]Nishan Rehab, Islamabad; [4] Government College University, Faisalabad&[5]Riphah International University, Faisalabad*
7.	**ICP2-379**	**Personality Traits and Social Support of Drug Addicts** Khalid Mahmood Bhatti & Faiza Anwar *Department of Applied Psychology,Government College University, Faisalabad*
8.	**ICP2-384**	**Perceived Social Support and Coping among Substance Abusers** Saman Arshad, Bushra Sadaf, Ansa Ejaz & Abida Hanif *Virtuous Study Consultants, Bahawalpur*
9.	**ICP2-390**	**An Integrated Model of Craving Management and Motivational Interviewing for Addiction Treatment** Syeda Namrah Mahmood & Umaiza Bashir *Institute of Clinical Psychology, University of Management and Technology, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –III (E) Time: 9:00-11:00am Venue: Crystal Hall - B

Theme: **Health Psychology**
Session Chair: Prof. Talat Sohail (*Chairperson, Department of Psychology, LCWU, Lahore)*
Moderator: Zobia Amin (Ph# 0321-4353901) **Facilitators:** Sadaf Farooq & Nida Abdul Khaliq

1.	**ICP2-042**	**Stress, Sociotropic Cognitions, and Disordered Eating Behaviours among Parents** Zill-e-Ursh Nayyer & Irum Naqvi *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
2.	**ICP2-053**	**Impact of Depression on Psychological Well-being of Blood Cancer Patients** Shazia Yusuf & Rubina Hanif *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
3.	**ICP2-069**	**Level of Depression and Anxiety among Cancer Patent of Faisalabad** Muhammad Irfan *Department of Clinical Psychology, Riphah International University Faisalabad*
4.	**ICP2-105**	**Marital Satisfaction, Psychological Distress and Perceived Health Status among Breast Cancer Patients and Their Spouses** Samia Perveen & Bisma Zubair *Department of Applied Psychology, Lahore College for Women University, Lahore*
5.	**ICP2-122**	**Living with the Dementia Patients: Experiences of the Female Spouses** Memoona Qadeer & Syeda Shahida Batool *Department of Psychology, Government College University, Lahore*
6.	**ICP2-131**	**Post Traumatic Stress Disorder, Posttraumatic Growth, and Resilience in Cancer Survivors** [1]Nida Sohail &[2]Farzana Ashraf *[1]Department of Psychology, University of Management and Technology,[2]Department of Psychology, Institute of Information & Technology, COMSATS, Lahore*
7.	**ICP2-165**	**Depression, Anxiety and Sexual Dysfunction in Women with Arthritis** Momna Saeed &Hina Javed Rana *Centre for Clinical Psychology, University of the Punjab, Lahore*
8.	**ICP2-174**	**Depression, Anxiety and Stress in Patients with Dermatological Issues** Zehra Mohsin & Talat Sohail *Applied Psychology Department, Lahore College for Women University, Lahore*
9.	**ICP2-223**	**Self-Esteem and Social Anxiety among Male and Female Acne Vulgaris Patients** Iram Javed & Saira Maqsood *Department of Applied Psychology, Lahore Garrison University*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –III (F) Time: 9:00-11:00 am Venue: Shalimar Hall

Theme: **Interpersonal Relationship**

Session Chair: Dr. Trimble Dougles (*Associate Professor, Psychology Department EU, Pennsylvania, USA)*

Moderator: Sara Subhan (Ph# 0331-4475987) **Facilitators:** Saman Zafar & Sidra Naz

