

UMT | SDI

Sustainable Development
Initiative

Quarterly Report

Spring'2025
(February-July)



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Introduction

Sustainable Development Initiative (SDI) at UMT was established following the UN's Sustainable Development Goals (SDGs). Acknowledging academia's pivotal role in community upliftment and the provision of essential skill sets and platforms to support global goals, SDI is committed to providing UMT students with opportunities such as;

- Give back to the community
- Work for the betterment of society
- Be a better human being and responsible citizen



WHY SUSTAINABLE DEVELOPMENT INITIATIVE ?



- Sustainable Development Initiative (SDI-UMT) at the University of Management and Technology, assumes its responsibility for inculcating a sense of social responsibility in to its students that goes beyond the borders of social class, religion, ethnicity and race.
- SDI-UMT has also launched Community development initiatives ,where UMT students are leading community focused projects from beginning to conclusion. Through different community development projects and activities students are engaged as contributors towards the over all development of the society and as advocates for a sustainable future.

VISION

- To transform positive energies of students for volunteering and community service, to build socially responsible empathetic future leaders.

MISSION

- To build a collaborative network with various community development platforms for students' engagement in community development projects, to make them socially responsible citizens for the society.



PILLARS OF SUSTAINABILITY





SCHOOLS ON BOARD

Schools	Degree Programs
Dr. Hassan Murad School of Management	BBA, BBIS, BSAF, BS Economics, Bs Supply Chain
School of Professional Psychology	BS Psychology
Institute of Aviation Studies	BSAM,APP
Institute of Liberal Arts	BSEL
School of System and Technology	BSCS, BSIT, BSAI, BSCyber security, BSSE, DS
School of Professional Advancement	BPS
School of Media and Communication Studies	BSMC
School of Science	Microbiology , Biotechnology, Bs Chemistry
School of Engineering	BSCE, BSEE



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Students Engaged in Civic and Community Engagement-Spring '25

Students who enrolled in the Civic and Community Engagement course were assigned some graded activities. These activities foster civic responsibility through active engagement on social and environmental issues.



ACTIVITIES SPRING'2025





HYGIENE KITS FOR SUSTAINABILITY AND WELL-BEING



Assembling hygiene kits promoted improved health and well-being in underserved communities. By including essential items such as soap, shampoo, toothpaste, toothbrushes, hand sanitizers, nail clippers, and hair combs, the initiative addressed basic hygiene needs. This project supported SDG 3 (Good Health and Well-Being) by providing essential hygiene products and education to promote better sanitation. A total of 1,337 students registered with SDI under the Civic and Community Engagement course participated in this valuable initiative. They assembled hygiene kits and conducted hygiene education sessions to teach recipients about proper hygiene practices and the importance of maintaining good health. The kits were then donated to underprivileged communities, including slums, orphanages, and schools, helping to enhance daily health routines and overall well-being.





