

Quarterly Report

Fall 2025
(Oct 25 - Feb 26)





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Introduction

Sustainable Development Initiative (SDI) at University of Management and Technology (UMT) Lahore was established following the UN's Sustainable Development Goals (SDGs). Acknowledging academia's pivotal role in community upliftment and the provision of essential skill sets and platforms to support global goals.





WHY SUSTAINABLE DEVELOPMENT INITIATIVE ?



- SDI assumes its responsibility for inculcating a sense of social responsibility in its students that goes beyond the borders of social class, religion, ethnicity and race.
- Through different community development projects and activities students are engaged as contributors towards the over all development of the society and as advocates for a sustainable future.



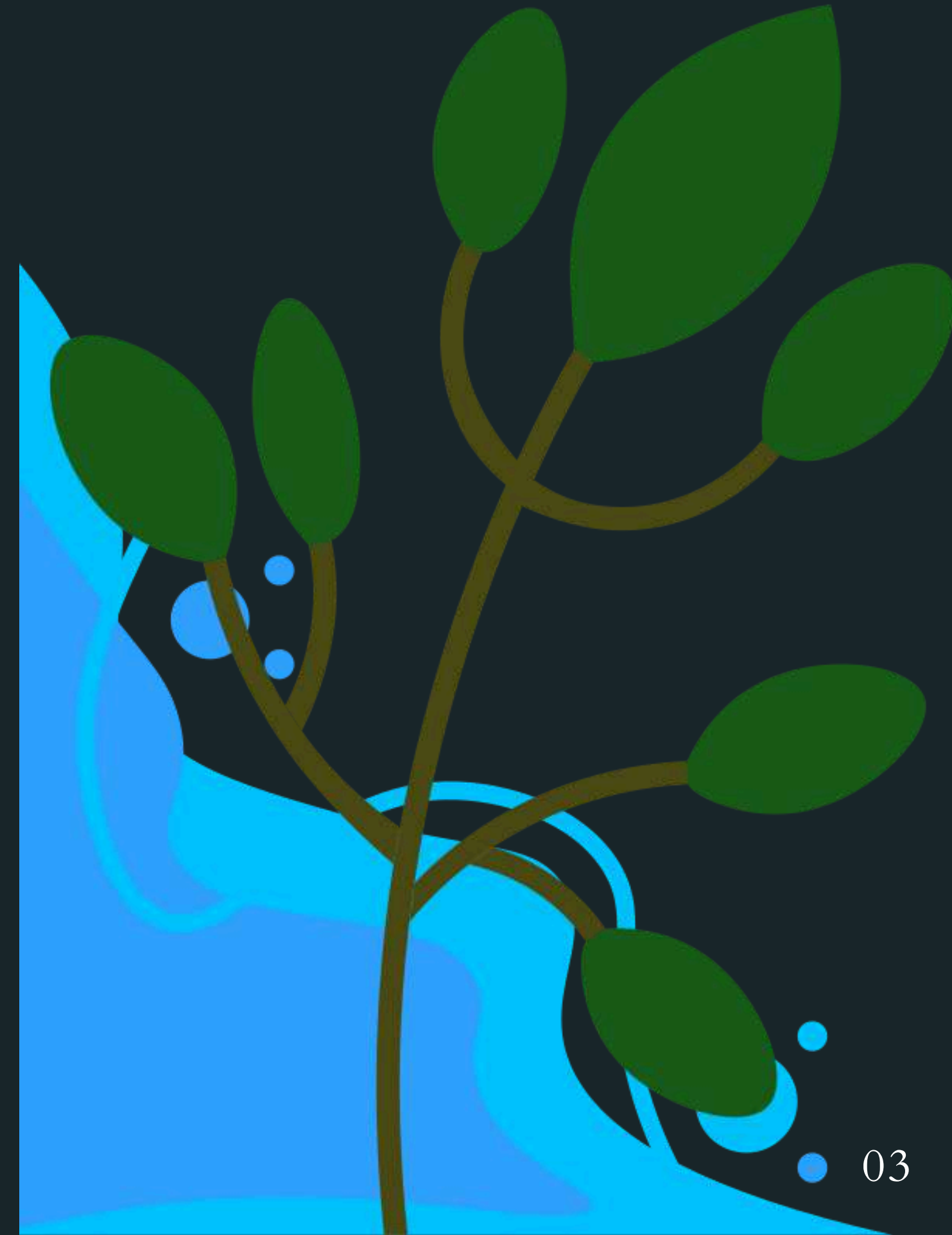
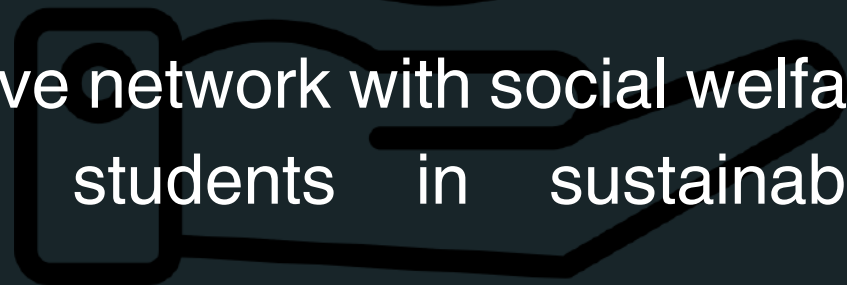
VISION

- To harness the positive energies of students for meaningful community service and to cultivate socially responsible, empathetic leaders for the future.



MISSION

- To establish collaborative network with social welfare partners.
- To actively engage students in sustainable community development initiatives.
- To foster a sense of ethical citizenship among students.





PILLARS OF SUSTAINABILITY





SCHOOLS ON BOARD

1. School of Systems and Technology (2426 students)
 - Informatics and Technology (500 students)
 - Artificial Intelligence (569 students)
 - Software Engineering (357 students)
 - Computer Science (1064 students)
2. Hassan Murad School of Management (176 students)
3. School of Pharmacy (349 students) - SDI is facilitating in organizing awareness sessions
4. School of Professional Psychology (123 students)
 - Applied Psychology (48 students)
 - Clinical Psychology (75 students)
5. School of Governance and Society (27 students)

Total Registered Students in Fall 2025 = 2816



Students Engaged in Civic and Community Engagement (CCE) Course-Fall '25

2816 Students who enrolled in CCE course were assigned some graded activities. These activities foster civic responsibility through active engagement on social and environmental issues.





ACTIVITIES FALL 2025





BRINGING GENERATIONS: COMPASSION VISIT TO AN OLD AGE HOME

The Old Age Home visit aimed to foster empathy and respect for senior citizens. Students engaged with residents to understand their social, emotional, and health challenges and explore youth-led support for their well-being.

The activity aligned with SDGs 3, 10, and 16 by promoting inclusion and intergenerational harmony. Visits were conducted to Heavenly Homes, Edhi Foundation, and Afiyat Old Age Home, where students interacted with residents and participated in recreational activities.

The initiative strengthened intergenerational solidarity and reinforced the value of volunteerism in supporting dignified aging.





BRINGING GENERATIONS: COMPASSION VISIT TO AN OLD AGE HOME

Main SDGs:

- SDG 3 – Good Health and Well-Being: Promoted emotional and mental well-being of senior citizens through companionship and social interaction.
- SDG 10 - Reduced Inequalities: This task encouraged inclusion of marginalized groups particularly elderly individuals often neglected by families and societies.