1.	**ICP2-081**	**Attachment, Interpersonal Relations Anxiety and Life Satisfaction in University Students** Asif Iqbal & Shazia Gulzar *Department of Psychology, Institute of Information & Technology, COMSATS, Lahore*
2.	**ICP2-194**	**Gender Differences on the Level of Perceived Stress, Coping Strategies and Interpersonal Social Support among University Students** Saleha Bibi & Bushra Mussawar *Foundation University Rawalpindi Campus*
3.	**ICP2-260**	**Case Study on efficacy of Exposure Response Prevention (ERP) in the Treatment of Obsessive Compulsive Disorder (OCD) to Rescue Interpersonal Relationship** Qurratulain Sarmad *Rising Sun Institute for Special Children DHA, Lahore*
4.	**ICP2-267**	**Psychological Reactions of Friendship Breakup and Emotional Behavioral Problems in Adolescence** Anam Fatima, Sara Subhan & Zahid Mahmood *Institute of Clinical Psychology, University of Management and Technology, Lahore*
5.	**ICP2-336**	**Internet Addiction, Cognitive Distortions and Relationship Satisfaction in Adults** Sana Nawaz, Javara Allah Bukhsh & Ammara Syed *Department of Applied Psychology, The Islamia University of Bahawalpur, Bahawalnagar Campus*
6.	**ICP2-354**	**Social Networking, Self-Expression and Interpersonal Communication in Youth** Iqra Ismail, Sadaf Iqbal, Anila Shahzadi, Zunaira Bashir, & Shiba Saeed *Department of Applied Psychology, Government College Township, Lahore*
7.	**ICP2-412**	**Effects of Divorce and Spouse death on Cognitive functioning among Males and Females of Bahawalpur, Pakistan** [1]Masood Nadeem, [2]Fatima Javaid &[3]Areeba Ather Malik *[1,2]Department of Applied Psychology, The Islamia University of Bahawalpur* *[3]Government Special Education Department, Punjab*
8.	**ICP2-422**	**Attachment Styles and Communication Competence as Predictors of Marital Satisfaction** Maryam Shah & Tahira Jibeen *Department of Psychology, Institute of Information & Technology, COMSATS, Lahore*
9.	**ICP2-423**	**Gender Roles and Conflict Resolution Strategies as Predictors of Marital Adjustment** Rida Ghaffar & Tahira Jibeen *Department of Psychology, Institute of Information & Technology, COMSATS, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Tea Break: 11:00-11:30
Venue: Ava Gardner

Keynote Address (Venue: Shalimar Hall)

11:30 am	**A Recitation from the Holy Quran**
11:40 am	**National Anthem**
11:45-12:15pm	**Keynote Address** ***The Power of Multidisciplinarity in the Exploration of Issues, Challenges and Solutions in the Developing World*** Rebecca Kanak Fox , PhD *College of Education and Humanities Department* *George Mason University, Virginia, USA*
12:15-12:45pm	**Keynote Address** ***Functional Assessment and Evidence-Based Remediation Strategies for Diverse Learners*** Anya S. Evmenova Ph.D. Associate Professor *Division of Special Education and disability Research* *College of Education and Human Development* *George Mason University, Fairfax VA, USA*
12:45-1:15pm	**Keynote Address** ***The role of multi-oscillatory circadian network and of melatonin in our health, including mental health*** Paul Pevet, PhD *Institute for Cellular and Integrative Neurosciences (INCI), CNRS-* *University of Strasbourg, Strasbourg France*
1:15pm	**Concluding Remarks by the Session Chair: Dr. Abdul Hameed Dean SSS&H, UMT Lahore**
	Presentation of Shields

Workshops

11:30-12:15	**Workshop on:** **Adapting Psychotherapy with Older Adults: The CALTAP Model** **Resource Persons:** Candace Konnert , PhD & Sajjad Ahmed PhD *Department of Psychology, University of Calgary, Canada*
12:15-1:15pm	**Workshop on:** **Responding to Myths about Cognitive-behavioral Theory and Therapy** **Resource Persons:** Keith Stephen Dobson, PhD Professor *Department of Psychology, University of Calgary, Canada*

Scientific Session –IV (A)

Time: 11:30-1:15 pm Venue: Board Room - A

Theme: **Personality and Mental Health**

Session Chair: Dr. Elizabeth Maria Schwaiger (*Assistant Professor, Department of Psychology, FCCU, Lahore)*

Moderator: Uzma Ashiq (Ph# 0324-4087481) **Facilitators:** Maha Azhar & Fatima Ashraf

1.	**ICP2-015**	**Personality Traits and Self-Concealment Predicting Aggression among University Students** Kehkashan Arouj & Rabia Zonash *Department of Psychology, International Islamic University, Islamabad*
2.	**ICP2-019**	**Effect of Self Evaluation on Narcissism and Self Esteem** Maryam Maqsood & Afifa Anjum *Institute of Applied Psychology, University of the Punjab, Lahore*
3.	**ICP2-048**	**Dark Triad of Personality as Predictor of Lying Behavior and Social Skills among Adolescents** Mubeen Anwar & Aisha Zubair *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
4.	**ICP2-060**	**Personality Correlates of Young Adults for Vengeance and Forgiveness** Marium Javaid Bajwa and Ruhi Khalid *Institute of Psychology, Beacon House University, Lahore*
5.	**ICP2-067**	**Impact of Perfectionism and Aggression on Individuals having Narcissistic Personality Traits** Maryam Maqsood and Samar Fahd *Department of Applied Psychology, The Islamia University of Bahawalpur*
6.	**ICP2-073**	**Personality Traits, Celebrity Idealization and Body Esteem Among Adolescents** Sana Asif& AasmaYousaf *Centre for Clinical Psychology, University of the Punjab, Lahore*
7.	**ICP2-097**	**Impact of Personality Characteristics on Emotional Intelligence and Depressive Symptoms in Youth** Nida Mehmood & Farzana Asharaf *Department of Psychology, Institute Information Technology, COMSATS, Lahore*
8.	**ICP2-198**	**Bullying / Victim and Different Personality Dimensions in Adolescence** Zill e Huma &Asma Shiraz *Department of Applied Psychology, Bahauddin Zakariya University, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –IV (B)