SUSTAINABLE DEVELOPMENT INITIATIVE

HYGIENE KITS FOR SUSTAINABILITY AND WELL-BEING

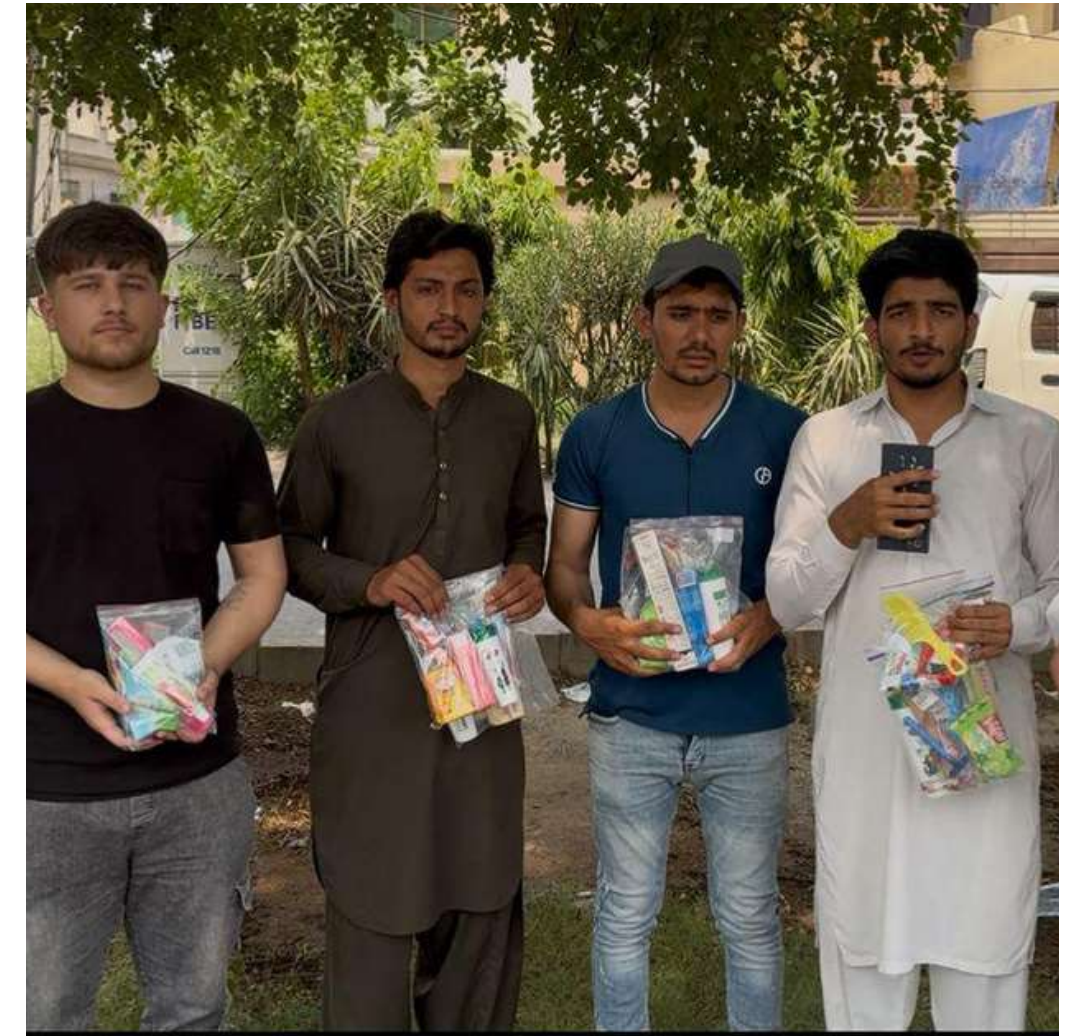


Main SDG:

- SDG 3 – Good Health and Well-Being: By providing essential hygiene products and educating communities on health practices, the project promotes improved sanitation, disease prevention, and enhanced well-being.

Supporting SDGs:

- SDG 4 – Quality Education: The project empowers individuals by teaching proper hygiene practices, enabling informed health decisions.
- SDG 6 – Clean Water and Sanitation: The donation of hygiene kits, along with education, fosters better sanitation and access to hygiene resources.
- SDG 10 – Reduced Inequality: By supplying hygiene essentials to marginalized groups, the initiative helps reduce health disparities and improve access to basic care.
- SDG 17 – Partnerships for the Goals: Collaboration with schools, community organizations, and local groups strengthens the project's impact and supports shared health and sanitation objectives.



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UPCYCLED TABLE PLANT FOR A GREENER FUTURE

Creating plant pots from recycled plastic bottle caps promoted environmental sustainability by transforming waste into functional and eco-friendly items. Participants collected plastic caps and produced durable plant pots suitable for indoor plants like snake plants or spider plants. This initiative supported SDG 12 (Responsible Consumption and Production) by reducing plastic waste and encouraging sustainable reuse. A total of 1,337 students registered with SDI under the Civic and Community Engagement course took part in this activity. After creating the plant pots, they planted indoor greenery and gifted the pots to faculty and staff members at UMT. During the gifting process, students explained the project's goal and environmental impact, emphasizing the importance of recycling and sustainable living. Through this meaningful gesture, the initiative raised awareness about plastic pollution while promoting a stronger connection to nature in everyday spaces.





UPCYCLED TABLE PLANT FOR A GREENER FUTURE

Main Sustainable Development Goal (SDG):

- SDG 12 – Responsible Consumption and Production

The project promotes sustainable consumption and production by recycling plastic bottle caps into plant pots. This initiative significantly reduces plastic waste, encourages material repurposing, and fosters a circular economy mindset.

Supporting SDGs:

- SDG 13 – Climate Action

By minimizing plastic waste through recycling, the project supports climate action efforts. It reduces the environmental footprint associated with plastic pollution and promotes eco-friendly alternatives.

- SDG 15 – Life on Land

Transforming plastic waste into plant pots facilitates plant growth, which enhances biodiversity, supports ecosystems, and contributes to reforestation and greener spaces.

- SDG 11 – Sustainable Cities and Communities

Encouraging the reuse of everyday waste materials and promoting green practices strengthens community resilience and fosters more sustainable, livable urban environments.

- SDG 3 – Good Health and Well-Being

The initiative promotes healthier living by encouraging plant growth in homes and communities. Plants improve indoor air quality and have been shown to enhance mental health and overall well-being.



SUSTAINABLE DEVELOPMENT INITIATIVE



BIRD FEEDER FOR BIODIVERSITY AND ENVIRONMENTAL CARE

Creating a bird feeder was a simple yet impactful way to promote sustainability and support local wildlife. By repurposing materials such as plastic bottles or wooden sticks, the project helped reduce waste and encouraged a circular approach to resource use. Filling the feeders with birdseed and water provided essential nourishment for birds, enhancing biodiversity and supporting the health of local ecosystems. This initiative not only helped sustain bird populations but also fostered environmental awareness and community engagement. A total of 1,337 students registered with SDI under the Civic and Community Engagement course participated in this activity, demonstrating how collective action can make a meaningful difference in promoting environmental well-being.



BIRD FEEDER FOR BIODIVERSITY AND ENVIRONMENTAL CARE

• Main SDG:

SDG 15 – Life on Land

Creating a bird feeder supports local wildlife, encourages bird conservation, and fosters biodiversity. It helps maintain healthy ecosystems essential for life on land.

• Sub-SDGs:

SDG 12 – Responsible Consumption and Production

Repurposing materials like plastic bottles and wooden sticks reduces waste and promotes sustainable, circular practices.

SDG 13 – Climate Action

By supporting biodiversity and healthy ecosystems, the project indirectly contributes to climate action and environmental resilience.

SDG 3 – Good Health and Well-Being

Engaging with nature through bird feeding enhances mental well-being and supports overall health by maintaining ecological balance.

SDG 11 – Sustainable Cities and Communities

Installing bird feeders in urban areas enriches green spaces, promotes sustainability, and encourages community involvement in conservation.



INTERVIEW WITH ELDER WORKERS FOR EXPERIENCE AND SOCIAL INCLUSION

A total of 1,337 students registered in the Civic and Community Engagement program, under the guidance of the Sustainable Development Initiative, participated in this meaningful activity. Each student took the time to interview an elderly laborer, approaching the task with respect, empathy, and a genuine desire to listen and learn. This large-scale effort not only provided students with valuable firsthand insight into the lives and struggles of elderly workers but also fostered a deep sense of social responsibility and human connection. Through these interviews, students gained a better understanding of the dignity of labor, the challenges faced by older members of the workforce, and the importance of compassion and community involvement in the pursuit of sustainable development. The activity served as a powerful reminder of the role young people can play in building a more inclusive and empathetic society. Promote a greener future for all.



