**PSY-209 Social Psychology**

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| Resource Person: | Hira Farhan |
| Email:  | hira.farhan@umt.edu.pk |
| School & Department | School of Professional Psychology | Department of Applied Psychology |
| Consultation Hours | Monday 11a.m -3 p.mTuesday 11a.m- 1 p.m |
| Degree Program: | Bs Psychology |
| Section: | A |
| Semester: | F2023 |
| Course Pre-requisite(s): | Students should know about the goals of psychology. They should also have knowledge about the core concepts of psychology. |
| Credit Hours: | 3 |
| Course Type: (Theory/Lab) | Theory |
| Venue/Day/Time: | Thursday 9:30- 10:45amFriday 11:00- 12:15pm |
| Course URL (if any): | \_ |

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| 1. **Faculty Profile / Introduction**
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| Hira Farhan currently working as Lecturer in the Department of Applied Psychology, SPP, Lahore. She has done MS in Health Psychology ( LCWU, Lahore) and BS ( Hons) Applied Psychology (LCWU, Lahore). Her area of interest is Health Psychology, Counseling, Educational and Social Psychology. She has been awarded with Gold medal and Hashmat Ara Award. She has presented four papers in International Conference and two papers in National Conference. Faculty is an experienced academic with interest in perspectives in psychology. |

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| 1. **Course Description:**
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| This course provides an overview of social psychology. Research in social psychology tries to understand the relationship between the individual and their social situation. This includes both how the situation influences a person’s thoughts, emotions, and behaviors, as well as how a person influences and creates the situation. Topics to be studied include the self, social perception, social cognition and information processing, attitudes and persuasion, prejudice, stereotyping and discrimination, social influence. aggressive behavior, helping behavior, and applied social psychology. Throughout the course, you will be encouraged to think about how research in social psychology can shed light on events going on around the world and in your own lives and how it can help to better human existence. |

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| 1. **Course Teaching Methodology:**
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| Following learning methodologies will be employed to teach this course:* Reading Notes
* Power Point Lectures
* Class Discussions
* Class Activities
* Projects
* Creative Assignments
* Presentations
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| 1. **Program Educational Objectives (PEOs):**
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| PEO-1 | Graduate will be able to describe and apply concepts and theories relevant to the disciplines of psychology. |
| PEO-2 | Graduate will demonstrate effective written and oral skills in various formats. |
| PEO-3 | Graduate will be able to conduct and evaluate research addressing psychology related issues. |
| PEO-4 | Graduate will demonstrate ethical behavior in all aspects of psychology. |
| PEO-5 | Graduates will exhibit a life-long learning approach towards life with psychological science. |

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| 1. **Program Learning Outcomes (PLOs):**

**After completing this degree program, students shall be able to:** |
|  | **Mapping the PLOs with PEOs** |
| PLO-1 | **Psychology Knowledge:** The students will have a good knowledge and understanding of the subject and its implication in different areas and to apply knowledge of Psychology to both theoretical and practical social problems. | PEO1 |
| PLO-2 | **Communication:** The students will demonstrate effective verbal and written skills. Able to communicate mindfully and respectfully to individuals and professionals of diverse ethnic, religious, and cultural backgrounds. An ability to communicate effectively, orally as well as in writing, on various social events held by the Psychologists’ community, including conferences, seminars, workshops etc. | PEO2 |
| PLO-3 | **Research:** An ability to identify, formulate, search literature, and analyze complex social and psychological problems reaching substantiated conclusions using ethical principles related to its sub-fields. | PEO3 |
| PLO-4 | **Ethics:** Apply ethical principles to practice psychology in the community. Understanding about ethical practice and best practices as psychologists. | PEO4 |
| PLO-5 | **Life-Long Learning:** Able to develop significant professional goal for life after being graduate. An ability to recognize the importance of psychology and its implacability in their personal and professional lives. | PEO5 |

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| **Knowledge** | **Skills** | **Ethics** |
| 20 % | 60% | 20 % |

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| 1. **Course Learning Objectives (CLOs)**
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| CO-1 | Providing an understanding of nomenclature used in Social Psychology |
| CO-2 | To explore and discuss the relationship of an individual in the social arena and the manner in which they interact with one another e.g. obedience, conformity, conflict, leadership and altruism |
| CO-3 | Examine and synthesize from the history of social psychology the theoretical understanding of Social Psychology and its practical implications in academic research. |
| CO-4 | Application of the understanding of Social Psychology from the academic to the practical arena. |

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| 1. **Course Learning Outcomes (CLOs):**

**After completing this course, students shall be able to:** |
|  | **Mapping the CLOs with PLOs** |
| CLO-1 | Gain a clear understanding of characteristics of social psychology and contrast it with similar disciplines. | PLO1 |
| CLO-2 | Comprehend how culture influences individuals’ self-perceptions and perceptions of others | PLO2 |
| CLO-3 | Demonstrate knowledge, through examination procedures, of the major theories and research findings in social psychology. | PLO3  |
| CLO-4 | Graduate will be able to critically evaluate research in Social psychology and use this knowledge to develop evidence-informed interventions. | PLO4 |
| CLO-5 | Graduate will apply social psychological theories and principles to your everyday behavior. | PLO5 |