Time: 11:30-1:15 pm Venue: Crystal Hall - A

Theme: **Quality of Life**

Session Chair: Dr. Amina Muazzam (*Assistant Professor, Department of Applied Psychology, LCWU, Lahore*

Moderator: Feryal Iqbal (Ph# 0323-8412855) **Facilitators:** Saima Shaukat &Tooba Shaukat

1.	**ICP2-025**	**Suicidal Ideation, Hopelessness and Quality of Life among Medical Students** Fahria Masood & Toseef Najeeb *Lahore College for Women University, Lahore*

2.	**ICP2-075**	**Working Women Stress and Quality of Life Regarding Family System** Pulwasha Anwar & Shamaila Asad *[1]Department of Psychology, Lahore School of Management University of Lahore, [2]Department of Applied Psychology Government Post Graduate Islamia College Cooper road Lahore*
3.	**ICP2-136**	**Relationship of Quality of Life with Depression, Self Esteem, Coping and Rejection Sensitivity among Infertile Men and Women** Rabia Bhatti &Masha Asad Khan *[1]Applied Psychology Department, Kinnaird College for Women, Lahore,* *[2]Psychology Department, Forman Christian College University, Lahore*
4.	**ICP2-166**	**An Education Based Comparative Study in Perception about Quality Of Life after Being Exposed To a Trauma** Dania Javaid & Rubina Hanif *National Institute of Psychology, Quaid-i-Azam, Islamabad*
5.	**ICP2-222**	**Psychological Problems, Social Support and Quality of Life among Dialysis Patients** Almas Latif & Bushra Naz *Government College University Lahore*
6.	**ICP2-284**	**Impact of Death Anxiety on Quality of Life in Cardiovascular Patients** Areeba Ather Malik, Ahmad Bilal & Fatima Javaid *Department of Applied Psychology, The Islamia University of Bahawalpur*
7.	**ICP2-308**	**Optimism, Quality of Life and Mental Health among Cardiac Patients** Afshan Afroz Bhatti & Sarwat Sultan *Department of Applied Psychology, Bahauddin Zakariya University , Multan*
8.	**ICP2-431**	**Experiences of Breast and Prostate Cancer: It's Influence on Patients and their Spouse's Marital Adjustment and Quality of Life** Abeeha Shaloom & Amina Tarrar *Department of Psychology, Government College University Lahore*
9.	**ICP2-438**	**Psychosocial Issues and Quality of Life of Women with Post Menopausal Osteoporosis** Farwah Ali, Zahid Mahmood, & Fatima Naeem *Institute of Clinical Psychology, University of Management and Technology, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –IV (C)

Time: 11:30-1:15 pm Venue: Ava Gardner

Theme: **Parenting and Mental Health**

Session Chair: Dr. Shahida Batool (*Chairperson, Department of Applied Psychology, GCU, Lahore)*

Moderator: Kubra Qamar (Ph# 0335-4166241) **Facilitators:** Neelam Iqbal & Anam Hanif

1.	**ICP2-156**	**Parental Marital Adjustment and Home Chaos as Predictors of Externalizing Behavior Problems of Children** Aqsa Sultan & Muazzama Abidi *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
2.	**ICP2-211**	**Perceived Father acceptance-rejection and Social Anxiety in Children of Fathers Working Abroad** Sana Rahat Ali & Ayesha Sheraz *Govt. M.A.O College, Lahore*