INTERVIEW WITH ELDER WORKERS FOR EXPERIENCE AND SOCIAL INCLUSION

- **Main SDG:**

SDG 8 – Decent Work and Economic Growth

Interviewing elderly laborers highlights the importance of fair and dignified working conditions for all ages. It supports efforts toward inclusive economic growth by recognizing and valuing the contributions of older workers.

- **Sub-SDGs:**

SDG 1 – No Poverty

By exploring why elderly individuals continue to work, the initiative sheds light on economic hardship and the need for stronger social protection systems for seniors.

SDG 4 – Quality Education

The activity emphasizes the importance of lifelong learning and skill development, encouraging sustainable career alternatives for older adults beyond manual labor.

SDG 10 – Reduced Inequalities

Addressing age-based discrimination in employment promotes fairness and equal opportunities for elderly workers in the labor market.

SDG 16 – Peace, Justice, and Strong Institutions

The conversations often reveal the need for stronger legal safeguards and institutional support to protect the rights and well-being of vulnerable elderly workers.



NGO Training for Capacity Building and Sustainable

Training with NGOs is beneficial for students as they learn firsthand about community service and civic responsibilities. The practical experience enhances their teamwork, problem-solving, and empathy skills. SDI engaged around 1337 students, who were enrolled in CSR, with different NGOs to develop these skills.



3 GOOD HEALTH AND WELL-BEING



SUSTAINABLE DEVELOPMENT INITIATIVE

ALZHEIMER'S PAKISTAN, LAHORE

As part of their civic and community engagement under SDI, students from the AI department at UMT participated in visits to Alzheimer's Pakistan, with 150 students engaged overall (10 per day). During these visits, they interacted with elderly patients through storytelling, cognitive stimulation games, and mental exercises designed to enhance cognitive engagement. The activity offered students a meaningful experience in understanding dementia and the importance of compassionate care, while also contributing positively to the emotional well-being of the patients. It also helped students develop empathy, communication skills, and a sense of social responsibility.

SDG 3 – Good Health and Well-being

The activity supported mental health and emotional well-being of elderly individuals with Alzheimer's through interactive engagement. It also promoted health awareness and empathy among students, contributing to broader health and care goals.





ALIF LAILA BOOK BUS SOCIETY

4 QUALITY EDUCATION



As part of their Civic and Community Engagement initiative, 41 students from the Cyber Security and IT departments at UMT actively participated in a collaborative program with the Alif Laila Book Bus Society. Students were divided into small batches, each engaged for three consecutive days to ensure meaningful involvement. Their contributions included library management, fundraising and membership drives, community outreach, art and craft sessions, website development, and summer camp activities with children. This experience fostered creativity, social responsibility, and practical skills among the students while promoting an inclusive and engaging learning environment for underprivileged children.

SDG 4 – Quality Education

Impact: Students from the Cyber Security and IT departments supported inclusive education by contributing to library management, educational activities, and website development at Alif Laila Book Bus Society. Their efforts promoted early literacy, digital inclusion, and community learning, directly advancing SDG 4.



Impactful Medical Camp

 SUSTAINABLE DEVELOPMENT INITIATIVE

TRANSPARENT HAND



As part of their civic and community engagement efforts, 50–60 students from UMT participated in activities organized by Transparent Hand. Students were informed about their schedule and slots two days in advance and engaged in healthcare-related initiatives. Their contributions included support for welfare projects focusing on health awareness, patient facilitation, and operational assistance, providing them with valuable exposure to community health work.

Main Relevant SDG:

SDG 3 – Good Health and Well-being

Impact: Students contributed to improving health services for underprivileged communities through on-ground assistance in medical and outreach programs. Their involvement helped promote access to healthcare, raise awareness, and support Transparent Hand's mission of bridging healthcare gaps in society.

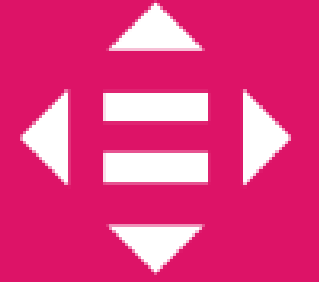


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JHUGGI TALEEMI PROJECT

10 REDUCED INEQUALITIES



200–250 students from UMT Computer Science department actively participated in community engagement activities conducted throughout the week in small groups. Divided into slots of 10 students each, they facilitated sessions on essential life topics such as hygiene, grooming, spoken communication, self-respect, cleanliness, and the value of hard work. These efforts helped promote awareness, personal development, and life skills among underprivileged communities, particularly children.

SDG 10 – Reduced Inequalities

Impact: Through their involvement in the Jhuggi Taleemi Project, students worked to bridge educational and social gaps by reaching underserved communities. By teaching essential life skills and values to marginalized groups, their engagement helped reduce disparities in access to personal development and empowerment opportunities, directly supporting SDG 10's goal of promoting social inclusion and equal opportunities for all.



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DOOR OF AWARENESS

As part of their civic and community engagement, students from the Computer Science department at UMT participated in diverse outreach activities benefiting underprivileged communities. Around 250 students contributed through library setup, donation drives, event support, art and craft workshops, sports coaching, social media promotion, content creation, mentorship programs, and awareness campaigns. Their involvement promoted creativity, empathy, and practical exposure to community service and social development.

Main Relevant SDG:

SDG 11 – Sustainable Cities and Communities

Impact: The activity supported inclusive, safe, resilient, and sustainable communities by enhancing access to educational and recreational resources, promoting civic awareness, and encouraging student-led development initiatives.