Supporting SDGs:

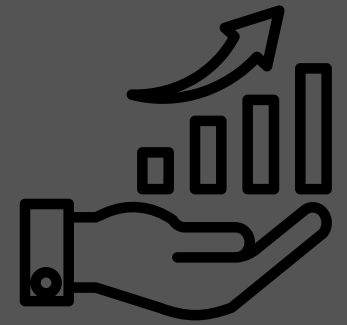
- SDG 11 – Sustainable Cities & Communities: The task fostered compassionate and inclusive communities that care for all generations.
- SDG 16 – Peace, Justice & Strong Institutions: Spending time with senior citizens built social harmony and promoted empathy, respect and peaceful coexistence across generations.
- SDG 17 - Partnerships for the Goals: This visit to the Old Age Home strengthened partnership between educational institutions and community welfare organizations to support vulnerable groups.





MICRO-BUSINESS UPLIFT: SUPPORTING A STREET VENDOR

The Micro-Business Uplift Initiative empowered small street vendors through simple, low-cost branding and pricing improvements to enhance visibility, customer trust, and income. Students engaged local food vendors, conducted brief informal assessments of sales, pricing, and customer feedback, and proposed practical strategies such as bundle offers, minor price adjustments, improved hygiene, and customer engagement techniques. Follow-up visits evaluated changes in sales and customer response. The activity highlighted how small, targeted interventions can create measurable community impact and promote inclusive local economic growth.





MICRO-BUSINESS UPLIFT: SUPPORTING A STREET VENDOR THROUGH BRANDING & PRICING STRATEGY

Main SDGs:

- SDG 1 – No Poverty: Supported income growth for low-income individuals through micro-business improvement and entrepreneurship.
- SDG 8 - Decent Work and Economic Growth: This task promoted small-scale economic activity, decent livelihoods and sustainable growth opportunities.

Supporting SDGs:

- SDG 10 – Reduced Inequalities: This task empowered marginalized vendors by providing business guidance and visibility to their work.
- SDG 11 – Sustainable Cities and Communities: This task encouraged more organized and people-friendly urban vending environments.
- SDG 12 - Responsible Consumption and Production: This task promoted hygiene, minimal waste and sustainable material use i.e. paper cups, biodegradable packaging etc.





DIGITAL SAFETY CAMPAIGN: BUILDING ONLINE RESPONSIBLE CITIZENS



CCE students conducted a Digital Safety Campaign to promote responsible online behavior and cyber hygiene. In small teams, they delivered brief awareness sessions in UMT classrooms and nearby schools, covering misinformation, cyberbullying, online fraud, and data privacy through posters and short presentations.

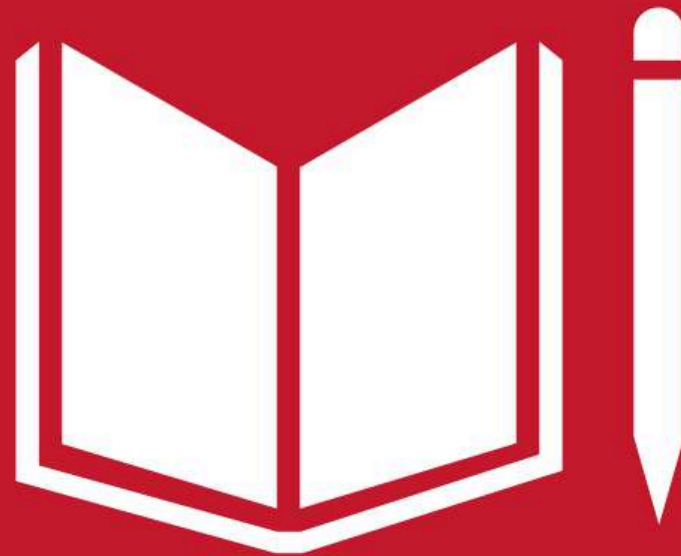
The initiative addressed digital literacy gaps, promoted safe online practices, and strengthened students' leadership and communication skills.





DIGITAL SAFETY CAMPAIGN: BUILDING ONLINE RESPONSIBLE CITIZENS

4 QUALITY EDUCATION



Main SDG:

- SDG 4 – Quality Education: This task promoted essential digital literacy, enabling youth to use digital platforms safely and responsibly.

Supporting SDGs:

- SDG 3 – Good Health and Well-Being: Reduced mental stress from cyberbullying and online harassment by promoting digital mindfulness.
- SDG 5 – Gender Equality: This task helped in identifying safer online spaces for women and girls, reducing digital harassment.
- SDG 9 – Industry, Innovation and Infrastructure: Encouraged secure use of digital tools.
- SDG 10 – Reduced Inequalities: Spread digital safety awareness to underprivileged groups.
- SDG 11 – Sustainable Cities & Communities: This task will help in building resilient communities by reducing online misinformation.
- SDG 16 – Peace, Justice & Strong Institutions: This task will help in protecting youth from online crimes with awareness of cyber laws.
- SDG 17 – Partnerships for the Goals: Encouraged collaboration with schools, NGOs and IT experts to expand outreach.



EMERGENCY FIRST AID KITS & AWARENESS DRIVE

A total of 2,816 students participated in the Emergency First Aid Kits & Awareness Drive, assembling kits with essential medical supplies to support community health preparedness.

They conducted brief awareness sessions in underserved communities on managing minor injuries, burns, dehydration, and fainting, and distributed kits to families and public spaces.

The initiative strengthened community well-being while enhancing students' empathy, public health awareness, and civic responsibility.



EMERGENCY FIRST AID KITS & AWARENESS DRIVE

Main SDG:

- SDG 3– Good Health and Well-Being: By preparing and distributing First Aid Kits, and conducting awareness sessions; this initiative strengthened community health, reduces risks and promoted quick response to minor emergencies.

Supporting SDGs:

- SDG 4 – Quality Education: This task provided hands-on learning and educated communities.
- SDG 11 – Sustainable Cities and Communities: The activity contributed to building safer, more resilient communities prepared for emergencies.
- SDG 17 – Partnerships for the Goals: This task encouraged collaboration with NGOs, local clinics or paramedics to extend impact and outreach.





NGO TRAINING

Training with NGOs is beneficial for students as they learn firsthand about community service and civic responsibilities. The practical experience enhances their teamwork, problem-solving, and empathy skills. SDI engaged 2816 students, who were enrolled in CCE Course, with different NGOs.



3 GOOD HEALTH AND WELL-BEING



ALZHEIMER'S PAKISTAN, LAHORE

As part of their civic and community engagement under SDI, out of 500 registered students from the INFS department at UMT participated in visits to Alzheimer's Pakistan, with 250 students engaged overall (10 per day). During these visits, they interacted with elderly patients through storytelling, cognitive stimulation games, and mental exercises designed to enhance cognitive engagement. The activity offered students a meaningful experience in understanding dementia and the importance of compassionate care, while also contributing positively to the emotional well-being of the patients. It also helped students develop empathy, communication skills, and a sense of social responsibility.

Relevant Main SDG:

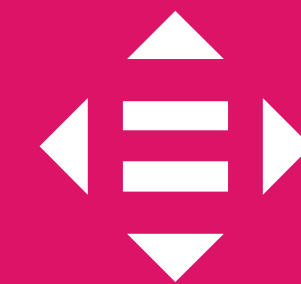
SDG 3 – Good Health and Well-being

Impact: The activity supported mental health and emotional well-being of elderly individuals with Alzheimer's through interactive engagement. It also promoted health awareness and empathy among students, contributing to broader health and care goals.





