## Social Gerontology

**Course Description**

This course relates to social aspects of getting old. The course focuses on improving the social interactions between older people and rest of the society. Special attention is paid to enriching relationships between older people, their families, peers and healthcare professionals.

**Course Objectives**

This course aims to offer an understanding on aging with special reference to social aspects. The course will also familiarize the students about the welfare services for elderly in Pakistan

**Learning Outcomes**

* The students will be able to understand the sensitivities and issues attached with aging process
* The students will be able to introduce contextualized interventions to improve life quality of older people**.**

**Teaching Method**

This course will be based on interactive discussions; student centered learning activities and research projects. The preferred teaching approach will be ‘active learning’ in which students solve problems, answer questions, formulate questions of their own, brainstorm, discuss, explain and debate. Co-operative learning will be encouraged through group discussions, assignments and projects. Periodical assessments and evaluation through class participation, quizzes, assigned tasks, research project, Mid Term and End Term examinations will be a part of this course.

**Course Content**

1. Meaning, definition and importance of Social Gerontology
2. Social and biological context of aging.
3. Religious concept of Aging and Aged
4. Theories of Aging
5. Social Problems of Aging and the Aged
6. Psychological Problems
7. Physical Problems
8. Economic Problems
9. Legislation and Social Welfare Services for Aging and the Aged in Pakistan
10. Organizations working for the Aging and the Aged
11. Role of Professional Social Worker in social gerontology
12. Field work

**Suggested Readings**

Hooyman, N. R., Kawamoto, K. Y., & Kiyak, H. A. (2014). *Aging matters: An introduction to social gerontology*. Pearson Higher Ed.

Hamilton, I. S. (2000). *The Psychology of Ageing: An Introduction*. London: Jessica Kingsley Publishers.

Hooyman, N. & Kiyak, H. A. (2007). *Social Gerontology; A Multidisciplinary Perspective.* Boston: Allyn and Bacon.

Quadgno, J. (2007). *Aging and the Life Course: An Introduction to Social Gerontology.* New York: McGraw-Hill.