PAKISTAN CITIZEN ALLIANCE

As part of their civic and community engagement efforts, 200 students from the Computer Science department at UMT actively participated in a 4-day Volunteer Development Program organized by Pakistan Citizens Alliance (PCA). Through structured sessions on philanthropy, community fundraising, communication, and leadership, students gained valuable civic knowledge and practical skills. Additionally, they contributed to impactful field activities such as book and summer cloth drives, water bottle distribution, tree plantation, hygiene awareness, and bird feeder installation. These activities fostered a strong sense of social responsibility, leadership, and community involvement.

Main Relevant SDG:

SDG 17 – Partnerships for the Goals

Impact: The engagement promoted collaborative action for sustainable development, equipping youth with the tools to support community growth and resilience through education, leadership, and volunteerism.



ROSHNI HOMES TRUST

4 QUALITY EDUCATION



As part of their civic and community engagement initiative, 60 UMT students participated in three structured activities with Roshni Homes Trust. These included orientation sessions, a clothes drive, a “Spend a Day as a Teacher” program, and a visit to Gujranwala. Students helped organize and distribute clothing to underprivileged children, assisted in teaching activities, and engaged with children to better understand their needs. This hands-on involvement enhanced students' empathy, leadership, and community service skills while supporting child welfare.

Main Relevant SDG:

SDG 4 – Quality Education

Impact: Students supported equitable education by contributing to learning and developmental activities for children, promoting literacy, and enhancing inclusive learning environments.





MILESTONE SOCIETY FOR SPECIAL PERSONS

As part of their civic and community engagement initiative, 81 students from Software Engineering department participated in a structured 4-day engagement with the Milestone Society for Special Persons. Students took part in disability awareness activities, managed events, received self-management training, and contributed to fundraising efforts aimed at supporting the disability community. This experience enabled students to develop empathy, organizational skills, and a deeper understanding of inclusivity while advocating for the rights and empowerment of persons with disabilities.

Main Relevant SDG:

SDG 10 – Reduced Inequalities

Impact: The engagement supported efforts to reduce inequality by promoting inclusion and awareness around disability rights, empowering students to become advocates for accessible and equitable communities.





Awareness Sessions Spring'2025

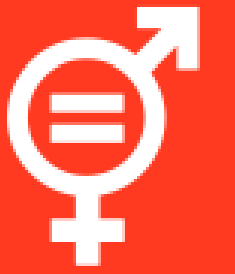




SUSTAINABLE DEVELOPMENT INITIATIVE

SDG 5-“BEYOND LABELS: A DAY OF UNDERSTANDING AND INCLUSION”

5 GENDER
EQUALITY



“Beyond Labels: A Day of Understanding and Inclusion” was successfully held on May 26th, with impactful participation from both Akhuwat Foundation and Fountain House. The event was designed to foster empathy, promote inclusion, and encourage open dialogue by giving a platform to individuals from the transgender and neurodiverse communities. Representatives from Akhuwat Foundation shared powerful stories of struggle and resilience, highlighting the journey toward dignity and self-sufficiency. Members from Fountain House contributed by offering valuable insights into mental health challenges and personal growth. Additionally, a craft exhibition and sale allowed guests to showcase their handmade products, giving students a chance to appreciate their creativity and engage in direct conversations. The event created a safe, respectful environment that inspired students and participants alike, reinforcing the values of social responsibility and human dignity.

Relevant SDG: SDG 5 – Gender Equality

Empowering members of the transgender community and advocating for equal opportunities and respect, regardless of gender identity. The session created a space where voices from marginalized gender groups were heard, valued, and celebrated. Through open dialogue and craft exhibitions, participants were recognized not for their labels, but for their strength, creativity, and resilience—advancing gender equality and social inclusion.



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SDG 16-FROM VOLUNTEER TO SOCIAL LEADERSHIP: EMPOWERING THE NEXT GENERATION FOR SUSTAINABLE IMPACT

A powerful and enlightening seminar titled "From Volunteer to Social Leadership: Empowering the Next Generation for Sustainable Impact" was conducted by Allah Waly Trust at the University of Management and Technology (UMT). This session was attended by students registered under the Civic and Community Engagement program, aiming to deepen their understanding of how volunteerism can be a stepping stone toward impactful social leadership.

The seminar focused on inspiring students to move beyond basic volunteering by embracing responsibility, initiative, and long-term commitment to community development. Speakers from Allah Waly Trust shared real-life stories of transformation and guided students on how to align their efforts with the Sustainable Development Goals (SDGs), emphasizing leadership rooted in empathy, purpose, and sustainability.

Students left the session with a renewed sense of motivation, equipped with strategies to drive change within their communities while building their personal leadership capacity.

SDG 16 – Peace, Justice and Strong Institutions

The session fostered values of responsibility, fairness, and civic engagement among students, empowering them to play an active role in building peaceful, inclusive, and just societies through volunteerism and social leadership.



SDG 6-WASH (WATER Sanitation and Hygiene)

An insightful awareness session on Water, Sanitation, and Hygiene (WASH) was conducted with the enthusiastic students of the School of Systems and Technology (SST) at the University of Management and Technology (UMT).

Rana Shahzaib, Manager of the WASH Program at Pakistan Citizens Alliance (PCA), facilitated the session, highlighting the urgent need for action in alignment with Sustainable Development Goal (SDG) 6 – Clean Water and Sanitation. The session addressed key issues such as the global and national water crisis, sustainable sanitation practices, and personal and community hygiene.

