University of Management and Technology

Course Outline

Course Code **CP101**   Course Title **Applications of Psychology**

Program	BS Clinical Psychology
Credit Hours	2
Duration	15 weeks
Prerequisites	Intermediate
Resource Person	Halima Khurshid & Sana Fatima
Counseling Timing (Room#)	Friday 02:00 pm – 03:00 pm Library Building Level 5
Contact	halima.khurshid@umt.edu.pk sana.fatima@umt.edu.pk

Chairman/Director signature…………………………………

Dean's signature……………………………   **Date………………………………………**

Learning Objective:

- To introduce with different fields of psychology

- To understand the applications and scope of the psychology in the real world

- To learn about the role of the psychologist in different fields

- To understand human behavior with reference to the fields

Learning Methodology:

- Individual Tasks (Assignments & Presentations)

- Cooperative Learning (Group Activities & Demonstrations)

- Inquiry-based instruction (Open-ended questions & discussions during lecture)

- Use of technology (sending video clips)

Grade Evaluation Criteria

Following is the criterion for the distribution of marks to evaluate final grade in a semester.

Marks Evaluation	Marks in Percentage
Quizzes	10 %
Assignments	10 %
Mid Term	25%
Attendance & Class Participation	05 %
Term Project	
Presentations	10 %
Final Exam	40%
Total	100%

Reference Books:

- Matsumoto, D. (2009). The Cambridge dictionary of Psychology. Cambridge University Press

- Statt, D. A. (1998). The concise dictionary of Psychology. Routledge: London, United Kingdom

Calendar of Course Contents to be covered during semester

Course Code: CP-101   **Course Title: Applications of Psychology**

Week	Course Contents	Reference Chapter(s)
1	Orientation to the Course & Resource Person	
2	The nature of human behavior & concept of individual differences	
3	Relation between environment and behavior, adaptive & maladaptive behaviors	
4	Methods used to study various fields of Psychology	

5	Ethics in practice including the qualities of a good trainer and trainee and expectations and need of social responsibilities by a psychologist	
6	Developmental Psychology	
7	Adult Psychology ▪ Clinical & Counselling Psychology	
8	Educational Psychology	
9	Mid-Term	

10	Environmental Psychology Industrial and Organizational Psychology	
11	Health Psychology	
12	Neuropsychology	
13	Sports and Exercise Psychology	
14	Forensic Psychology	
15	Integration of different fields of psychology Course Overview, Feedback & Summary	