3.	**ICP2-264**	**Relationship between Parental Bonding, Social Interaction Anxiety and Internet Addiction among University Students** Arooj Mujeeb & Nazia Hussain *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
4.	**ICP2-266**	**Single Parenting: Experiences of Death and Divorce of Spouse, Psychological Well-being and Adjustment in Men and Women** Huma Asghar & Amina Tarar *Department of Psychology, Government College University, Lahore*
5.	**ICP2-311**	**Lack of Adequate Parenting: Increase the Risk of Jealousy and Low Life Satisfaction** Hina Saleem, Javara Allah Bukhsh & Iqra Rasool *Department of Applied Psychology, The Islamia University of Bahawalpur, Bahawalnagar Campus*
6.	**ICP2-324**	**Parenting Practices as Mediators between Positive/Negative Affect and Internalizing/Externalizing Behavior in Children (Slow Learners)** [1]Akasha Asghar &[2]Fauzia Naz *[1]Queen Mary College, Lahore, [2]University of Birmingham, United Kingdom*
7.	**ICP2-394**	**Approaches to Learning as Mediator of Link between Parental Conflicts and Academic Performance** Afsheen Masood, Nadia Ijaz, Sumaira Rashid, Shahzada Qaisar [1,2]Institute of Applied Psychology, *University of the Punjab*, [3]*Kinnaird College for Women, Lahore*[4]*University of Education, Lahore*
8.	**ICP2-403**	**Parent Attachment Styles as Predictors of Personality and Personality Disorders** Farah Toqeer & Syeda Salma Hassan *Department of Psychology, Government College University, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –IV (D)

Time: 11:30-1:15 pm Venue: Crystal Hall - B

Theme: **Health Psychology**

Session Chair: Dr. Sarwat Sultan (*Head of Psychology Department, BZU, Multan)*

Moderator: Afifa Shahzad (Ph# 0300-6302423) **Facilitators:** Sidra Mumtaz & Zarafshan Yousaf

1.	**ICP2-237**	**Gender Role, Disordered Eating Behaviours and Body Mass Index among Adolescents: Exploring Moderating Role of Gender** Qurat-Ul-Ain & Irum Naqvi *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
2.	**ICP2-239**	**Pain Severity, Illness Appraisal and Pain Acceptance in Patients with Chronic Pain** Khola Tahir & Humaira Naz *University of the Punjab, Lahore*
3.	**ICP2-257**	**Health Anxiety and Self-Medicating Behavior in University Students** Muniba Ansar & Zahid Mahmood *Institute of Clinical Psychology, University of Management and Technology, Lahore*
4.	**ICP2-294**	**Psychosocial Stressors of HIV Patients** Nosheen & Zahid Mahmood *Institute of Clinical Psychology, University of Management and Technology, Lahore*
5.	**ICP2-299**	**Self-Objectification, Body Surveillance and Body Shame as the Predictors of Disordered Eating in Adolescent Girls** Arifa Siddiqui, Jaweria Fatima Naqvi, Fatima Safdar, & Afsheen Masood *Institute of Applied Psychology, University of the Punjab, Lahore*

6.	**ICP2-315**	**Psycho Social Stressors, Coping Strategies and Mental Health Problems of Mothers of Children with Thalassemia** Ummay Kulsoom, Fatima Naeem & Zahid Mahmood *Institute of Clinical Psychology, University of Management and Technology, Lahore*
7.	**ICP2-332**	**Perception of Parents about Healthy Diet for Pre-School Children** WaliyaZaffar, Farah Shahbaz &Azher Hameed Qamar *University of Management and Technology, Lahore*
8.	**ICP2-375**	**Derpession, Anxiety, Stress and Life Satisfaction among Diabetic Patients** Minahil Athar & Khalid Mahmood Bhatti *Department of Applied Psychology, Government College University, Faisalabad*
9.	**ICP2-388**	**Quality of Life and Death Related Feelings among Chronic Disease Patients: Mediating Role of Perceived Social Support** [1]Zartashia Kynat,[2]Muhammad Adeeb,[3]Muhammad Saleem,[4]Muhammad Riaz &[5]Abida Ajid *[1-4-5]Govt College University Faisalabad, [2]Riphah International University Faisalabad, [3]The Islamia University of Bahawalpur*
		Concluding Remarks by the Session Chair and Certificates Distribution

11:30-1:15 pm **Board Room B**	**Workshop on: Trauma Informed Care** **Steven O. Kidd, PhD** Assistant Research Professor, Adjoint, *University of Colorado, Colorado Springs USA* **Anne E.T. Kidd, MSW, LCSW** *University of Colorado, Colorado Springs*

Lunch Break 1:15—2:00 pm Venue: Ava Gardner

Scientific Session -V (A)

