## Social Case Work

**Course Description**

Social case work is the method employed by social workers to help individuals find solution to problems of social adjustment which they are unable to handle in a satisfactory way by their own efforts. Pakistan suffers with numerous cases of social maladjustment where people are unable to properly take care of themselves hence social case work will study this facet in great detail.

**Course Objectives**

This course will help students to understand social case work as a method of social work and to make them understand the process and application of social case work. It will also acquaint them with the skills and techniques of social case work practice

**Learning Outcomes**

* Better understanding about social case work method
* Equipping with the necessary skills to evaluate social conditions for applying social case work as a method of social work.

**Teaching Method**

This course will be based on interactive discussions; student centered learning activities and research projects. The preferred teaching approach will be ‘active learning’ in which students solve problems, answer questions, formulate questions of their own, brainstorm, discuss, explain and debate. Also co-operative learning will be encouraged through group discussions, assignments and projects. Periodical assessments and evaluation through class participation, quizzes, assigned tasks, research project, Mid Term and End Term examinations will be a part of this course.

**Course Content**

1. Social Casework – Definition and Historical development of Social Casework
2. Objectives of working with individuals
3. Values, Principles and Components of case work
4. Approaches and Models of case work
5. Understanding clients and their contexts
6. Casework Process
7. case work skills, Tools and techniques
8. Field work in different settings

**Suggested Readings**

Deve, R. & Prakash, R. (2014). Social Work Methods, Practices and Perspective. Jaipur. Mangal Deep.

Janet, S. (2005). Counselling Skills in Social Work Practice. Open University Press, Buckingham. Philadelphia.

Khalid, Muhammad. (2014). Social Work: Theory and Practice. Kifayat Academy. Karachi.

Mathew, G. (1992). An Introduction to Social Case Work. Tata Institute of Social Science. Bombay.