10 REDUCED INEQUALITIES



JHUGGI TALEEM FOUNDATION

Out of 500 registered students, 250 students from UMT INFS department actively participated in community engagement activities conducted throughout the week in small groups by Jhuggi Taleem Foundation. Divided into slots of 20 students each, they facilitated sessions on essential life topics such as hygiene, grooming, spoken communication, self-respect, cleanliness, and the value of hard work. These efforts helped promote awareness, personal development, and life skills among underprivileged communities, particularly children.

Relevant Main SDG:

SDG 10 – Reduced Inequalities

Impact: Through their involvement in the Jhuggi Taleem Foundation, students worked to bridge educational and social gaps by reaching underserved communities. By teaching essential life skills and values to marginalized groups, their engagement helped reduce disparities in access to personal development and empowerment opportunities, directly supporting SDG 10's goal of promoting social inclusion and equal opportunities for all.



13 CLIMATE ACTION



WBM FOUNDATION

A total of 357 students from SE Department UMT, visited the WBM Foundation to participate in volunteer activities centered on environmental sustainability (14 students per day). As WBM Foundation primarily works on SDG-13 Climate Action, students were engaged in initiatives focused on promoting environmental awareness, supporting climate-positive practices and contributing to the organization's mission of reducing environmental degradation.

Relevant Main SDG:
SDG 13 – Climate Action

Impact: Through their involvement in WBM Foundation, students gained hands-on exposure to climate-related community work, contributing to efforts such as environmental awareness campaigns and sustainability-driven activities. Their participation not only strengthened their understanding of climate action but also supported WBM Foundation's vision of creating a greener and more sustainable environment.



2 ZERO HUNGER



ALLAH WALAY TRUST

As part of their Civic and Community Engagement course, out of 1064 registered students 250 students from CS Department UMT (20 students per day) visited ALLAH walay Trust to participate in volunteer activities centered on food provision and nutritional support for underserved communities. As ALLAH walay Trust primarily works on SDG-2, Zero Hunger, students assisted in initiatives such as food distribution, school meal support, and programs aimed at addressing among vulnerable groups.

Relevant Main SDG:
SDG 2 – Zero Hunger

Impact: Through their participation, students contributed to reducing hunger, improving access to nutritious meals, and supporting the Trust's ongoing mission to uplift marginalized communities through food security efforts. This engagement not only enhanced students' understanding of social responsibility but also directly advanced SDG 2, promoting empathy, community welfare and equitable access to essential nutrition.



WADUHA WELFARE ORGANIZATION

In Fall 2025, a total of 250 students out of 1064 registered students from CS department UMT (20 students per day), visited the Waduha Welfare Organization to participate in volunteer activities focused on educational support and empowerment. As Waduha Welfare Organization primarily works on SDG 4 - Quality Education, students engaged in initiatives aimed at enhancing learning opportunities for underserved children, supporting basic education, and contributing to activities designed to improve academic development within marginalized communities.

Relevant Main SDG:
SDG 4 – Quality Education

Impact: Through their involvement in Waduha Welfare Organization, students helped strengthened access to quality education by assisting in teaching support, learning activities and initiatives that encourage school engagement. Their involvement not only contributed to the educational uplift of underprivileged learners but also deepened their own understanding of social responsibility and community service.



DASTAK WELFARE FOUNDATION

A total of 200 students out of 1064 registered students from CS department UMT, visited Dastak Welfare Foundation (16 students per day) to participate in volunteer activities focused on supporting health-related community services. As Dastak Welfare Foundation primarily works on SDG 3-Good Health and Well-Being, students engaged in initiatives that contribute to the welfare of patients suffering from blood disorders such as thalassemia and hemophilia, as well as activities connected to the Foundation's efforts in prevention, awareness and health care support

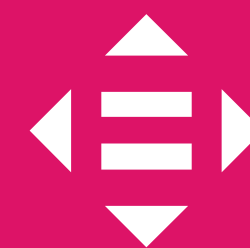
Relevant Main SDG:
SDG 3 - Good Health and Well-Being

Impact: Students gained exposure to the challenges faced by individuals with chronic health conditions and contributed to meaningful tasks that support patient care, awareness drives, and community health improvement.



MILESTONE SOCIETY FOR SPECIAL PERSONS

10 REDUCED INEQUALITIES



As part of their civic and community engagement initiative, out of 1064 registered students 100 students from Computer Science department participated in a structured 4-day engagement (24 students in each group) with the Milestone Society for Special Persons. Students took part in disability awareness activities, managed events, received self-management training, and contributed to fundraising efforts aimed at supporting the disability community. This experience enabled students to develop empathy, organizational skills, and a deeper understanding of inclusivity while advocating for the rights and empowerment of persons with disabilities.

Relevant Main SDG:
SDG 10 – Reduced Inequalities

Impact: The engagement supported efforts to reduce inequality by promoting inclusion and awareness around disability rights, empowering students to become advocates for accessible and equitable communities.



4 QUALITY
EDUCATION

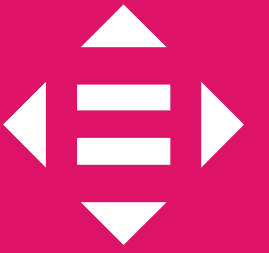


ALIF LAILA BOOK BUS SOCIETY

As part of their Civic and Community Engagement initiative, 50 students out of 1064 registered students from Computer Science department at UMT actively participated in a collaborative program with the Alif Laila Book Bus Society. Students were divided into small batches 10 students, each engaged for three consecutive days to ensure meaningful involvement. Their contributions included library management and membership drives, community outreach, art and craft sessions, website development, and winter activities with children. This experience fostered creativity, social responsibility, and practical skills among the students while promoting an inclusive and engaging learning environment for underprivileged children.

Relevant Main SDG:
SDG 4 – Quality Education

Impact: Students from Computer Science department supported inclusive education by contributing to library management, educational activities, and website development at Alif Laila Book Bus Society. Their efforts promoted early literacy, digital inclusion, and community learning, directly advancing SDG 4.



HUM MASHAL E RAH FOUNDATION

In Fall 2025, Out of 1064 registered students of CS department, 150 students (Group of 5 students for 4 days) visited Hum Mashal e Rah Foudation for Special Children to participate in volunteer activities focused on supporting children with diverse developmental needs. As the foundation primarily works on SDG 10 - Reduced Inequalities, students engaged in initiatives aimed at promoting inclusion, supporting learning and therapeutic activities, and assisting in programs designed to empower children with disabilities and reduce barriers to their participation in society.

Relevant Main SDG:
SDG 10 - Reduced Inequalities

Impact: Through their involvement, students contributed to creating an inclusive and supportive environment for special children by assisting teachers, participating in interactive learning sessions, facilitating skill-building activities, and offering companionship and encouragement.



4 QUALITY
EDUCATION



ROSHNI HOMES TRUST



A total of 64 students out of 1064 registered CS students visited Roshni Homes Trust (12 volunteers per badge) for volunteer work focused on supporting the education and personal development of orphaned and vulnerable children. Roshni Homes Trust primarily works on SDG 4 - Quality Education, providing access to formal education, vocational training and life-skills programs for children under their care.

Relevant Main SDG:
SDG 4 – Quality Education

Impact: During their engagement, students assisted in educational activities, interactive learning sessions, and skill-building exercises designed to enhance both academic and personal growth. Their participation helped create a supportive and an enriching environment for the children, while also fostering students' understanding of inclusive education and social responsibility.