Time: 2:00-4:00 pm Venue: Ava Gardner

Theme: **Assessment in Clinical Psychology**

Session Chair: Dr.Fatima Naeem (Associate Professor, Institute of Clinical Psychology, UMT, Lahore)

Moderator: Maha Azhar (Ph# 0322-3222171) **Facilitators:** Sana Shafiq & Momina Mahmood

1.	**ICP2-253**	**Development of Culturally-specific Perception of Romantic Love Scale** Wahida Anjum & Iffat Batool *Department of Psychology, Government College University, Lahore*
2.	**ICP2-256**	**The Development of a Temperament Scale for Young Children: A Maternal Perspective** Hajra Amin & Sadia Saleem *Institute of Clinical Psychology, University of Management and Technology, Lahore*
3.	**ICP2-259**	**Initial Psychometric Properties of Rmet Urdu Version** Rabia Khawar & Ayesha Khushnud *Department of Applied Psychology, Government College University, Faisalabad*
4.	**ICP2-279**	**Development of an Indigenous Test Anxiety Scale: Perfectionism and Test Performance Anxiety in University Students** Sabrina Asim & Zahid Mahmood *Institute of Clinical Psychology, University of Management and Technology, Lahore*

5.	**ICP2-283**	**Development of Perfectionistic Tendencies Scale for University Students** Tabinda Masood & Fatima Naeem *Institute of Clinical Psychology University of Management and Technology, Lahore*
6.	**ICP2-293**	**Functional Developmental Profile for Children of 5-6 Years of Age: A Validation Study** M. Ali Jawad & Fatima Naeem *Institute of Clinical Psychology, University of Management and Technology, Lahore*
7.	**ICP2-305**	**Development of Role Identification Scale for Adolescents Perceiving Parental Disharmony** Alishba Hania & Sara Subhan *Institute of Clinical Psychology, University of Management and Technology, Lahore*
8.	**ICP2-330**	**Caregiver Burnout of Mothers of Children of Cerebral Palsy** Samia Rani, Fatima Naeem, Sadia Saleem, & Zahid Mahmood *Institute of Clinical Psychology University of Management and Technology, Lahore*
9.	**ICP2-358**	**Development of Depression Scale for Clinical Population (DCP)** Maryam Habib, Sara Subhan & Zahid Mahmood *Institute of Clinical Psychology University of Management and Technology, Lahore*
Concluding Remarks by the Session Chair and Certificates Distribution		

Scientific Session –V (B)

Time: 2:00-4:00pm Venue: Crystal Hall - A

Theme: **Gender**

Session Chair: Dr. Julie Flowerday (*Professor, Department of Sociology, FCCU, Lahore)*

Moderator: Maryam Rizvi (Ph# 0310-4991668) **Facilitators:** Hina Hameed Butt & Mehwish Iqbal

1.	**ICP2-117**	**Moderating Role of Perceived Social Support between Loneliness and Life Satisfaction in Widowed** Shamim Rafique & Shahnila Tariq *Institute of Applied Psychology, University of the Punjab, Lahore*
2.	**ICP2-158**	**Women Inheritance Practices and Native Perceptions: A Case Study of Karimabad Hunza, Gilgit-Baltistan, Pakistan** Beenish Murtaza & Zubair Ahmed *Department of Behavioral Sciences, Karakoram International University, Gilgit-Baltistan*
3.	**ICP2-164**	**Gender Difference in Perception of Interparental Conflict** Saiqa Ashraf, Maria Mukhtar, Sana Sarwar, Aneela Naveed, & Rubab Pall *Department of Psychology, University of Gujrat*
4.	**ICP2-177**	**Correlates of Binge Eating Behavior among College and University Female Students** Ayesha Zafar &Amna Muazzam *Department of Applied Psychology, Lahore College for Women University, Lahore*
5.	**ICP2-208**	**Barriers in Achieving Gender Equality in Higher Education: Claiming Women Rights in Pakistan** [1]Asma Shiraz &[2]Ahmed Usman *[1]Bahria University Lahore Campus, [2]University of the Punjab, Lahore*
6.	**ICP2-216**	**Gender Differences in Academic & Career Problems Reported By University Students Seeking Counseling Services: An Exploratory Analysis** Sadia Shahzeb & Nashi Khan *Institute of Applied Psychology, University of the Punjab, Lahore*

