## Social Group Work

**Course Description**

The course is designed to provide the students familiarity with the social group work method. Social group is considered an important tool for addressing social problems.

**Course Objectives**

In this course the students will understand the concepts, methods, purpose and principles of group work. The students will learn group development stages and group dynamics.

**Learning Outcomes**

* The students will have conceptual clarity about group social work method and where to use it.
* The students will practically learn the working of group method for addressing social issues.

**Teaching Method**

This course will be based on interactive discussions; student centered learning activities and research projects. The preferred teaching approach will be ‘active learning’ in which students solve problems, answer questions, formulate questions of their own, brainstorm, discuss, explain and debate. Co-operative learning will be encouraged through group discussions, assignments and projects. Periodical assessments and evaluation through class participation, quizzes, assigned tasks, research project, Mid Term and End Term examinations will be a part of this course.

**Course Content**

1. Definition and types of Social Group Work
2. Principles and purpose of Social Group Work
3. Evolution of social group work
4. Processes of social Group Work
5. Planning and implementation for social Group Work
6. Recording in Group Work
7. Leadership in Social Group Work
8. Group Development Stages and role of Social Group Worker (Forming, Storming, Norming, Performing and Adjourning)
9. International trends in social group work
10. Social group work trends in Pakistan

**Suggested Readings**

Alissi, A. S. (2008). *Perspectives on Social Group Work Practice*. Simon and Schuster.

Cohen, C. S. (2009). *Strength and diversity in social work with groups*. New York: Routledge.

Garvin, C. D. & Guti, L. M. (2004). *Handbook of social work with groups*. New York : The Guilford Press .

Gitterman, A. (2009). *Encyclopedia of social work with groups.* London: Routledge.

Glisson, C. A., Dulmus, C. N. & Sowers, K. M. (2012). *Social work practice with groups, communities, and organizations*. New Jersey: Wiley.