## Theories of Social Work

**Couse Description**

Theories of social work focus on theoretical underpinnings of social work practice. These theories configure purpose, domain, and practice of social work within a society. This course will include classical and contemporary theories along with their implications for social work practice in Pakistan.

**Course Objectives**

The course aims to offer understanding about the paradigms and concepts of social work. This course will help students to build the analytical abilities by linking theories with real life social phenomenon.

**Learning Outcomes**

* The students will be able to conceptualize the real life social problems in the guidance of theoretical understandings of social work
* The students will be able to apply theoretical knowledge into real life social problems

**Teaching Method**

This course will be based on interactive discussions; student centered learning activities and research projects. The preferred teaching approach will be ‘active learning’ in which students solve problems, answer questions, formulate questions of their own, brainstorm, discuss, explain and debate. Co-operative learning will be encouraged through group discussions, assignments and projects. Periodical assessments and evaluation through class participation, quizzes, assigned tasks, research project, Mid Term and End Term examinations will be a part of this course.

**Course Content**

1. Definition, scope and nature of theories
2. Paradigms of Social Work
3. Development of Theoretical Framework
4. Classical theories of Social Work
5. Contemporary theories of Social Work
6. Theories of Social Work and Social Work Practice

**Suggested Readings**

Payne, M. (2014). *Modern social work theory*. Oxford University Press.

Langer, C. L., & Lietz, C. (2014). Applying Theory to Generalist Social Work Practice. John Wiley & Sons.