

**University of Management and Technology**

**Course Outline**

Course code: CP-651

Course title: School Psychology

Program	MS Clinical Psychology
Credit Hours	3 CH
Duration	6 months
Prerequisites	1 <sup>st</sup> semester MS
Resource Person	Dr. Zahid Mahmood & Ms Sana Fatima
Counseling Timing	Wednesday (2:00pm- 3:00pm)
Contact	<a href="mailto:Zahid.mahmood@umt.edu.pk">Zahid.mahmood@umt.edu.pk</a> <a href="mailto:Sana.fatima@umt.edu.pk">Sana.fatima@umt.edu.pk</a>

**Chairman/Director signature.....**

**Dean's signature.....**

**Date.....**

### **Learning Objective:**

- Trainees will be able to assess, formulate and develop a well-designed clinical management plan for children's issue.
- Demonstrate the effectiveness of counselling plan
- Trainees will be able to understand problems experienced in everyday life.
- Trainees will be able to assess children keeping in mind the cultural consideration.
- Trainees will be able to understand the rationale/use of psychometric tests.
- Trainees will be able to devise counselling plan for school children.

### **Learning Methodology:**

The course is mainly discussion and practice oriented. The trainees will be required to actively participate in the class. It will include lectures on the theoretical basis of counselling approaches and practical application appropriately. A number of lectures (L), workshops (W), discussions (D), assignments (A), presentations (P) and quizzes (Q) will be carried out in the course. Teachers will provide handouts and relevant reading material.

## **Grade Evaluation Criteria**

Following is the criteria for the distribution of marks to evaluate final grade in a semester.

### **Marks Evaluation**

### **Marks in percentage**

#### **Evaluation: Sessional Evaluation**

1. Quiz	10 %
2. Assignment	10%
3. Presentations	10%

#### **Total Marks 30%**

#### **Evaluation: Mid Term**

1. Term Paper	20%
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#### **Total Marks 20%**

#### **Evaluation: End Term**

1. 5 subjective questions 10 marks each	50%
Total	100%

#### **Total Marks 50%**

### **Recommended Text Books:**

Branstetter, R. (2012). The School Psychologist's Survival Guide. John Wiley & Sons.

### **Reference Books:**

Westwood, P. (2001). Reading and learning difficulties. Camberwell, Vic.: ACER.

## Calendar of Course contents to be covered during semester

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Course title: School Psychology

Week	Course Contents	Reference Chapter(s)
1	<p><b>1. Introduction to School Psychology</b></p> <ul style="list-style-type: none"><li>a. Definition, need and scope</li><li>b. History of School Psychology</li><li>c. Child-Clinical Psychology</li></ul>	
2	<p><b>1. Approaching a child</b></p> <ul style="list-style-type: none"><li>a. Basic consideration</li><li>b. Aims</li><li>c. Engaging a child- <b>Rapport building</b></li><li>d. Play &amp; Drawing activities</li><li>e. Function of a problem</li><li>f. Ethical principles of working with children</li></ul>	
3	<p><b>1. The Educational triad</b></p> <ul style="list-style-type: none"><li>a. The Family: parent-child interaction</li><li>b. The Teacher: teacher-child relationship</li><li>c. The influence of school culture</li></ul>	

4	<p style="text-align: center;"><b>Common Problems of School Children</b></p> <p style="text-align: center;">a) Introduction b) Assessment c) Management</p>	
5	<p style="text-align: center;"><b>Self Esteem</b></p> <p style="text-align: center;">a. Introduction b. Assessment c. Management</p>	
6	<p style="text-align: center;"><b>Academic Problems (Underachievement)</b></p> <p style="text-align: center;">a) Introduction b) Assessment c) Management</p>	
7	<p style="text-align: center;"><b>Specific Learning Difficulties</b></p> <p style="text-align: center;">a. Introduction b. Assessment c. Management</p>	
8	<p style="text-align: center;"><b>Social Problems</b></p> <p style="text-align: center;">i. Bullying ii. Truancy and school refusal</p>	

9	<p><b>Social Problems</b></p> <p>i. Relationship problems: conflict resolution</p> <p>ii. Adjustment problems</p>	
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10	<p><b>Mid Term Exam</b></p>	
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11	<p><b>Grief, Loss and Bereavement</b></p> <p>a) Introduction</p> <p>b) Assessment</p> <p>c) Management</p>	
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12	<p><b>Specific Intervention strategies</b></p>	
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13	<p><b>Attachment Theory</b></p>	
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14	<b>Projective Techniques</b>	
15	<b>Setting up School Psychology Service:</b> Operational policy, assessment, report writing and feedback to the schools	