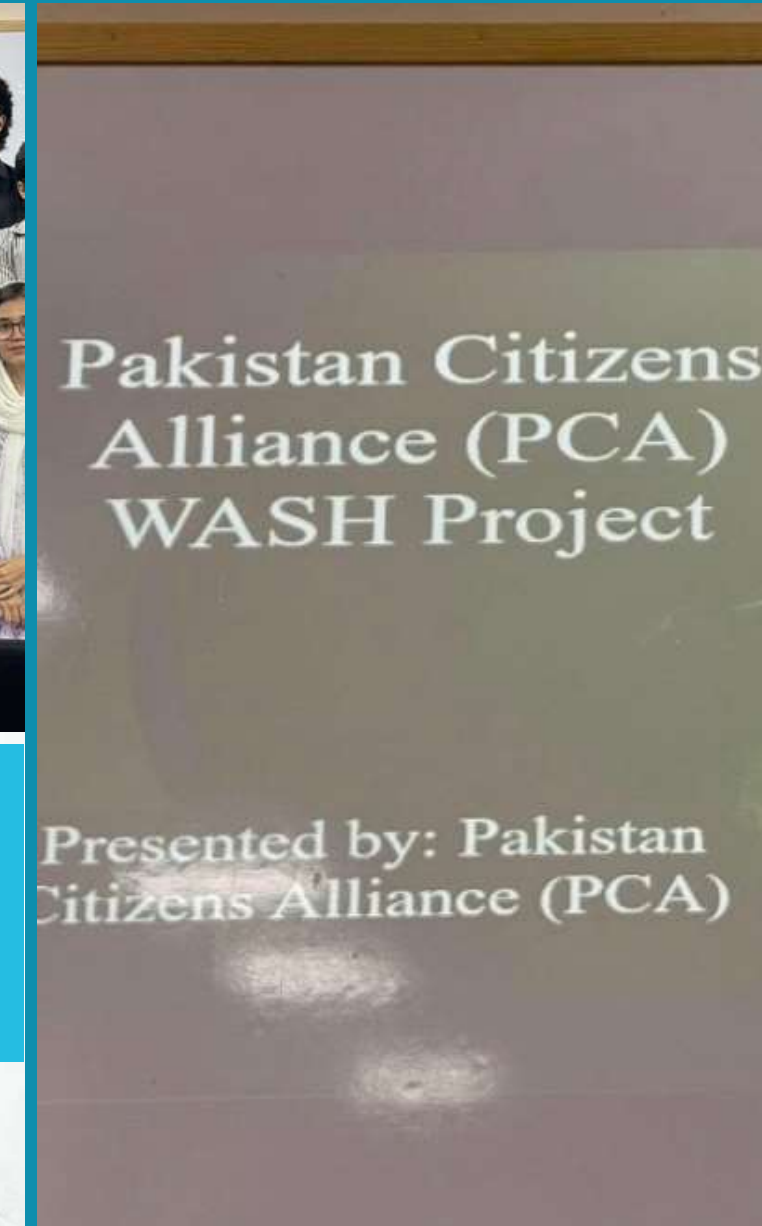
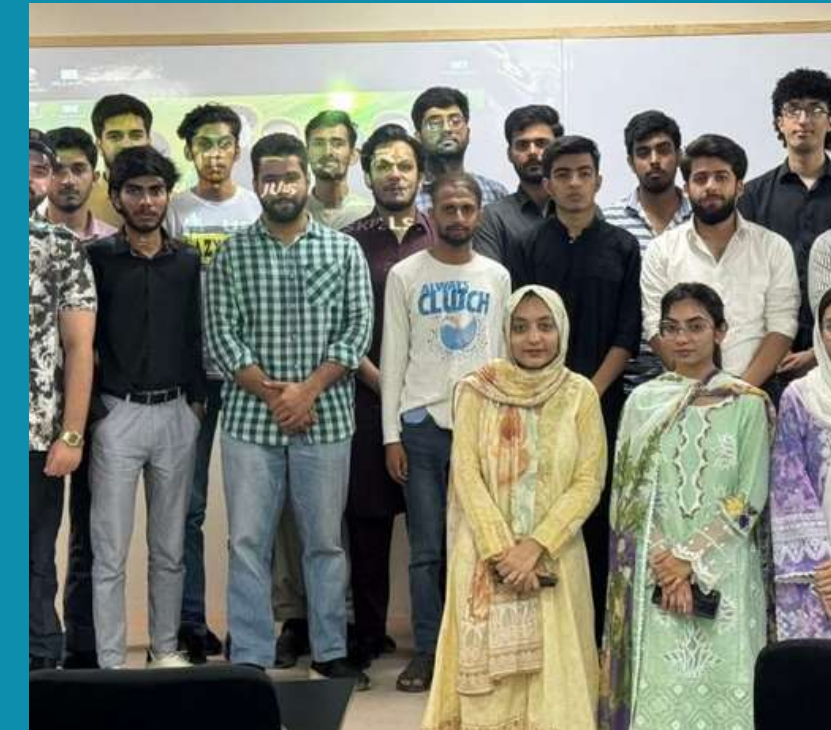
The interactive discussion also emphasized the youth's pivotal role in creating awareness, driving behavior change, and contributing to sustainable solutions within their communities.

SDG 6 – Clean Water and Sanitation

This session directly contributed to SDG 6 by educating students on critical issues related to water scarcity, hygiene, and sanitation, and by empowering them to take action within their communities.



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SDG 1 – NO POVERTY: SOCIAL IMPACT JOURNEY UNDER SOCIAL SERVICE



As part of UMT's ongoing civic engagement efforts, an impactful session titled "Social Impact Journey under Social Service" was conducted by Door of Awareness, a non-profit organization working towards education, empowerment, and social welfare. This session aimed to enlighten students about the realities of grassroots community work, the value of volunteerism, and the personal transformation that comes from engaging in meaningful social service. Through real-life stories, project experiences, and interactive discussions, students gained deeper insight into the challenges marginalized communities face and how sustained volunteer efforts can drive long-term impact.