7.	**ICP2-250**	**Gender Disparities: Islamization and State Discourses In Pakistan** Sadia Mehmood Falki & Dure Shahwar Bano *[1]Department of Political Science/International Relations, Lahore College for Women University, Lahore, [2]Department of Political Science, University of Management and Technology, Lahore*
8.	**ICP2-341**	**Exploring Attitudes towards Honour Killings in Pakistan: Perpetrators Perspective** Sadia Huda & Anila kamal *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
9.	**ICP2-372**	**Premenstrual Syndrome, Anxiety and Positive Negative Experiences in Sports Girls** Sarah Ahmad & Mahira Ahmad *Department of Psychology, Kinnaird College for Women, Lahore*
10.	**ICP2-417**	**Relationship between Perceived Body Image, Perceived Maternal Rearing Practices and Self-Esteem among Female University Students** Fariha Tariq & Tahira Yasmeen *Institute of Clinical Psychology, University of Management and Technology, Sialkot*
11.	**ICP2-439**	**Relationship of Goal Adjustment and Psychological Well-being among Women with Veil and Unveil** Rabeyah Rashid & Uzma Ilyas *Lahore Garrison University*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –V (C)

Time: 2:00-4:00pm Venue: Board Room - A

Theme: **Special Education**

Session Chair: Dr. Hina Fazil (*Assistant Professor, Special Education Department, PU, Lahore)*

Moderator: Ayesha Jabeen (Ph# 0336-4025510) **Facilitators:** Sabiha Aslam & Lubna Shehzadi

1.	**ICP2-040**	**Case Study: Learning Difficulty** Afifa Shahzad & Sara Subhan *Institute of Clinical Psychology, University of Management and Technology, Lahore*
2.	**ICP2-086**	**Relationship between Self-Face Recognition Bias and Autistic Traits** Unaiza Iqbal & Bhismadev Chakrabarti *University of Reading, United Kingdom*
3.	**ICP2-128**	**Effectiveness of Fine Motor Skill Activities for Developing Pre Hand Writing Skill in Intellectually Delayed Children** Misbah Waqar *Army Special Education Academy, Rawalpindi*
4.	**ICP2-175**	**Psychological Health of the Mothers with Special Children** Ayesha Rasheed & Talat Sohail *Applied Psychology Department, Lahore College for Women University, Lahore*
5.	**ICP2-217**	**Parental Practices of Children Diagnosed with Autism Spectrum Disorder and Attention Deficit Hyper Activity Disorder** Rabia Zahid & Sonia Naeem *Kinnaird College for Women, Lahore*
6.	**ICP2-271**	**Emotional and Behavioral Problems among Children with Learning Disabilities** Maheen Abid & Ruhi Khalid *Institute of Psychology Beacon House University, Lahore*

7.	**ICP2-321**	**A Journey from Dependence to Independence** Halima Khurshid & Ayesha Jabeen *Institute of Clinical Psychology, University of Management and Technology, Lahore*
8.	**ICP2-325**	**Needs Help to Spread His Wings** Noor Zainab, Maryam Rizvi *Institute of Clinical Psychology, University of Management and Technology, Lahore*
9.	**ICP2-353**	**The Best Way to Teach is through Love** Rabia Khadim & Ayesha Jabeen *Institute of Clinical Psychology, University of Management and Technology, Lahore*
10.	**ICP2-364**	**Mindfulness Breathing: as Clinical Intervention to Diminish Behavioral Problems in Children with Special Needs** Momina Abid *Special Education Department Government of the Punjab*
11.	**ICP2-398**	**Boosting Pro-social Behaviors in Children with Down Syndrome through Media** Farhan Hashmi, Madeha Naz & Rabia Iftikhar *Clinical Psychology Unit , Government College University, Lahore*
12.	**ICP2-401**	**Attention-Deficit/ Hyperactive Disorder Specify Co-Morbid With Oppositional Defiant Disorder** Anum Atiq & Rabia Farooqi *Department of Psychology, University of Management and Technology, Lahore*
13.	**ICP2-443**	**Problems Faced By Teachers in Dealing with Children with Attension Deficit Hyperactivity Disorder (Adhd)** Hina Fazil, Fariha Ashraf, Khushboo Shabnam & Ulfat Jamil *University of the Punjab, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –V (D)

Time: 2:00-4:00pm **Venue: Shalimar Hall**

Theme: **Intervention**

Session Chair: Prof. Dr. Imtiaz Ahmed Dogar (*Head Psychiatry Department, DHQ, Hospital, Faisalabad)*

Moderator: Arif Nadeem (Ph# 0333-6660060) **Facilitators:** Sidra Gull & Javed Iqbal

