



**University of Management & Technology**  
**School of Science**  
**Department of Life Science**

**BC-314 Clinical Biochemistry**

<b>Lecture Schedule</b>	Tuesday (12:30 PM -13:45 PM) Friday (09:30 AM -10:45 AM)	<b>Semester</b>	Spring 2021
<b>Pre-requisite</b>	---	<b>Credit Hours</b>	3
<b>Instructor</b>	Ms Hina Batool	<b>Contact Moodle link</b>	<a href="mailto:hina.batool@umt.edu.pk">hina.batool@umt.edu.pk</a>
<b>Office</b>	3S-37	<b>Office Hours</b>	See office window
<b>Course Description</b>	<p>Understand the basic concepts of clinical biochemistry and enhance the understanding of biochemical basis of human disease with relevance to clinical diagnosis.</p> <p>This course includes;</p> <p>Diagnostically important plasma enzymes &amp; proteins: Identification and treatment of enzyme deficiencies, Assessment of cell damage, factors affecting results of plasma enzyme assays.</p> <p>Abnormal plasma enzymes activities: isoenzymes in plasma (Lactate dehydrogenase, Creatine kinase, Amylase).</p> <p>Immunoglobulin deficiencies.</p> <p>Liver Diseases (cirrhosis', specific liver diseases, hepatitis, obstructive jaundice).</p> <p>Disorders of Lipid Metabolism (hyperlipidemia, cholesterol and cardiovascular diseases). Disorders of purine and pyrimidine metabolism (Gout, Arthritis).</p> <p>Metabolic Bone Diseases (Calcium balance, Biological functions of calcium, phosphate and magnesium metabolism).</p> <p>Hemoglobinopathies, Disorders of iron and porphyrin metabolism.</p> <p>Cancer diagnosis, tumor markers, ectopic hormone production, consequences of cancer treatment.</p>		
<b>Expected Outcomes</b>	<p>Upon successful completion of the course, the student will be able to:</p> <ul style="list-style-type: none"> <li>• Identify, interpret and perform the role of plasma enzymes in the diagnosis of various clinical disorders.</li> <li>• Assess the severity of disorder/cell damage.</li> <li>• Correlate the enzymes deficiencies with inborn errors of metabolism</li> <li>• Determine the role of enzymes as prognostic indicators.</li> </ul>		
<b>Textbook(s)</b>	<p>Clinical Biochemistry E-Book: An Illustrated Colour Text,by Allan Gaw 3rd edit 2014 Churchill livin stone</p> <p>Clinical Biochemistry second edition by Dr. Nessar Ahmed</p>		

<b>Grading Policy</b>	<ul style="list-style-type: none"><li>• Quizzes 10%</li><li>• Assignment 05%</li><li>• Presentation 05%</li><li>• Midterm: 25%</li><li>• Lab 20%</li><li>• Final Exam: 35%</li></ul>
-----------------------	--

## Course Schedule

Week	Lecture #	TOPICS	Chapter Name
1	1 2	Introduction of the body fluids Plasma functional and non-functional enzymes	General introduction
2	1 2	Use of laboratory Interpretation of results	Ch. 1. The clinical biochemistry laboratory Ch.2. The use of laboratory Ch.3. The interpretation of results
3	1 2	Clinically important proteins and enzymes Isoenzymes in clinical tests	Ch.25. Proteins and Enzymes
4	1 2	Immunoglobulins Liver function tests	Ch.25. Proteins and Enzymes Ch.28. Liver function tests
5	1 2	Jaundice Types of jaundice	Ch.29. Jaundice
6	1 2	Acute liver disease Chronic liver disease	Ch.30. Liver disease
7	1 2	Liver Cancer Kidney function tests	Ch.30. Liver disease Ch.14. Investigation of renal function (1)
8	1 2	Assessment of glomerulus and tubular functions. Urinalysis	Ch.15. Investigation of renal function (2) Ch.16. Urinalysis
9	1 2	<b><u>Midterm Exam</u></b> <b><u>Review</u></b>	
10	1 2	Proteinuria Acute and chronic renal failure	Ch.17. Proteinuria Ch.18. Acute renal failure Ch.19. Chronic renal failure
11	1 2	Disorders related to carbohydrate metabolism Hyperglycaemia and diabetes	Ch.31. Glucose metabolism and diabetes mellitus Ch.32. Diagnosis and monitoring of diabetes mellitus.
12	1 2	Diabetic ketoacidosis Hypoglycaemia and carbohydrate storage diseases	Ch.33 Diabetic ketoacidosis Ch. 34 Hypoglycaemia

13	1 2	Disorders related to lipoproteins metabolism Cardiovascular disorders and their markers	Ch. 66 Lipoprotein metabolism Ch.67. Clinical disorders of lipid metabolism Ch.27. Myocardial Infarction
14	1 2	Disorders related to nucleotides (Hyperuricaemia) Disorders of mineral metabolism and bone diseases	Ch.72. Hyperuricaemia Ch.38. Bone diseases Ch.39 Osteoporosis
15	1 2	Iron and haemoglobinopathies Cancer and its markers	Ch.57 Iron Ch.69 Cancer and its consequences Ch.70. Tumor markers