## Introduction to Social Work

**Course Description**

This course offers opportunity for students to explore, develop, and apply the concepts of social work in academic and professional domains. Students will explore the methods of social research which resultantly develop the ability to apply the learned skills in Pakistani context.

**Course Objectives**

Students are expected to:

* Provide understanding about the discipline of social work
* Explore the nature and principles of social work methods
* Develop competencies in substantive areas of social work

**Learning Outcomes**

After completing this course the students should be able to demonstrate;

* An understanding of key concepts of social work;
* The ability to apply these concepts in their professional practice;
* The ability to apply appropriate methods of social work for social issues.

**Teaching Method**

This course will be based on interactive discussions; student centered learning activities and research projects. The preferred teaching approach will be ‘active learning’ in which students solve problems, answer questions, formulate questions of their own, brainstorm, discuss, explain and debate. Co-operative learning will be encouraged through group discussions, assignments and projects. Periodical assessments and evaluation through class participation, quizzes, assigned tasks, research project, Mid Term and End Term examinations will be a part of this course.

**Course Contents**

1. Key ideas of Social work

2. Philosophical assumptions of social work

3. Core principles of social work

4. Professional and voluntary social work

5. Social work in religious context

6. Contemporary concept of social work

1. Preventive
2. Curative
3. Rehabilitative

7. Methods of Social Work

1. Primary methods
2. Social Case work
3. Social group work
4. Community organization

Secondary methods

1. Social Welfare Administration
2. Social Research
3. Social Action

8. Important fields of social work practice

1. Health
2. Education
3. Family
4. Marginalized groups
5. Youth

**Suggested Readings**

Farley, O. W., Smith, L. L., & Boyle, S. W. (2011). *Introduction to social work*. Pearson Higher Ed.

Cox, L. E., Tice, C. J., & Long, D. D. (2017). *Introduction to social work: An advocacy-based profession*. Sage Publications.