AMAN WELFARE FOUNDATION FOR SPECIAL CHILDREN

4 QUALITY
EDUCATION



In Fall 2025, a total of 203 students including 176 students from HSM and 27 students from SGS visited Aman Welfare Foundation for Special Children (15 students per day) as part of their volunteer work under Civic and Community Engagement course. The foundation is dedicated to providing inclusive learning opportunities and specialized support to children with disabilities aligning strongly with SDG 4 - Quality Education.

Relevant Main SDG:
SDG 4 – Quality Education

Impact: Through this engagement, students gained valuable insights into inclusive education practices while contributing to the foundation's mission of ensuring equitable education access for all.



PINK RIBBON PAKISTAN

75 students from Clinical Psychology department of UMT (8 students each day) visited Pink Ribbon Pakistan for their volunteer work. Pink Ribbon Pakistan is a renowned national organization committed to raising awareness about breast cancer, supporting early detection initiatives, and improving access to treatment and preventive care. The organization's efforts directly contribute to SDG 3 with a strong focus on women's health advocacy. During their volunteer engagement, students actively participated in awareness drives, community outreach activities, and informational sessions aimed at educating the public about the importance of early screening and self-examination.

Relevant Main SDG:
SDG 3 – Good Health and Well-Being

Impact: This experience not only enhanced students' understanding of community health challenges but also strengthened their sense of social responsibility and practical knowledge in preventive healthcare.





ALI ZAFAR FOUNDATION

4 QUALITY EDUCATION



As part of their civic and community engagement initiative, 48 Applied Psychology UMT students (5 students each day) visited Ali Zafar Foundation. Throughout their engagement, students contributed to various educational support activities, including assisting in classroom learning, facilitating interactive sessions with children, and providing guidance to help enhance students' emotional, social and academic well-being. Their involvement supported the foundation's mission of creating equitable access to learning opportunities for marginalized communities by strengthening the learning environment and supporting children's holistic development.

Relevant Main SDG:
SDG 4 – Quality Education

Impact: By volunteering with Ali Zafar Foundation, students helped promote inclusive and supportive learning spaces for children belonging to underserved communities. Their participation reinforced efforts to improve educational quality, access and student development - directly contributing to SDG's 4 objective of ensuring inclusive, equitable and high-quality education for all.



2 ZERO HUNGER



AL-MAIDA TRUST

Out of 569 students registered students of AI, 250 students (15 students in each group) visited Al-maida Trust to participate in volunteer activities focussed on addressing food and hunger insecurity among unprivileged communities. Al-maida Trust primarily works on SDG 2- Zero Hunger, and students were actively engaged in initiatives such as assisting in school meal programs, food distribution drives, and nutritional awareness campaigns.

Relevant Main SDG:
SDG 2 – Zero Hunger

Impact: Through their participation, students contributed to reducing hunger, improving access to nutritious meals, and supporting the Trust's ongoing mission to uplift marginalized communities through food security efforts. This engagement not only enhanced students' understanding of community challenges related to nutrition but also reinforced the importance of social responsibility and proactive volunteerism.



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12 RESPONSIBLE
CONSUMPTION
AND PRODUCTION



FRUIT OF SUSTAINABILITY

In Fall 2025, a total of 20 students (02 students per badge) out of 569 students from the Artificial Intelligence (AI) Department, UMT, visited Fruit of Sustainability for volunteer work focused on promoting food security and nutrition awareness, an organization actively working to promote Responsible Consumption and Production (SDG 12).

The visit aimed to provide students with hands-on exposure to sustainability-driven practices, encouraging responsible resource use, waste reduction, and environmentally conscious lifestyles. During the volunteer activity, students engaged in practical initiatives aligned with SDG 12, gaining a deeper understanding of sustainable production systems and the importance of minimizing environmental impact.

Relevant Main SDG:

SDG 12 – Responsible Consumption and Production

Impact: This experiential learning opportunity strengthened students' sense of civic responsibility and environmental stewardship while bridging academic knowledge with real-world sustainability challenges. The activity reflected SDI's commitment to fostering responsible citizenship, sustainability awareness, and meaningful student engagement in support of the United Nations Sustainable Development Goals.



BRIC

In Fall 2025, a total of 250 students (20 students per group) from 569 students of the Artificial Intelligence (AI) Department, UMT, visited BRIC (Backwards Rehabilitation and Improvement Commission) for volunteer work focused on promoting literacy and educational access among marginalized communities. BRIC primarily works on SDG 4 – Quality Education, providing learning opportunities and literacy programs for individuals, especially children of brick-kiln workers, who are often deprived of formal schooling.

During their engagement, students assisted in educational activities, literacy support sessions, and awareness programs designed to enhance reading, writing, and numeracy skills. Their involvement helped bridge educational gaps, promote inclusive learning, and empower underprivileged children to develop essential academic and life skills.

Relevant Main SDG:
SDG 4 – Quality Education

Impact: This initiative directly advanced SDG 4, fostering equitable access to quality education and contributing to the long-term development and empowerment of marginalized communities.



Awareness Sessions Fall ' 2025



SDG 3-“HEALING CIRCLE: BEYOND THE GRADES-REDISCOVERING MYSELF AMID THE STRESS”

“Healing Circle: Beyond the Grades-Discovering Myself Amid the Stress” was successfully held on November 21, 2025, organized by SDI in collaboration with Healing Shades. This session was designed to promote mental well-being, self-awareness and stress-management among students, providing a safe and supportive space to reflect on personal growth beyond academic performance.

Highlights of the session included guided meditation, ice-breaking exercises and group activities, allowing participants to actively engage, share experiences and practice techniques to reduce stress. The session encouraged students to explore self-discovery, mindfulness, and emotional resilience in a collaborative environment, fostering a sense of calm, focus and inner balance.

Relevant SDG: SDG 3 – Good Health and Well-Being

By emphasizing mental health awareness and self-care strategies, the session contributed to promoting emotional and psychological well-being among students. Participants were empowered to prioritize their mental health, practice mindfulness, and developing coping strategies for stress, directly supporting SDG 3's goal of ensuring healthy lives and well-being for all.



SDG 15 - “FROM SUFFERING TO SAFETY: ABANDONED ANIMALS”



SDI organized an awareness session titled “From Suffering to Safety: Abandoned Animals” on November 24, 2025, in collaboration with Ali Veterinary Hospital. The session featured Mr. Ahmad Ali, CEO of Ali Veterinary Hospital and Founder of Abandoned Souls Foundation, as the Guest Speaker. Students from the Psychology Department attended the session, which proved to be highly interactive, insightful and emotionally engaging, focusing on the importance of empathy and humane treatment of animals. This session highlighted the challenges faced by abandoned animals, the responsibilities of communities toward animal welfare, and practical ways students can contribute to creating safer environments for animals in distress. Through discussions, real-life cases, and expert guidance, participants gained valuable awareness about compassion, advocacy and reasonable behavior toward animals.

Relevant SDG: SDG 15 – Life on Land

The session supported SDG 15 by promoting awareness about protecting vulnerable animals, preventing cruelty, and fostering humane practices that safeguard life on land. By educating students on the welfare needs of abandoned animals, the initiative encouraged stronger environmental and ethical responsibility, contributing to a more compassionate and suitable society.



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SDG 10 – “I CANNOT BLEND IN WHEN I AM BORN TO STAND OUT”

SDI organized an awareness session titled “I Cannot Blend In When I am Born to Stand Out” on December 8, 2025, in collaboration with Hum Mashal e Rah Foundation for Special Children. The session featured Ms. Amnah Aftab, CEO of Hum Mashal e Rah Foundation, as Guest Speaker. This disability-focused session aimed to promote understanding, inclusion, and respect for individuals with diverse abilities.

