University of Management and Technology

Course Outline

Course code: CP640

Course title: Clinical Case Studies and Placement

Program	MS Clinical Psychology
Credit Hours	4
Duration	15 Weeks
Prerequisites	Know about the Practical skills and techniques. Has knowledge about Basic Clinical Psychology and assessment technique. Should have report writing skills
Resource Person	Ms. Umaiza Bashir, Ms. Asma Ijaz
Counseling Timing (Room#)	Thursday 2:00 – 4:00 In library Building, Level 5
Contact	Umaiza.bashir@umt.edu.pk Asma.ijaz@umt.edu.pk

Chairman/Director signature……………………………….

Dean's signature……………………………

Date……………………………………….

Learning Objective:

- The trainee will visit mental health institutes regularly to get direct experience in the field for the clinical case reports in a systematic way.
- To make students competent for carrying out professional responsibilities at placement like conducting individual sessions, groups and workshops under extensive supervision.
- Practices learned assessment and intervention plans at advanced level of expertise.
- Completing 5 intensive case reports under clinical supervision.
- Developing knowledge of ethical practices, learning to maintain professional relationships and become more competent in managing clinical cases.
- To prepare students for the professional field in future.

Learning Methodology:

- Class room lectures
- Seminars
- Presentation
- Group projects
- Assignments
- Case presentations
- Demonstration

Grade Evaluation Criteria

Following is the criteria for the distribution of marks to evaluate final grade in a semester.

Marks Evaluation   **Marks in percentage**

  a. Interview (history taking)

  b. Psychological assessment

  c. Multidimensional Case formulation

  d. Intervention plan

  e. Case presentations

  f. Clinical Groups

  g. Portfolio writing

  h. viva

Total: 100

Recommended Text Books:

Leahy, L. R. (2003). Cognitive Therapy Techniques: A Practitioner's Guide. New York: Guilford Press.

Miltenberger, R. G. (1997). Behavior modification: principles and procedures. Brooks/Cole Publishing Company, Inc.

Lura et al, (2003) Cognitive behavior therapy for psychotic symptoms. Center for clinical intervention.

Reference Books:

Jongsma.A.E, (2014) Adult Psychopathology: Homework Planner

Jongsma.A.E, (2014). The complete Adult Psychotherapy: Treatment Planner

Neill. H.O.(2000). Managing Anger

Calendar of Course contents to be covered during semester

Course code: CP-635   **Course title:** Adult Disorders (Assessment and Psychotherapies)

Week	Course Contents	Reference Chapter(s)
1.	• Orientation of the Course • Understanding of Adulthood Psychopathology under light of bio-psycho-social perspectives • Case report Format	
2.	Interview Demonstration	
3.	CBT demonstrations	
4.	Case formulation practice	
5.	Case studies (assessment and intervention) Placement observation	
6.	Case studies (assessment and intervention) Prelim report writing	
7.	Case studies (assessment and intervention) Group therapy	
8.	Case studies (assessment and intervention) Case presentation	
9.	Case studies (assessment and intervention) Report writing	

10.	Case studies (assessment and intervention) Report writing	
11.	Case studies (assessment and intervention) Report writing	
12.	Case studies (assessment and intervention) Report writing	
13.	Case studies (assessment and intervention) Report writing	
14.	Case studies (assessment and intervention) Report writing	
15.	Case studies (assessment and intervention) Report writing	