The session was a part of UMT's Social Service program and provided students with both inspiration and guidance on becoming more responsible, empathetic citizens.

Relevant SDG: SDG 5 – Gender Equality

The session focused on social service and community engagement, aiming to uplift underprivileged communities. Door of Awareness works directly with marginalized populations to provide education, basic needs, and empowerment—all essential elements in the fight against poverty.





SDG 16-THE THEORETICAL FOUNDATION OF SOCIAL WORK AND COMMUNITY ENGAGEMENT



An enriching session titled "The Theoretical Foundation of Social Work and Community Engagement" was conducted at the University of Management and Technology (UMT). The guest speaker, Dr. Uzma Ashiq, Chairperson, Department of Social Work, Punjab University, shared valuable insights on the philosophical, ethical, and theoretical principles that form the backbone of social work practices and civic participation.

The session explored how social work contributes to building inclusive, just, and compassionate communities by addressing societal challenges, empowering vulnerable populations, and promoting civic responsibility. Students gained a deeper understanding of how theoretical knowledge translates into practical community engagement and sustainable social impact.

SDG 16 – Peace, Justice and Strong Institutions

This SDG aligns closely with the core values of social work and community engagement – promoting inclusive institutions, strengthening social justice, and empowering individuals to contribute to peaceful, just, and resilient communities.



SDG 10-WHAT IS DISABILITY?

A thought-provoking session titled "What is Disability?" was conducted at the University of Management and Technology (UMT) in collaboration with the Milestone Society for the Special Persons. The session aimed to challenge societal perceptions and enhance awareness about disability, focusing on inclusion, accessibility, and equal rights for persons with disabilities.

Through interactive discussions and real-life examples, participants explored the social, psychological, and structural barriers faced by individuals with disabilities. The session emphasized the importance of empathy, advocacy, and inclusive practices in both personal and professional settings. Students left with a deeper understanding of how inclusive approaches can lead to a more equitable and compassionate society.

SDG 10 – Reduced Inequalities

This goal focuses on empowering and promoting the social, economic, and political inclusion of all, irrespective of age, Gender, disability, race, ethnicity, origin, religion, or economic or other status. The session directly supported SDG 10 by raising awareness about disability, advocating for equal rights, and encouraging inclusive practices in society.



VISIT TO HUM MASHAL-E-RAH FOUNDATION

The SDI Team had the privilege of visiting Hum Mashal-e-Rah Foundation, an organization dedicated to fostering an inclusive and nurturing environment for children with special needs.

The visit offered a meaningful glimpse into the foundation's impactful work—featuring well-equipped therapy rooms, creative learning spaces, and an overall atmosphere of care and dedication. Every element reflected their commitment to empowering differently-abled children and enhancing their quality of life.

The SDI team was deeply inspired by the compassion, expertise, and determination of the foundation's staff, and appreciated the opportunity to learn from their valuable efforts in inclusive education and support.



SDG-13 World Earth Day

Sustainable Development Initiative (SDI), UMT proudly collaborated with Synergy and the Green Pakistan Program – Ministry of Climate Change (MOCC) via the Greening App to conduct a successful Plantation Drive.

This impactful initiative aimed at creating a cleaner and greener environment by encouraging students and staff to take practical steps towards sustainability. Through collective action, participants contributed to climate resilience by planting trees – symbolizing hope, responsibility, and a commitment to ecological well-being.

Such efforts not only promote environmental consciousness but also foster community engagement in national climate efforts, aligning youth action with sustainable development priorities.

SDG 13 – Climate Action

Taking urgent action to combat climate change and its impacts by regulating emissions and promoting sustainable practices.





SDG-13 Plantation Drive

On May 22, 2025, the Sustainable Development Initiative (SDI) at the University of Management and Technology (UMT) organized a Plantation Drive in collaboration with Synergy and the Green Pakistan Program – Ministry of Climate Change (MOCC), utilizing the Greening App to promote environmental action.

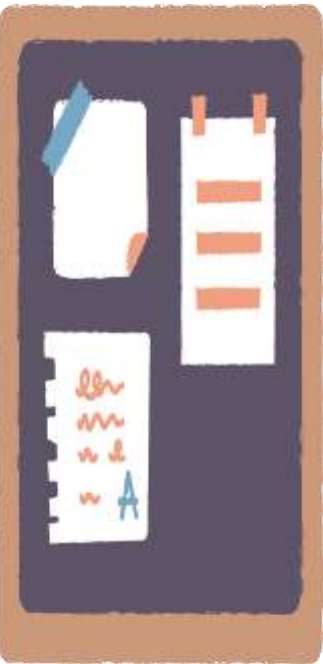
During the drive, 200 saplings were generously provided by Synergy, and a large number of UMT students actively participated by planting these saplings across UMT Greens, symbolizing their commitment to climate action and ecological sustainability.

This hands-on activity not only fostered environmental stewardship among the students but also contributed directly to national efforts for a cleaner, greener Pakistan.





MEMO OF UNDERSTANDING SIGNED IN SPRING'2025



SUSTAINABLE DEVELOPMENT INITIATIVE GLOBAL WELFARE ORGANIZATION

Sustainable Development Initiative (SDI) at the University of Management and Technology (UMT) signed a Memorandum of Understanding (MoU) with the Global Welfare Organization – a non-governmental organization working in collaboration with the Anti-Narcotics Forces of Pakistan and other public institutions.