A group of 35 specially-abled students from Hum Mashal e Rah Foundation joined the session, creating a meaningful and interactive environment where students from HSM department directly engaged with them. The session concluded with an awareness walk, symbolizing collective commitment to advocating for inclusivity, accessibility and equal opportunities for persons with disabilities.

Through dialogue, shared experiences and active participation, the event strengthened students’ understanding of disability rights.

Relevant SDG: SDG 10 – Reduced Inequalities

The session directly advanced SDG 10 by promoting social inclusion and equal participation for individuals with disabilities. By creating opportunities for interaction, awareness-building and community engagement, the initiative reduced discrimination and reinforced the importance for dignity for all.





SDG 10 – “CHALLENGES FOR CHILDREN & YOUTH WITH DISABILITIES”

SDI organized a panel discussion on “Challenges for Children and Youth with Disabilities” on December 16, 2025, in collaboration with Young Merit Welfare Foundation. The session was moderated by Mr. Rana Hassan, Founder of Young Merit Welfare Foundation and featured an esteemed panel including Ms. Zaib-un-Nissa, Principal Lahore Garrison Institute for Special Children; Mr. M. Imran Gondal; Administrator Bait-ul-Maal and Mr. Sheikh Parvez, Human Rights Activist. Students from Software Engineering Department attended the discussion, which provided meaningful insights into the social, educational, emotional and economic challenges faced by children and youth in vulnerable communities.

Panelists highlighted issues such as access to inclusive education, child protection, mental health needs, socioeconomic barriers and the importance of community-based support. The session encouraged students to reflect on their role in promoting child welfare, advocating for youth empowerment and contributing to equitable development.

Relevant SDG: SDG 10 – Reduced Inequalities

The discussion supported SDG 10 by addressing disparities faced by marginalized children and youth and emphasizing the need for inclusive opportunities, equitable support systems and stronger protection mechanisms.



SDG 12 – “PLASTIC-FREE CAMPUS DRIVE”

The Plastic-Free Campus Drive: A Mission to Make Every Campus in Pakistan Plastic-Free session was successfully held on 22nd December 2025, organized by SDI in collaboration with Green Upshot. This session aimed to promote environmental awareness, responsible consumption, and sustainable practices among students, encouraging active participation in creating plastic-free, eco-friendly campus environments.

Highlights of the session included interactive presentations, awareness discussions, and practical demonstrations on reducing plastic usage, recycling alternatives, and sustainable lifestyle choices. Participants actively engaged in group discussions and activities, exploring ways to implement plastic-free practices in daily campus life. The session encouraged students to take responsibility for environmental sustainability and develop practical strategies to minimize plastic consumption, fostering a sense of ecological awareness and stewardship.

Relevant SDG: SDG 12 – Responsible Consumption and Production

By emphasizing sustainable consumption and environmental responsibility, the session contributed to SDG 12 (Responsible Consumption and Production) by promoting mindful use of resources. Students were empowered to adopt eco-friendly practices, advocate for plastic-free initiatives, and contribute to climate-conscious communities, directly supporting a more sustainable and resilient future.



SDG 16 - “YOUTHE LEADERSHIP & CIVIC EDUCATION TRAINING WORKSHOP (CHIRAGH SE CHIRAGH)”

16 PEACE, JUSTICE
AND STRONG
INSTITUTIONS



SDI successfully organized the Youth Leadership and Civic Education Training Workshop (Chiragh se Chiragh) from 30th December 2025 to 2nd January 2026, in collaboration with the Shoor Foundation for Education and Awareness (SFEA). The initiative aimed to empower UMT students with essential civic knowledge, leadership skills, and community action planning abilities—preparing them to become responsible, informed, and socially engaged citizens. A total of 50 students were selected through interviews and divided into two groups of 25 each. Over the course of four days, participants engaged in intensive training sessions focused on civic responsibility, democratic values, leadership development, and youth empowerment. The workshop equipped students with the knowledge and practical tools required to design and implement meaningful community action projects. The training concluded with a Prize Distribution Ceremony in January 2026. In each group, the top three performers were awarded cash prizes of Rs. 30,000, Rs. 20,000, and Rs. 10,000, along with shields and certificates of distinction. All remaining participants received certificates of participation, recognizing their commitment and active involvement throughout the workshop.

Relevant SDG: SDG 16 – Peace, Justice and Strong Institutions

Promoting civic education, youth leadership, and active participation in democratic processes directly contributes to the creation of strong institutions, community empowerment, and a just, peaceful society.



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SDG 16 - “TOGETHER WE RISE: THE ALMARAH FOUNDATION FOR EVERY CHILD”

16 PEACE, JUSTICE AND STRONG INSTITUTIONS



A powerful and enlightening seminar titled "Together We Rise: The Almarah Foundation for Every Child" was conducted by Almarah Foundation at the University of Management and Technology (UMT) on 7th January 2026. The session featured distinguished guest speakers including Ms. Sophiya Warraich, Chairperson Almarah Foundation; Mr. Mehboob Aslam Lilla, Addl. IGP (Training) Punjab and Ms. Mahnoor Lilla, CEO Almarah Foundation. Students from INFS Department attended the session, which centered on child protection, empowerment, and the importance of creating safe, nurturing environments for vulnerable children. The speakers highlighted the multidimensional challenges faced by at-risk children and emphasized the role of education, community support, and institutional collaboration in ensuring their well-being. Through interactive discussions and real-life insights, students gained a deeper understanding of child rights, social responsibility and the significance of standing as advocates for children's welfare.

Relevant SDG: SDG 16 – Peace, Justice and Strong Institutions

This session directly contributed to SDG 16 by promoting awareness on child protection, justice and the importance of institutional support systems for vulnerable children. By educating students on how strong social structures and responsible governance help safeguard every child's rights, the session reinforced the values of justice, protection and inclusive community development.

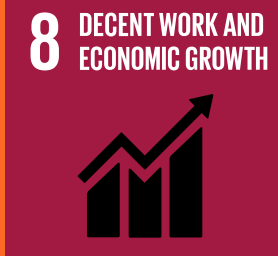


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MEMO OF UNDERSTANDING SIGNED IN FALL'2025





ARFA KARIM FOUNDATION

SDI at UMT signed an MoU with Arfa Karim Foundation on July 10, 2025. The Arfa Karim Foundation is dedicated to empowering youth through technology, innovation and digital literacy, carrying forward the legacy of Arfa Karim - Pakistan's young tech prodigy.

Through this collaboration UMT will gain meaningful opportunities to participate in technology-driven community initiatives, volunteer programs and innovation-based projects aimed at creating social impact. The partnership focuses on building students' digital competencies, fostering innovation and promoting inclusive access to technology for community development.

This MoU aims to strengthen youth leadership, enhance digital literacy and support the development of a technologically empowered society aligned with national goals of innovation, skill development and sustainable progress.





WBM FOUNDATION



Sustainability Development Initiative (SDI) at University of Management of Technology (UMT) signed a Memorandum of Understanding (MoU) with WBM Foundation on 27th August 2025. WBM Foundation is an environmental and social welfare organization committed to promoting sustainability, ecological conservation, community well-being and youth engagement through structured learning and field-based activities. Through this partnership, UMT students will gain opportunities to participate in environmental awareness drives, plantation campaigns, field visits and community development initiatives aimed at fostering ecological responsibility and sustainable living. This collaboration is envisioned to strengthened students' experiential learning, enhance civic responsibility and create impactful avenues for contributing to environmental protection and social uplift.



