

**University of Management and Technology**

**Course Outline**

**Course code:** CP-615

**Course title:** Clinical Shadowing

Program	MS Clinical Psychology
Credit Hours	3
Duration	15 weeks
Prerequisites	Know about the basics of clinical psychology, ethical considerations and had previous information of formal writing.
Resource Person	Ms. Iram Mushtaq
Counseling Timing	Online Tuesday, 1PM - 3PM
Contact	V31085@umt.edu.pk

**Chairman/Director signature.....**

**Dean's signature.....**

**Date.....**

### **Learning Objective:**

- To understand what is observation
  - How it could be measured
  - Observing and understanding the links between different behaviors; how consequences of behaviors lead to other behaviors
  - Understanding the function of particular behaviors
- To observe the client's in special and clinical setting; manifestation of different child and adulthood disorders.
- Generate hypothesis related to causation of different child and adulthood disorders.
- Participation to variety of activities related to clinical psychology e.g. workshops, seminars, groups etc.
- Learning about field of clinical psychology, ethical considerations while dealing with children and adults
- The outcome of this shadowing experience would be a "Portfolio", comprised of observational reports and report on all the activities, groups, workshop etc. attended or conducted during that period.

### **Learning Methodology:**

- Class Room Lectures
- Workshops
- Presentation
- Group Projects
- Observation
- Case Presentations
- Brief Report Writing

## **Grade Evaluation Criteria**

Following is the criteria for the distribution of marks to evaluate final grade in a semester.

<b>Marks Evaluation</b>	<b>Marks in percentage</b>
Weekly Log	5
Clinical Case Observation	10
Group Observation	5
Placement Observation	5
Clinical Case Presentation & Topic Presentation (Attended)	5
Psychological Assessment Writing	10
Friday Activities	10
Creative Work	10
Evaluation by an External Examiner	40
<b>Total</b>	<b>100</b>

## **Recommended Text Books:**

Comer, R., & Gould, E. (2010). *Psychology around us*. John Wiley & Sons.

Zeigler-Hill, V. E., & Marcus, D. K. (2016). *The dark side of personality: Science and practice in social, personality, and clinical psychology* (pp. xi-389). American Psychological Association.

Schultz, D. P., & Schultz, S. E. (2016). *Theories of personality*. Cengage Learning.

## **Reference Books:**

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders*

American Psychological Association (2010). *Publication manual of the American Psychological Association* (6th Ed.). Washington, DC: American Psychological Association. ISBN-13: 978-1-4338-0561-5

**Calendar of Course contents to be covered during semester**

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<b>Week</b>	<b>Course Contents</b>	<b>Reference Chapter(s)</b>
1.	<ul style="list-style-type: none"><li>• Orientation of the course</li><li>• Students expectations</li><li>• Experience of Placement Settings</li><li>• Previous Learning</li></ul>	
2.	<ul style="list-style-type: none"><li>• Introduction to Clinical Shadowing</li><li>• Introduction of Portfolio and its contents</li></ul>	
3.	<ul style="list-style-type: none"><li>• Creative work and its purpose</li><li>• Different layouts for Creative Work</li></ul>	
4.	<ul style="list-style-type: none"><li>• Portage Guide to Early Education</li><li>• Worksheets for Special and Marginalized Children</li></ul>	
5.	<ul style="list-style-type: none"><li>• Clinical Case Presentation of Special Child</li><li>• Writing Summary of Clinical Case</li></ul>	
6.	<ul style="list-style-type: none"><li>• Behavioral Observation of Special Child and its Importance</li><li>• Importance of Multiple Settings.</li></ul>	
7.	<ul style="list-style-type: none"><li>• Group Observation of Special Children and its Purpose.</li></ul>	
8.	<ul style="list-style-type: none"><li>• Behavioral Observation of Adult Clinical Case and its Importance.</li><li>• Mental Status Examination</li><li>• Measurement of Behavior</li></ul>	
9.	<ul style="list-style-type: none"><li>• Group Observation of Adult Clinical Case and its Purpose</li></ul>	
10.	<ul style="list-style-type: none"><li>• Adult Clinical Case Presentation</li></ul>	
11.	<ul style="list-style-type: none"><li>• Psychological Assessment Writing</li></ul>	
12.	<ul style="list-style-type: none"><li>• Weekly Log</li></ul>	

13.	<ul style="list-style-type: none"><li>• Observation of Clinical Placement Settings</li></ul>	
14.	<ul style="list-style-type: none"><li>• Worksheets for Special and Marginalized Children</li></ul>	
15.	<ul style="list-style-type: none"><li>• Creative Work, its Content and Layout</li></ul>	