Global Welfare Organization is committed to public education, with a special focus on anti-narcotics awareness, peacebuilding, human rights, and sustainable development. It also provides vital humanitarian assistance to communities in need. Through this partnership, UMT students will have opportunities to actively participate in awareness campaigns, outreach programs, and social development projects addressing pressing societal challenges.

The collaboration aims to foster civic responsibility, youth leadership, and community empowerment, while aligning with national efforts to combat drug abuse and promote a culture of peace and dignity.



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SANDBOX PAKISTAN: ADVANCING MENTAL HEALTH ADVOCACY



On May 6, 2025, the Sustainable Development Initiative (SDI) at UMT officially signed a Memorandum of Understanding (MoU) with Sandbox Pakistan—a youth-led mental health awareness platform committed to reducing stigma and promoting emotional well-being across communities.

This partnership marks a significant step towards empowering UMT students to actively participate in mental health advocacy through volunteer work, interactive workshops, therapy facilitation, and peer-led support groups. By engaging in this initiative, students will not only develop a deeper understanding of mental health challenges but also gain practical experience in building resilient and compassionate communities.

Together, SDI and Sandbox Pakistan aim to create a culture of openness, support, and emotional intelligence—ensuring mental health becomes a shared responsibility and not a silent struggle.





SUSTAINABLE DEVELOPMENT INITIATIVE HUM MASHAL-E-RAH FOUNDATION

On May 14, 2025, the Sustainable Development Initiative (SDI) at UMT officially signed a Memorandum of Understanding (MoU) with Hum Mashal-e-Rah Foundation, a registered non-profit organization that has been serving the special needs sector in Punjab since 2017.

The MoU was signed by Dr. Asghar Zaidi, Provost of UMT, marking a significant step forward in promoting disability inclusion, empowerment, and social integration. Hum Mashal-e-Rah Foundation is dedicated to the rehabilitation, education, and skill development of individuals with physical and intellectual challenges.

Through this partnership, UMT students will have the opportunity to participate in meaningful volunteer experiences—contributing directly to initiatives that uphold human dignity, foster inclusive communities, and build resilience through service learning.

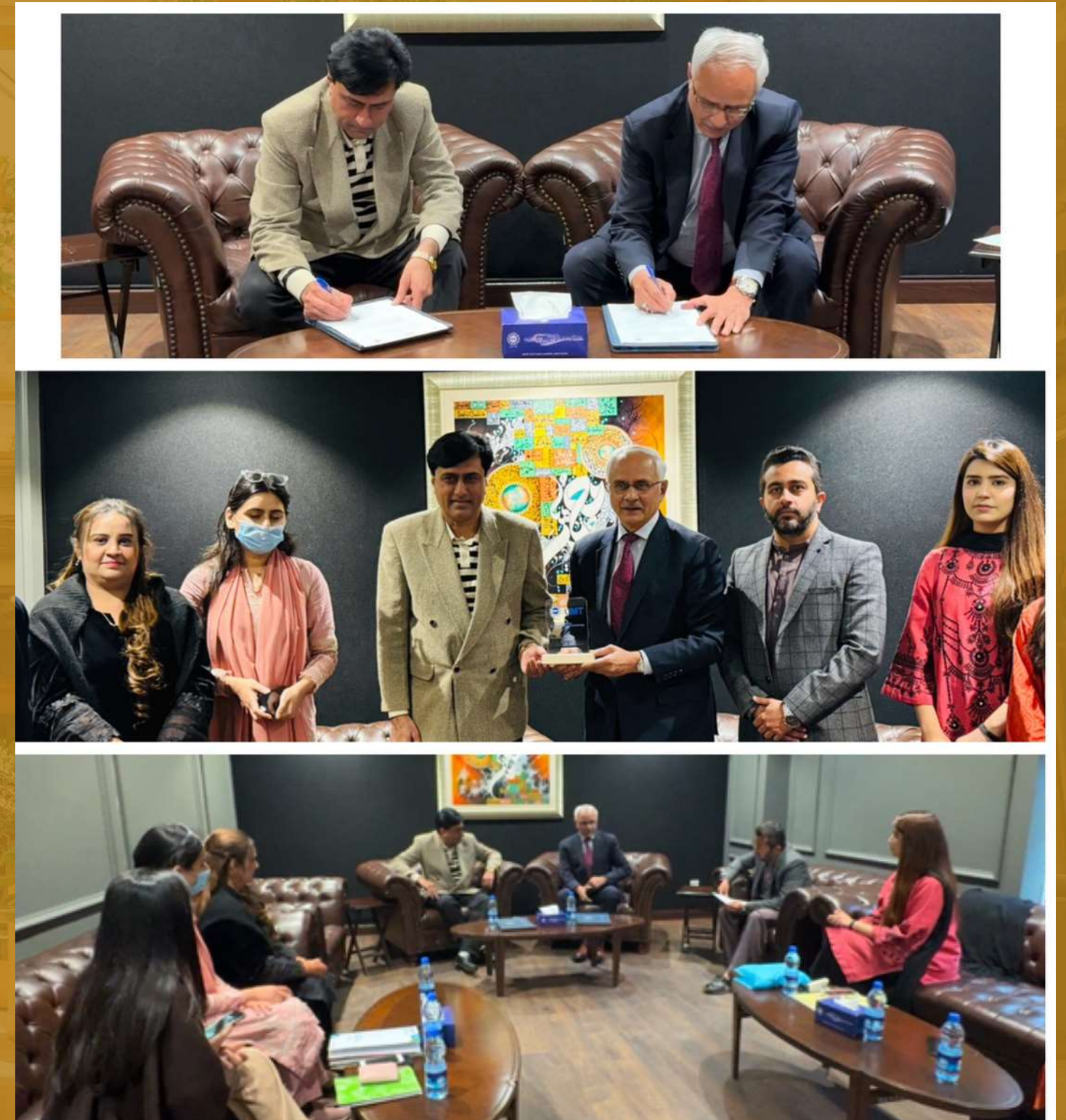


GRACE INTERNATIONAL REHAB AND WELLNESS

Sustainable Development Initiative (SDI) at the University of Management and Technology (UMT) signed a Memorandum of Understanding (MoU) with Grace International Rehab and Wellness Center—a multidisciplinary facility focused on holistic rehabilitation and mental well-being.