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CALLVET PVT. LTD.

SDI at UMT signed a MoU with Callvet Animals and Birds Hospital Pvt. Ltd. on 3rd September 2025. Callvet Pvt. Ltd. is a leading veterinary and animal welfare organization dedicated to providing professional veterinary services, animal rescue support and community-based awareness initiatives.

Through this collaboration SDI aims to create meaningful learning and service opportunities for UMT students in the areas of animal care, welfare and responsible community engagement. Students will be able to participate in hands-on activities such as veterinary assistance, rescue operations, awareness drives and outreach projects contributing to compassionate citizenship and societal well-being.

This partnership also reflects SDI's commitment to fostering empathy, service learning and civic responsibility while supporting community organizations working toward humane and ethical treatment of animals.





WADUHA WELFARE ORGANIZATION



On September 9, 2025 SDI signed a MoU with Waduha Welfare Organization. This partnership marks an important step toward advancing community welfare, humanitarian support and social development initiatives.

Waduha Welfare Organization, led by CEO Ms. Zuha Rashid, the youngest Pakistani philanthropist to earn a Guinness World Record, is actively engaged in disaster relief, education, healthcare and orphan support - reflecting a holistic approach to social uplift. Through this collaboration, SDI students will have opportunities to participate in hands-on community services, welfare campaigns and outreach activities enhancing their learning experience and fostering civic responsibility.

This Memorandum of Understanding also emphasizes SDI's commitment to impactful partnerships that contribute to inclusive service, compassionate engagement and meaningful societal change.



ONE VISION SOCIETY

On September 19, 2025 SDI signed a MoU with One Vision Society - a Christian faith-based national relief and social development organization dedicated to uplifting marginalized and vulnerable communities across Pakistan.

One Vision Society works to ensure access to essential services including education, healthcare, youth and children development, disaster relief and the fulfilment of basic human needs.

Through this partnership, SDI students will have the opportunity to actively participate in community outreach, service initiatives and development projects - enabling them to contribute to tangible, positive change while fostering values of compassion, inclusion and dedicated civic engagement. This MoU will prove to be a meaningful step toward strengthening collaborative efforts in social welfare and community empowerment.

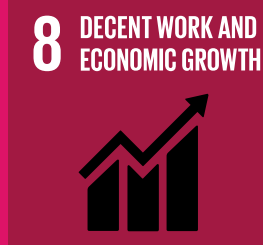


<https://sdi.umt.edu.pk>





ALI ZAFAR FOUNDATION



SDI signed a MoU with Ali Zafar Foundation on September 19, 2025, an organization established by Mr. Ali Zafar (Pride of Performance) and dedicated to transforming education through technology, innovation, and equitable access to learning. The Foundation is actively working toward building an AI-driven future by supporting smart classrooms, teacher training, digital literacy, scholarships, and infrastructure development in underserved schools. The MoU will mark a significant step toward advancing quality education, AI integration, and technological empowerment within the student community. Through this collaboration, SDI students will have the opportunity to engage in hands-on learning experiences, AI-based projects, volunteer outreach, and community-centered initiatives that promote inclusive innovation and meaningful social impact.



ENDLESS WELFARE FOUNDATION

On 22nd September 2025, the Sustainable Development Initiative (SDI) at UMT signed a Memorandum of Understanding (MoU) with Endless Welfare Foundation, a non-profit organization in Lahore dedicated to empowering children with disabilities through education, health, and rehabilitation services.

Through this partnership, SDI students will gain hands-on experience in educational support, health initiatives, and rehabilitation programs for children with disabilities. The collaboration aims to foster inclusive practices, social responsibility, and compassionate engagement, while providing students opportunities to contribute meaningfully to the welfare of marginalized children.

This MoU strengthens SDI's commitment to supporting SDG 4 (Quality Education), SDG 3 (Good Health and Well-Being) and SDG 10 (Reduced Inequalities) by empowering a marginalized segment of society and fostering social inclusion.





ALZHEIMER'S PAKISTAN



SDI signed a MoU with Alzheimer's Pakistan on 29th September 2025, a national organization dedicated to supporting individuals with Alzheimer's and related dementias, as well as their caregivers. This partnership will prove a significant step toward raising awareness, education, and community support for families affected by neurodegenerative disorders.

Through this partnership, SDI students will gain hands-on experience in awareness campaigns, educational initiatives, and community outreach programs focused on Alzheimer's and related dementias. The collaboration aims to foster compassion, social responsibility, and informed engagement, while equipping students to contribute meaningfully to the welfare of vulnerable populations.

This MoU strengthens SDI's commitment to SDG 3 (Good Health and Well-Being), SDG 10 (Reduced Inequalities) and SDG 4 (Quality Education).





DASTAK WELFARE FOUNDATION

On October 8, 2025 Sustainable Development Initiative (SDI) at UMT signed a Memorandum of Understanding (MoU) with Dastak Welfare Foundation, a non-profit organization dedicated to providing free medical care and support to children suffering from Thalassemia, Hemophilia, and Blood Cancer. Through this collaboration, SDI students will gain hands-on experience in community outreach, hospital support programs, and Dastak Dastarkhwan initiatives. The partnership aims to enhance social responsibility, compassion, and inclusive service, enabling students to actively contribute to the well-being of vulnerable children and their families. The MoU will mark a meaningful step toward improving healthcare access, promoting community welfare, and fostering student engagement.





CHANAN DEVELOPMENT ASSOCIATION



SDI signed a MoU with Chanan Development Association on 9th October 2025, a national youth-led organization dedicated to empowering young people and promoting meaningful youth participation since 2004. With nearly two decades of experience, CDA has implemented 70+ projects across Pakistan, training and inspiring over 1 million young people through education, leadership, and socio-economic development initiatives. Through this collaboration, SDI students will gain hands-on opportunities for capacity building, community engagement, and leadership training, reinforcing the mission of inclusive development and empowered youth participation. This partnership will mark a significant step toward youth empowerment, leadership development, and community engagement.



BRIC FOUNDATION

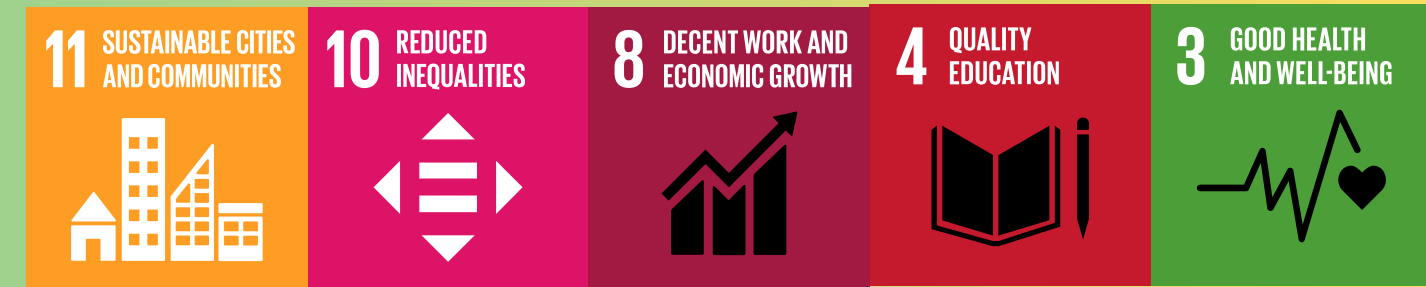
On 22nd October 2025, SDI at UMT signed a Memorandum of Understanding (MoU) with Backwards Rehabilitation and Improvement Commission (BRIC), a nonprofit organization dedicated to uplifting underprivileged communities living below the poverty line and breaking the cycle of exploitation and bonded labor. Through this collaboration, SDI students will gain hands-on experience through field-based learning, awareness drives, and community support initiatives, fostering compassion, leadership, and real-world impact.