1.	**ICP2-148**	**Analyzing Effects of Low Intensity Cognitive Behavior Therapy Program for Obsessive Compulsive Disorder** [1]Sumaira Zahra, [2]Saba Ajmal, [3]Rizwana Ameen *[1,2]Department of Applied Psychology; The Women University Multan* *[3]Department of Applied Psychology, Bahauddin Zakariya University, Multan*
2.	**ICP2-185**	**Psychotherapeutic Interventions as Effective Strategies in Coping Psychological Distress among Hospitalized Patients** Abdur Rashid & Muryam Nawaz *Foundation University Rawalpindi Campus*
3.	**ICP2-191**	**Social Anxiety Disorder and Cognitive Behaviour Therapy: A Case Study** Saleha Bibi & Iffat Rohail *Foundation University Rawalpindi Campus*
4.	**ICP2-269**	**A Case Study: Grief Felt So Like Fear** Fatima Sana & Fatima Naeem *Institute of Clinical Psychology, University of Management and Technology, Lahore*

5.	**ICP2-270**	**I have an Inferiority Complex: A Case Study** Zahra Bakhat Awaisi & Sara Subhan *Institute of Clinical Psychology, University of Management and Technology, Lahore*
6.	**ICP2-272**	**Exploring the Determinants, Consequences and Coping Styles of Spinsters** Shaista Butt & Sumaira Rashid *Kinnaird College for Women, Lahore*
7.	**ICP2-274**	**Wonderland: A Case Study** Noreen Fatima & Umaiza Bashir *Institute of Clinical Psychology, University of Management and Technology, Lahore*
8.	**ICP2-288**	**Cognitive Behavior Therapy as an Effective Treatment for Obsessive Compulsive Personality Disorder: A Case Study** Farhana Saba & Syeda Razia Bukhari *National Institute of Psychology, Quaid-i-Azam University, Islamabad*
9.	**ICP2-328**	**Case Study: The Axe Forgets but the Tree Remembers** Anila Sarwar & Umaiza Bashir *Institute of Clinical Psychology, University of Management and Technology, Lahore*
10.	**ICP2-339**	**Case Study: The Sowing Seed of 9/11 from Germination to Blooming as the Mental Illness** Sadia Rehman & Asma Ijaz *Institute of Clinical Psychology, University of Management and Technology, Lahore*
11.	**ICP2-343**	**My Hands are My Strength, I Can Speak Through Them** Farah Iqbal & Maryam Rizvi *Institute of Clinical Psychology, University of Management and Technology, Lahore*
12.	**ICP2-360**	**Case Study: Don't let Anyone Dull your Sparkle** Rabbia Basharat & Umaiza Bashir *Institute of Clinical Psychology, University of Management and Technology, Lahore*
13.	**ICP2-366**	**Personality Traits and Academic Achievement among Undergraduate University Students** Fozia Akram &Marriam Rauf *Department of Applied Psychology, Government College University, Faisalabad*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –V (E)

Time: 2:00-4:00pm Venue: Board Room - B

Theme: **Physical and Visual Impairment**

Session Chair: Dr. Faisal Anees (*Assistant Professor, Department of Special Education, UMT, Lahore)*

Moderator: Ali Jawad (Ph# 0345-4643250) **Facilitators:** Abida Naz & Nasir Iqbal

1.	**ICP2-035**	**Improving Navigation in Visually Impaired Children: An Interior Design Proposal** Ayesha Mehmood Malik, Muhammad Yusuf Awan, Memoona Rashid &Nasir Yahya Chaudary *School of Architecture and Planning, University of Management and Technology, Lahore*
2.	**ICP2-038**	**A Study of Relation between Self Esteem and Isolation among Students with Visual Impairment** Muhammad Akram Sabir, Abdul Basit Rana, Shazia Maqsood, Ayesha Tahir & Aneesa Naz *[1]Allama Iqbal Open University, Islamabad* *[2,3,4,5]Department of Special Education Punjab, Lahore*

