

University of Management and Technology

Course Outline

Course code **CP600**

Course title **Basic Clinical Skills**

Program	MS Clinical Psychology
Credit Hours	3
Duration	15 weeks
Prerequisites	BS Psychology
Resource Persons	Dr. Zahid Mahmood Rabia Khadim
Counseling Timing (Room#)	Monday 09:30 am – 12:30 pm Library Building Level 5
Contact	Zahid.mahmood@umt.edu.pk Rabia.khadim@umt.edu.pk

Chairman/Director signature.....

Dean's signature.....

Date.....

Learning Objective:

- Introducing the trainees to the basic technical and clinical skills required to function as a professional clinical psychologist: Foundation of Clinical Psychology, Introduction to Interviewing skills
- Orientate the trainees to the professional role and responsibilities of clinical psychologists and introduction to the ethos of training program.
- To provide an in-depth knowledge of the concept of Psychological Assessment, its background and different psychological assessment tools.

Learning Methodology:

- Individual Tasks (Assignments & Presentations)
- Cooperative Learning (Group Activities & Demonstrations)
- Inquiry-based instruction (Open-ended questions & discussions during lecture)
- Use of technology (sending video clips)
- Practical experience of applying skills in real life situations

Grade Evaluation Criteria

Following is the criteria for the distribution of marks to evaluate final grade in a semester.

Marks Evaluation percentage	Marks in
Quizzes	20 %
Assignments	10 %
Attendance & Class Participation	10 %
Presentations	20 %
Final exam	40%
Total	100%

Recommended Text Books:

- Sturmy, P., (2008), Behavioral Case Formulation and Intervention, A Functional Analytic Approach. University of Manchester, UK
- Sparrow, E., P., (2010), Essentials of Behavioral Assessments, United States of America.

Reference Books:

Weiten,W. (2017). Psychology: Themes and Variations, (10th Ed). Boston : Cengage Learning

Groth-Marnat, G.(1984).*Handbook of psychological assessment*. New York: Van Nostrand Reinhold Company, Inc.

Gelfand,D.M.,& Hartman,D.P.(1984).*Child behavioral analysis and therapy*. U.S.A: Pergamon Press, Inc.

American Psychological Association. (2010). *Publication manual of American Psychological Association* (6thed.). Washington, DC: American Psychological Association.

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental Disorders* (5th ed.). Arlington, VA: American Psychiatric Publishing.

Whitcomb, S.A., & Merrell, K.W. (2013). *Behavioral, social, and emotional assessment of children and adolescent* (4th ed.). New York: Routledge.

Calendar of Course contents to be covered during semester

Course code CP-600

Course Title Basic Clinical Skills

Week	Course Contents	Reference Chapter(s)
1	<ul style="list-style-type: none">• Orientation to the Course & Resource Persons	
2	<ul style="list-style-type: none">• Foundations of Clinical Psychology	
3	<ul style="list-style-type: none">• Structural and Functional Approaches in Clinical Psychology	

4	<ul style="list-style-type: none">• Clinical Interviewing (Principles)	
5	<ul style="list-style-type: none">• Clinical Interviewing (Practice)	
6	<ul style="list-style-type: none">• Psychological Assessment (Cognitive)	
7	<ul style="list-style-type: none">• Behavioral Assessment	
8	<ul style="list-style-type: none">• Personality Assessment	
9	<ul style="list-style-type: none">• Neuropsychological Assessment	

10	<ul style="list-style-type: none">• Case Formulation and Presentations	
11	<ul style="list-style-type: none">• Principles and Practices of psychological Interventions	
12	<ul style="list-style-type: none">• Clinical Report Writing	
13	<ul style="list-style-type: none">• Ethical Issues in Clinical Psychology	
14	<ul style="list-style-type: none">• How to Manage your Clinical Work Load	

15	<ul style="list-style-type: none">• Course Overview, Feedback & Summary	
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