This collaboration paves the way for UMT students to engage in community service and volunteer work related to mental health, physical rehabilitation, and emotional well-being. Through this partnership, students will gain hands-on experience working alongside professionals in therapeutic, clinical, and wellness environments—enhancing their understanding of inclusive healthcare practices and social support systems.

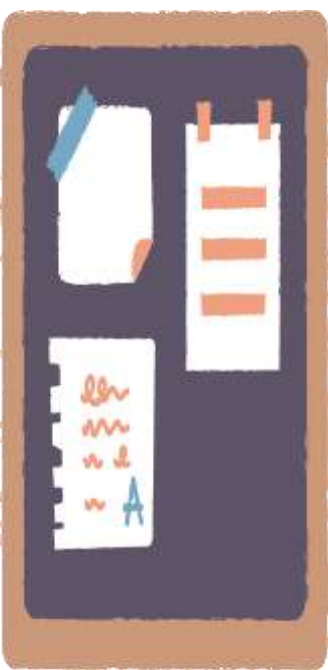
The MoU reflects a shared commitment to promoting health equity, social responsibility, and community empowerment through education, awareness, and service.





Summary

Fall'2024-SPRING'2025



Performance of SDI ('Fall 24 - 2024)					
'Fall 24			'Spring 25		
Activities	SDGs	No. of student engaged	Activities	SDGs	No. of student engaged
Natural Soap-Making for Sustainability and Well-Being	1, 12, 13	2175	Hygiene Kits	3,4,6,10	1337
Growing Coriander for Sustainability and Well-Being	3,1,12,13	2175	Recycled Table Plant	12,13,15,11,3	1337
Child Labor Interview	4,8,10,16	2175	Bird Feeder	15,12,13,3,11	
Eco Bricks: A Sustainable Solution for Plastic Waste	12,13,11	2175	Old Age Worker Interview	8,1,4,10,16	900
NGO TRAINING	SDGs	No. of student engaged	NGO TRAINING	SDGs	No. of student engaged
Pakistan Citizens Alliance	13,4,10	75	Alzheimer's Pakistan, Lahore	3	100
AGHOSH Orphan Care Home	1,4	100	Alif Laila Book Bus Society	4,10	41
<u>Akhuwat</u> Foundation	1,10	100	Roshni Homes Trust Student Engagement Plan	1,4,10,17	60
<u>Jhugi</u> Taleemi Project	1,4,10	250	Transparent Hand	3,10	60
Roshni home Trust	4, 10	100	<u>Jhuggi</u> Taleemi Project	4,3,10,6	250
Allah <u>Walay</u> Trust Pakistan	1,3,4,10	600	Door of Awareness	4,3,10,13	250
Hemophilia Patient Welfare Society	3,4,10	223	Pakistan Citizens Alliance	4,3,13,10	200
<u>Baithak</u> School Network	3,4,6,10	223	Milestone Society for Special	10,3,4	81



Performance of SDI ('Fall 24 -2024)					
'Fall 24			'Spring 25		
NGO TRAINING	SDGs	No. of student engaged	NGO TRAINING	SDGs	No. of student engaged
Transparent Hand Medical Camps	3,10	60	Allah Waly Trust	2,3,4,5	206
Hope Uplift Foundation Volunteer Program	1,3,4,10,11	200	AGHOSH Orphan Care Home	3,4,10	50
Fruit of Sustainability	4,8,10,12	30	–	–	–
Helping Hand for Relief and Development	4,8,10	20	–	–	–
Door of Awareness	1,4,10	228	–	–	–
Awareness Sessions 'Fall 24			Awareness Sessions 'Spring 25		
Philanthropy in the Modern World: Innovation & Sustainability			Beyond Labels: A Day of Understanding and Inclusion		
Thalassemia Awareness Session and Free Thalassemia Testing,			From Volunteer to Social Leadership Empowering the Next Generation for Sustainable Impact		
Winter Clothes Donation Drive			Sustainable Development Goal (SDG) No. 6 – “WASH” (Water, Sanitation, and Hygiene).		
Rise to Lead – Youth in Action for Nation Building			The Theoretical Foundation of Social Work and Community Engagement		
Jhuggi <u>Taleemi</u> Project Certification Ceremony			Social Impact Journey Under Social Service		
			From Volunteerism to Social Leadership		
Major Activities	SDGs	No. of student engaged	–	–	–
UMT sustainability Day	1-17	256	–	–	–
Green Initiative in Collaboration with <u>Alkhidmat</u> Foundation	3,17	–	–	–	–

Performance of SDI ('Fall 24
-2024)

MoU Signed 'Fall 24	MoU Signed 'Spring 25
Fountain House	Kashif Iqbal <u>Thalasemia</u>
Roshan Rasta	Sandbox
<u>Sundas Foundation</u>	Hum Mashal-e-Rah Foundation's
Alif Laila Book Bus Society	Grace International Rehab and Wellness Center
Pakistan Sustainable Development Forum	—
MILESTONE Society for Special Persons	—

MoU in Pipeline

Arfa Kareem Foundation

MTJ Foundation

Shahoor Foundation

Aurat Foundation





SUSTAINABLE DEVELOPMENT INITIATIVE

**THANK
YOU**

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