3.	**ICP2-077**	**Self-Concept, Self-Determination and Academic Achievement in University Students with Physical Disability** SumairaAyub & Farah Malik *Institute of Applied Psychology, University of the Punjab, Lahore*
4.	**ICP2-093**	**Emotion Reactivity & PTSD Symptoms Severity among In individuals with Amputation** Ifzonia Babar & Saadia Dildar *Clinical Psychology Unit, Government College University, Lahore*
5.	**ICP2-118**	**Self-Esteem and Social Emotional Impairment in Physically Handicapped Children** Ifzonia Babar & Arif Nadeem *Department of Applied Psychology, Government College University, Faisalabad*
6.	**ICP2-135**	**Depression between Students with Congenital and Adventitious Vision Loss** [1]Faiza Jaleel, [2]Muhammad Akram Sabir &[3]Shazia Maqsood *[1]University of Management and Technology, Lahore. [2]Allama Iqbal Open University, Islamabad,[3]Government Training College for the Teachers of Blind, Lahore*
7.	**ICP2-263**	**Physical Disability as a Predictor of Loneliness and Life Dissatisfaction** Ruqia Safdar Bajwa, Iram Batool & Muhammad Qasim *[1-2]Department of Applied Psychology, [3]Department of Statistics, Bahauddin Zakariya University, Multan*
8.	**ICP2-289**	**Moderating Role of Psychological Distress between Suicidal Ideation and Psychological Wellbeing among the Physically Disabled** Naila Andleeb & Sadaf Ahsan *Foundation University Islamabad*
9.	**ICP2-291**	**Effects of Societal Attitude on Personality Development of Persons with Hearing Impairment** Zarmeen Ahmed, Romaisa Qazi & Amna Arif *Department of Special Needs Education, University of Management and Technology, Lahore*
10.	**ICP2-363**	**Case Study: I am neither an Optimist nor Pessimist, but Possibilist** Sadia Irfan & Maryam Rizvi *Institute of Clinical Psychology, University of Management and Technology, Lahore*
		Concluding Remarks by the Session Chair and Certificates Distribution

Scientific Session –V (F)

Time: 2:00-4:00pm Venue: Crystal Hall - B

Theme: **Personality and Mental Health**

Session Chair: Dr. Iram Zahra Bokharey (*Senior Clinical Psychologist, Services Hospital Lahore)*

Moderator: Maryam Amjad (Ph# 0300-4414864) **Facilitators:** Unsia Firdous & Sana Rahat

1.	**ICP2-230**	**Relational Aggression and Personality Traits in University Students** Tehsina Haider, Sidra Afzal & Farzana Ashraf *Department of Psychology, University of Management and Technology, Lahore*
2.	**ICP2-261**	**Predictors of Dark Triad in Creative Thinkers** Sara Kanwal& Rukhsana Kausar *Institute of Applied Psychology, University of the Punjab, Lahore*
3.	**ICP2-275**	**Personality, Stress and Creativity in Fine Arts and Science Students** Zenab Imran & Iram Fatima *Institute of Applied Psychology, University of the Punjab, Lahore*

4.	**ICP2-309**	**Gratitude Broadening Problem-Solving Strategies through Personality Traits** Ayesha Sadiq & Sarwat Sultan *Department of Applied Psychology, Bahauddin Zakariya University, Multan*
5.	**ICP2-322**	**Machiavellian Personality Tendencies and Interpersonal Difficulties in University Students** Aqsa Abdulkhaliq & Umaiza Bashir *Institute of Clinical Psychology, University of Management and Technology, Lahore*
6.	**ICP2-347**	**Relationship between Narcissism and Social Adjustment among University Students** Khalid Mehmood Bhatti & Sadia Nasim Aslam *Department of Applied Psychology, Government College University, Faisalabad*
7.	**ICP2-362**	**Perfectionism, Achievement Goal Orientation and Academic Achievement in Undergraduate Students** Asma Jabeen & Syeda Salma Hasan *Department of Psychology, Government College University, Lahore*
8.	**ICP2-373**	**Personality Attributes of Juvenile Delinquents** Arif Nadeem & Faiza Anwer *Department of Applied Psychology, Government College University, Faisalabad*
		Concluding Remarks by the Session Chair and Certificates Distribution

Closing Ceremony 4:00 pm
Venue: Ava Gardner

4:00 pm	**A Recitation from the Holy Quran**
4:10 pm	**Concluding remarks** **Prof. Dr. Zahid Mahmood** Chief Organizer *Director, Institute of Clinical Psychology, University of Management and Technology, Lahore*
4:20pm	**Vote of Thanks** **Dr. Sadia Saleem** Conference Secretary Associate Professor, *Institute of Clinical Psychology, UMT, Lahore*
4:45	**Address by Chief Guest** **Mr. Abid, K. Sharwani** *Director General* *University of Management and Technology, Lahore*
5:00pm	**Distribution of Certificates**