

University of Management and Technology

Course Outline

Course code: CP-204

Course title: Adulthood Disorder

Program	BS Clinical Psychology
Credit Hours	3
Duration	15 weeks
Prerequisites	Know about the foundation of psychology and had previous information of introduction to clinical psychology
Resource Person	Ms. Asma Ijaz Ms. Sana Fatima
Counseling Timing (Room#)	Wednesday, 12:00 – 2:00 PM In library Building, Level 5.
Contact	Asma.ijaz@umt.edu.pk Sana.fatima@umt.edu.pk

Chairman/Director signature.....

Dean’s signature.....

Date.....

Learning Objectives:

- In-depth knowledge and understanding of adulthood disorders and its etiology, signs and symptoms.
- Ability to apply psychological theories effectively to the DSM 5 characterized disorders.
- To explain psychopathology of cases through the theoretical perspectives
- To enhance basic knowledge of bio-psycho-social approach of psychopathologies
- To understand the and advantages and disadvantages of classification system.
- Understand the psychological suffering of in cultural domain.
- Conceptualize the prevalent disorders and their manifestation in collectivistic and individualistic cultures

Learning Methodology:

- Class room lectures
- Seminars
- Presentation
- Group projects
- Assignments
- Case presentations

Grade Evaluation Criteria

Following is the criteria for the distribution of marks to evaluate final grade in a semester.

Marks Evaluation	Marks in percentage
Quizzes	10
Assignments	20
Presentations	10
Term Project	20
Final exam	40
Total	100

Note. *Quizzes, assignments, presentation and class participation is considered as Mid-term.*

Recommended Text Books:

Psychological Symptoms by Frank J. Bruno, Ph.D., Professor of Psychology

Weiten, W. 10th edition. Themes and Variations

Jongsma.A.E, (2014) Adult Psychopathology: Homework Planner

Reference Books:

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders*

American Psychological Association (2010). Publication manual of the American Psychological Association (6th Ed.). Washington, DC: American Psychological Association. ISBN-13: 978-1-4338-0561-5

Calendar of Course contents to be covered during semester

Course code: CP-605

Course title: Psychopathology

Week	Course Contents	Reference Chapter(s)
1.	<ul style="list-style-type: none">• Orientation of the course• Students expectations• Previous Learning	
2.	<ul style="list-style-type: none">• Introduction to mental Health• Diagnostic Protocol of DSM 5	
3.	<ul style="list-style-type: none">• Issues and Challenges of Adulthood	
4.	<ul style="list-style-type: none">• Psychological suffering	
5.	<ul style="list-style-type: none">• Anxiety disorders	
6.	<ul style="list-style-type: none">• Anxiety disorders	
7.	<ul style="list-style-type: none">• Quiz and Demonstrations	
8.	<ul style="list-style-type: none">• Schizophrenia and Psychotic Disorders	
9.	<ul style="list-style-type: none">• Mood Disorders• Bipolar and related disorders	
10.	<ul style="list-style-type: none">• Depressive Disorders	
11.	<ul style="list-style-type: none">• Drug Addiction	
12.	<ul style="list-style-type: none">• Topic Presentations	
13.	<ul style="list-style-type: none">• Topic Presentations	
14.	<ul style="list-style-type: none">• Conversion Disorder	
15.	<ul style="list-style-type: none">• Obsessive-Compulsive and Related Disorder	