This partnership strengthens SDI's commitment to SDG 4 (Quality Education) by promoting learning opportunities and skill development for marginalized populations, SDG 8 (Decent Work and Economic Growth) by improving livelihoods and economic empowerment, and SDG 10 (Reduced Inequalities) by reducing social and economic disparities and supporting inclusive community development.





AMAN WELFARE FOUNDATION



SDI signed a MoU with Aman Welfare Foundation for Special Children on 23rd October 2025, a nonprofit organization with over 20 years of dedicated service supporting and educating children with special needs.

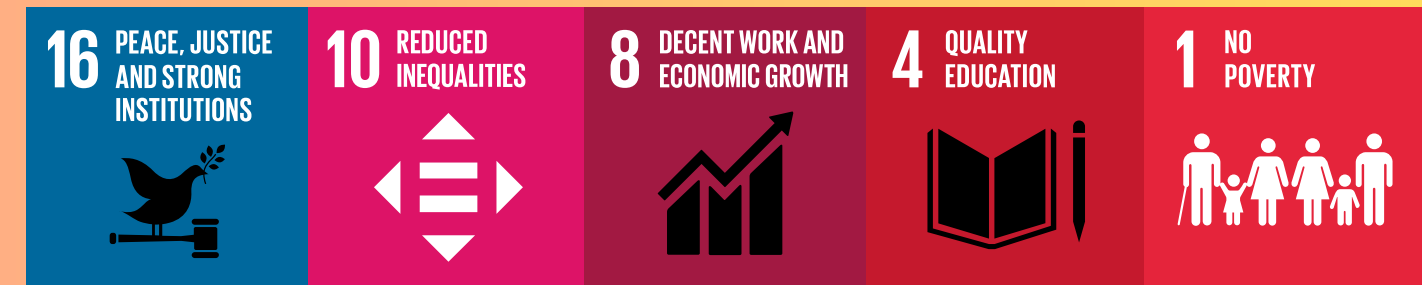
This partnership will mark a significant step toward inclusive education, empowerment, and community development.

Through this collaboration, SDI students will gain hands-on experience through therapy assistance, awareness campaigns, and inclusive education programs, reinforcing the shared commitment to compassion, dignity, and equal opportunity for all.

This partnership strengthens SDI's commitment to SDG 4 (Quality Education), SDG 3 (Good Health and Well-Being) and SDG 10 (Reduced Inequalities) by empowering a marginalized group and fostering inclusive opportunities within the community.



PAHCHAAN FOUNDATION

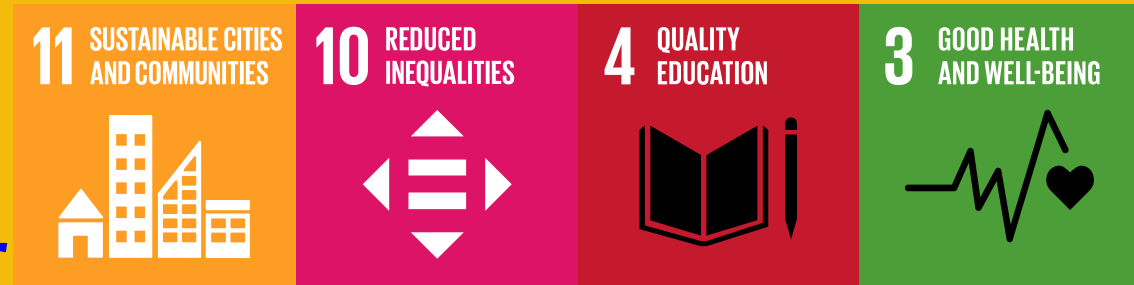


On 8th October 2025, the Sustainable Development Initiative (SDI) at UMT signed a Memorandum of Understanding (MoU) with Pahchaan Foundation, an organization dedicated to the protection and promotion of child rights and committed to preventing child abuse and neglect through awareness, advocacy, and capacity building within communities.

Through this collaboration, SDI students will gain hands-on experience in child rights awareness, school and community outreach, and evidence-based advocacy, reinforcing a shared mission to create a safer, more compassionate society.

This partnership will prove a meaningful step toward child protection, social responsibility, and student engagement.





SPIRIT NURSING CARE & OLD AGE HOME



SDI signed a MoU with Spirit Nursing Care & Old Age Home on 13th November 2025, a trusted organization providing reliable and compassionate home healthcare across major cities of Pakistan since 2012. The MoU marks a significant step toward strengthening community healthcare, elderly care, and student engagement in practical health service initiatives.

With over 12 years of dedicated service, Spirit Nursing Care has supported thousands of families by delivering professional healthcare at home, hospitals, and elderly care facilities, always treating patients with dignity and respect. Through this collaboration, SDI students will gain hands-on experience in home healthcare support, elderly care programs, and community outreach, reinforcing the values of compassion, professionalism, and social responsibility.



ABANDONED SOULS FOUNDATION



On 24th November 2025, Sustainable Development Initiative (SDI) at UMT signed a Memorandum of Understanding (MoU) with Abandoned Souls Foundation, a non-profit organization dedicated to the protection and welfare of abandoned animals. This partnership marks a meaningful step toward promoting animal welfare, awareness, and compassion within the student community.

Through this collaboration, SDI students will gain hands-on learning opportunities aimed at fostering kindness, responsible action, and community engagement. The partnership encourages students to actively contribute to animal welfare initiatives, building empathy and social responsibility while promoting a safer and more compassionate community.





HEALING SHADES



On 26th November 2025, the Sustainable Development Initiative (SDI) at UMT formally signed a Memorandum of Understanding (MoU) with Healing Shades at Iqbal Lounge. This partnership aims to promote community well-being, mental health awareness, and collaborative opportunities for student engagement under the Civic and Community Engagement framework.

Through this collaboration, UMT students will gain hands-on learning opportunities and exposure to real-world community challenges, developing practical skills in mental health support, awareness campaigns, and community engagement. The initiative emphasizes fostering a culture of empathy, resilience, and well-being on campus.

The collaboration reinforces SDI's commitment to social responsibility, inclusion, and meaningful community impact.



PSRD FOUNDATION



On December 12, 2025 – SDI signed an MoU with the Pakistan Society for Rehabilitation of Differently Abled (PSRD), a renowned nonprofit organization dedicated to providing rehabilitation, healthcare, education, and vocational training for persons with disabilities. For decades, PSRD has played a pivotal role in empowering differently-abled individuals through comprehensive support services, fostering inclusion, dignity, and independence. Through this partnership, SDI students will gain hands-on opportunities in rehabilitation support, awareness campaigns, inclusive community initiatives, and school outreach — reinforcing our shared commitment to compassion, accessibility, and equal opportunities for all. This partnership will mark a significant step toward strengthening collaborative efforts in disability support, inclusive education, and community engagement.





