

**University of Management and Technology**

**Course Outline**

Course Code **CP202**

Course Title **Child and Adolescence Disorders**

Program	BS Clinical Psychology
Credit Hours	2
Duration	15 weeks
Prerequisites	BS 1 <sup>st</sup> Year
Resource Person	Halima Khurshid
Counseling Timing (Room#)	Friday 02:00 pm - 03:00 pm Library Building Level 5
Contact	halima.khurshid@umt.edu.pk

**Chairman/Director signature.....**

**Dean's signature.....**

**Date.....**

### **Learning Objective:**

- To learn about developmental theories
- To learn about the milestones that take place from early childhood years till late adolescents
- To learn about bio psycho social and spiritual changes taking place during developmental years
- To learn about role of parenting and other important stake holders linked with child and adolescent development.

### **Learning Methodology:**

- Individual Tasks (Assignments & Presentations)
- Cooperative Learning (Group Activities & Demonstrations)
- Inquiry-based instruction (Open-ended questions & discussions during lecture)
- Use of technology (sending video clips)

## **Grade Evaluation Criteria**

Following is the criterion for the distribution of marks to evaluate final grade in a semester.

<b>Marks Evaluation</b>	<b>Marks in Percentage</b>
Quizzes	10 %
Assignments	10 %
Mid Term	25%
Attendance & Class Participation	05 %
Term Project	
Presentations	10 %
Final Exam	40%
Total	100%

## **Recommended Text Books:**

- Parke, R.D., & Gauvain, M. (2009). Child psychology: A contemporary viewpoint (7th Ed.). New York: McGraw-Hill. ISBN-13: 9780073382685 Santrock, J.W. (2014). Adolescence (15th Ed.). Boston: McGraw-Hill. ISBN-13: 9780078035487
- American Psychological Association (2010). Publication manual of the American Psychological Association (6th Ed.). Washington, DC: American Psychological Association. ISBN-13: 978-1-4338-0561-5
- Andersen, S. L., & Navalta, C. P. (2011). Annual research review: New frontiers in developmental neuropharmacology: can long-term therapeutic effects of drugs be optimized through carefully timed early intervention? Journal of Child Psychology & Psychiatry, 52(4), 476-503. doi:10.1111/j.1469-7610.2011.02376.x

## **Reference Books:**

- Weiten, W. 10<sup>th</sup> edition. Themes and Variations

## Calendar of Course Contents to be covered during semester

Course Code: CP-202

Course Title: Child & Adolescence Disorders

<b>Week</b>	<b>Course Contents</b>	<b>Reference Chapter(s)</b>
1	Orientation to the Course & Resource Person	Chapter 10 – Human Development across the life span, Themes and Variations
2	Human Development across the Life Span	Chapter 10 – Human Development across the life span, Themes and Variations
3	Environmental Factors and Prenatal Development	Chapter 10 – Human Development across the life span, Themes and Variations
4	Motor Development in Childhood	Chapter 10 – Human Development across the life span, Themes and Variations

5	Social and Language Development in Childhood	Chapter 10 – Human Development across the life span, Themes and Variations
6	Early Emotional Development: Attachment	Chapter 10 – Human Development across the life span, Themes and Variations
7	Personality Development in Childhood	Chapter 10 – Human Development across the life span, Themes and Variations
8	Cognitive and Moral Development in Childhood	Chapter 10 – Human Development across the life span, Themes and Variations
9	Mid-Term	

10	Common developmental issues occurring during infant years <ul style="list-style-type: none"> <li>▪ ID</li> </ul>	
11	Common developmental issues occurring during infant years <ul style="list-style-type: none"> <li>▪ Autism &amp; ADHD</li> </ul>	
12	Common developmental issues occurring during infant years <ul style="list-style-type: none"> <li>▪ Neurological issues (Epilepsy &amp; Cerebral Palsy)</li> </ul>	
13	Common issues occurring during Middle Childhood Years	
14	Adolescence Years (Issues and Challenges)	
15	Course Overview, Feedback & Summary	