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| 1. **Assurance of Learning and Assessment Items:**

*Specify Assessment Items that will assure student learning through application and achieve objectives of specific PLOs / CLOs* |
| **Assessment Item** | **Application/ Objectives****PLO / CLO** |
| Assignment 1 | **CLO1/PLO1** |
| Assignment 2 | **CLO2/PLO2** |
| Quiz 1 | **CLO3/PLO3** |
| Quiz 2 | **CLO4/ PLO4** |
| Presentations  | **CLO5/ PLO5** |
| Mid Term | **All CLOs and PLOs will be assessed** |
| Final term | **All CLOs and PLOs will be assessed** |

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| 1. **Assessment Structure and Grading Policy\*:**
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| **Assessment Item(s)** | **Weight (%)** | **When will be assessed** |
| Quizzes (03) |  15 | 4th week & 12th week |
| Assignments (02)  |  10 | 3rd week & 11th week |
| Presentations |  10 | After mid-terms exam (from 9th week till 13th week) |
| Mid-term exam |  25 | One-time assessment |
| Final exam |  40 | One-time assessment |
| **Total**  |  **100** |  |
| **Notes – Norms and Important Class Policies:** *(such as submission guidelines, academic honesty, make-up policy, code of conduct)** Student who is not present in class will be marked as ABSENT despite of any justification.
* Attendance will be marked 10 minutes after the class time. Students entering class after 10 minutes will be marked as absent.
* Students who have less than 80% attendance will be assigned SA grade and will not be allowed to sit in class.
* There will be no delay in the submission of assignments and conduction of quizzes or presentations.
* Assignments will be assessed for plagiarism and will be marked accordingly.
* Using or ringing of mobile phone during class will lead to penalty
* Students will review LMS weekly for the announcements and updates
* All the students have right to participate in class discussions. There are no stupid questions. Learning is a two-way process. There will be no leg pulling.
* PNS Rule: Students will give feedback in terms of positive or negative aspect and one suggestion.

If any class is missed due to any reason, a makeup class will be arranged in the following week |

*\*Rubrics for all assessments (including mid and final exams) will be provided separately to the students.*

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| 1. **Weekly Sessions Plan:**
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| **Week** | **Topics / Contents** | **Activity** | **Application/Objectives****PLO / CLO** |
| 1 | **The Field of Social Psychology**a. Introduction to social psychologyb. Current trends and future scopec. Conducting research in social psychology | Ice breaking Activity: Introduce yourself Lecture  | PLO1/ CLO1 |
| 2 | **Self- Presentation and Social Perception*** Nonverbal behavior
* Attribution
* Impression management
 | Lecture+ Discussion | PLO1/ CLO1/ |
| 3 | **Social Cognition*** Schemas
* Heuristics
* Affect and Cognition.
 | Lecture, Discussion | PLO2/ CLO2 |
| 4 | **Behavior and Attitudes*** Nature of attitudes
* Formation, maintenance,
* Change in attitudes
 | Quiz-1 | PLO3 / CLO3 |
| 5 | * Relationship between attitude and behavior
* Cognition & attitude
 | Assignment-1 | PLO4/ CLO4 |
| 6 | **Aspects of Social Identity*** The self
* Nature of the self
* Self concept
 | Quiz-2 | PLO4/ CLO4 |
| 7 | * Social diversity
* Self esteem
* Other aspects of self functioning
* Self -focusing
 | Assignment-2 | PLO4/CLO4 |
| 8 | * Cognitive and affective aspects
* Self -Monitoring
* Self -Efficacy
* Gender & socialization
 | Lecture | PLO4/CLO4 |
| 9 | **Mid term** |  | CLO1, CLO2, CLO3, CLO4, PLO1, PLO2, PLO3, PLO4 |
| 10 | **Social Influence*** Conformity
* Compliance
* Obedience
 | Lecture | PLO4/CLO4 |
| 11 | **Pro-social Behavior*** Altruism
* Why do we help?
* When do we help?
 | Assignment-3 | PLO4/CLO4 |
| 12 | * Does true altruism really exist?
* Whom do we help?
* How we can increase helping?
 | Debate | PLO5/CLO5 |
| 13 | **Aggression /hurting others*** What is Aggression?
* Influences on Aggression
* Reducing Aggression
* biological basis of aggression
 | Presentation | PLO5/ CLO5 |
| 14 | * **Lucifer effect**
* **Bullying**
 | Presentation | PLO5/ CLO5 |
| 15 | **Some overview of prominent social experiments** | Presentation | PLO5/ CLO5 |
| 16 | **FINAL TERM EXAM** |  | CLO, PLO |

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| 1. **Primary Text Book (s):**
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| * Myers, D. G. (2010). *Social psychology* (10th Ed). McGraw-Hill.
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| 1. **Reference / Supplementary Reading (s):**
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| * Sanderson, C. (2010). Social Psychology. John Wiley & Sons, Inc.
* Taylor, S. E., Peplau, L. A., & Sears, D. O. (2012). Social psychology 12th edition. *Kencana Prenada Media Gnp*.
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| 1. **Useful Online / Web Resources:**
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| * <https://www.verywellmind.com/social-psychology-4157177>
* <https://www.spring.org.uk/2023/01/social-psychology-experiments.php>
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