YOUNG MERIT WELFARE FOUNDATION

SDI signed a Memorandum of Understanding (MoU) with Young Merit Welfare Foundation on 16th December 2025. The purpose of this collaboration is to strengthen community engagement, volunteerism, and youth empowerment through various social welfare initiatives. Through this partnership, SDI students will have the opportunity to participate in community service projects, educational support drives, and youth development programs conducted by Young Merit Welfare Foundation. This collaboration aims to promote social responsibility, enable practical learning experiences, and foster meaningful contributions toward community upliftment.





GREEN UPSHOT

SDI signed a Memorandum of Understanding (MoU) with Green Upshot on 22nd December 2025 to strengthen collaborative efforts in the areas of sustainability, environmental awareness, and community engagement. This partnership aims to promote joint initiatives aligned with the United Nations Sustainable Development Goals (SDGs), with a particular focus on environmental responsibility, youth engagement, and sustainable practices. Through this MoU, SDI and Green Upshot will work together on knowledge-sharing, capacity-building activities, awareness campaigns, and project-based collaborations, thereby reinforcing SDI's commitment to fostering sustainable development through strategic partnerships.





ALMARAH FOUNDATION



On 7th January 2026, Sustainable Development Initiative (SDI) signed a Memorandum of Understanding (MoU) with Almarah Foundation to foster collaborative efforts in community development, youth engagement, and social welfare initiatives.

Through this partnership, SDI aims to strengthen its outreach by engaging students in meaningful volunteer work, community service projects, and awareness campaigns aligned with SDG-focused activities. The collaboration will provide UMT students opportunities to participate in field-based learning, leadership development, and impactful community engagement programs organized by Almarah Foundation.

This MoU marks a significant step towards enhancing SDI's mission of promoting civic responsibility, social inclusion, and sustainable community development.



COMPARISON OF SPRING & FALL 2025 PERFORMANCE

Performance of SDI (Spring 25 – Fall 25)					
Spring 2025			Fall 2025		
Activities	SDGs	No. of Students Engaged	Activities	SDGs	No. of Students Engaged
Hygiene Kits	3, 4, 6, 10	1337	Visit to An Old Age Home	3, 10, 11, 16, 17	2816
Recycled Table Plant	3, 11, 12, 13, 15	1337	Micro-Business Uplift	1, 8, 10, 11, 12	2816
Bird Feeder	3, 11, 12, 13, 15	857	Digital Safety Campaign	3, 4, 5, 9, 10, 11, 16, 17	2816
Old Age Worker Interview	1, 4, 8, 10, 16	900	Emergency First Aid Kits	3, 4, 10, 11, 17	2816
NGO Training	SDGs	No. of Students Engaged	NGO Training	SDGs	No. of Students Engaged
Alzheimer’s Pakistan	3	100	Alzheimer’s Pakistan	3	250 students from INFS
Alif Laila Book Bus Society	4, 10	41	Jhuggi Taleem Foundation	3, 4, 6, 10	250 students from INFS
Roshni Homes Trust	1, 4, 10, 17	60	WBM Foundation	3, 11, 13, 15	357 students from SE
Transparent Hand	3, 10	60	ALLAH Walay Trust	2, 3, 4, 5	250 students from CS
Jhuggi Taleem Project	3, 4, 6, 10	250	Waduha Welfare Organization	1, 2, 3, 4, 10, 11, 16	250 students from CS
Door of Awareness	3, 4, 10, 13	250	Dastak Welfare Foundation	3, 4, 10, 17	200 students from CS
Pakistan Citizen Alliance	3, 4, 10, 13	200	Milestone Society for Special Persons	3, 10, 14	100 students from CS
Milestone Society for Special Persons	3, 10, 14	81	Alif Laila Book Bus Society	4, 10	50 students from CS
ALLAH Walay Trust	2, 3, 4, 5	206	Hum Mashal e Rah Foundation	3, 10, 14	150 students from CS
Aghosh Orphan Care Home	3, 4, 10	50	Roshni Homes Trust	1, 4, 10, 17	64 students from CS
---	---	---	Aman Welfare Foundation for Special Children	3, 4, 8, 10, 11	176 students from HSM 27 students from SGS
---	---	---	Pink Ribbon Pakistan	3	75 students from Clinical Psychology
---	---	---	Ali Zafar Foundation	1, 4, 5, 8, 10	48 students from Applied Psychology
---	---	---	Al-Maida Trust	1, 2, 3, 4, 10	250 AI students from AI
---	---	---	Fruit of Sustainability	12	20 AI students from AI
---	---	---	BRIC	1, 4, 8, 10, 16	299 students from AI

Performance of SDI (Spring 25 – Fall 25)					
Awareness Sessions Spring 2025			Awareness Sessions Fall 2025		
Beyond Labels: A Day of Understanding and Inclusion			Healing Circle: Beyond the Grades – Rediscovering Myself Amid the Stress (Relevant SDG 3)		
From Volunteers to Social Leadership Empowering the First Generation for Sustainable Impact			From Suffering to Safety: Abandoned Animals (Relevant SDG 15)		
Sustainable Goal SDG No. 6 – WASH (Water, Sanitation & Hygiene)			I Cannot Blend In When I am Born to Stand Out (Relevant SDG 10)		
sThe Theoretical Foundation of Social Work and Community Engagement			Together We Rise: The Almarah Foundation for Every Child (Relevant SDG 16)		
Social Impact Journey Under Social Service			Challenges for Children and Youth with Disabilities (Relevant SDG 10)		
From Volunteerism to Social Leadership			Plastic Free Campus Drive: A Mission to Make Every Campus Plastic-Free (Relevant SDG 12)		
Major Activities	SDGs	No. od Students Engaged	Major Activities	SDGs	No. od Students Engaged
---	---	---	Hosted NASA Space Apps Challenges (4th and 5th October 2025)	4, 9, 11, 13, 17	120
---	---	---	Organized Pink Ribbon Day (30th October 2025)	2	250
---	---	---	Commemorated Disability Day (8th December 2025)	3, 10, 14	203
---	---	---	Youth Leadership & Civic Education Training	16	50

Performance of SDI (Spring 25 – Fall 25)	
MoU Signed Spring 2025	MoU Signed Fall 2025
Kashif Iqbal Thalassemia Foundation	Arfa Karim Foundation
Sandbox	WBM Foundation
Hum Mashal e Rah Foundation	Callvet Animals and Birds Hospital Pvt. Ltd.
Grace International Rehab & Wellness Center	Waduha Welfare Organization
---	Ali Zafar Foundation
---	One Vision Society
---	Endless Welfare Foundation
---	Alzheimer’s Pakistan
---	Dastak Welfare Foundation
---	Chanan Development Association
---	Backwards Rehabilitation & Improvement Commission (BRIC)
---	Aman Welfare Society for Special Children
---	Pahchaan Foundation
---	Spirit Nursing Care and Old Age Home
---	Abandoned Souls Foundation
---	Healing Shades
---	Pakistan Society for Rehabilitation of Differently Abled (PSRD)
---	Almarah Foundation
---	Young Merit Welfare Foundation
---	Green Upshot



SUSTAINABLE DEVELOPMENT INITIATIVE

THANK YOU

☎ +92 42 111 300 200 Ext: **6782 - 6095**

🌐 Website: <https://sdi.umt.edu.pk/>

✉ sdi@umt.edu.pk

🐦 https://twitter.com/SDI_UMT

🌐 <https://www.linkedin.com/in/sustianable-development-initiative-sdi-198b98>

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📍 Sustainable Development Initiative(SDI)
University of Management and Technology
C-II, Johar Town, Lahore, Pakistan.