

University of Management and Technology

Course Outline

Course Code **CPP630**

Course Title **Child Counselling**

Program	MS Counselling Psychology
Credit Hours	4
Duration	15 weeks
Prerequisites	BS Psychology
Resource Person	Halima Khurshid
Counseling Timing (Room#)	Friday 02:00 pm - 03:00 pm Library Building Level 5
Contact	halima.khurshid@umt.edu.pk

Chairman/Director signature.....

Dean's signature.....

Date.....

Learning Objective:

- Trainees will be able to understand problems experienced in everyday life.
- Trainees will be able to assess children keeping in mind the cultural considerations.
- Trainees will be able to understand the rationale/use of psychometric tests.
- Trainees will be able to devise counselling plan for children.

Learning Methodology:

- Individual Tasks (Assignments & Presentations)
- Cooperative Learning (Group Activities & Demonstrations)
- Inquiry-based instruction (Open-ended questions & discussions during lecture)
- Use of technology (sending video clips)

Grade Evaluation Criteria

Following is the criterion for the distribution of marks to evaluate final grade in a semester.

Marks Evaluation	Marks in Percentage
Quizzes	20 %
Assignments	10 %
Mid Term	
Attendance & Class Participation	10 %
Term Project	
Presentations	20 %
Final Exam	40%
Total	100%

Reference Books:

- Manassis, K. (2014). Case Formulation with Children and Adolescents. The Guilford Press
- Peacock, G. G., Ervin, R. A., Daly, E. J., & Merrell, K. W. (2010). Practical Handbook of School Psychology: Effective Practices for the 21st century. The Guilford Press

Calendar of Course Contents to be covered during semester

Course Code: CP-630

Course Title: Child Counselling

Week	Course Contents	Reference Chapter(s)
1	Orientation to the Course & Resource Person	
2	<ul style="list-style-type: none">▪ Introduction to Child Counselling<ul style="list-style-type: none">a. Definition, need and scopeb. History of child counsellingc. Difference between clinical psychology child counselling	
3	Theories of Learning Schooling and Development	
4	The Educational Triad	

5	Approaching a Child	
6	Common Problems of School Children <ul style="list-style-type: none"> ▪ Emotional / Behavioral Problems (assessment and management) 	
7	Common Problems of School Children <ul style="list-style-type: none"> ▪ Academic Problems 	
8	Common Problems of School Children <ul style="list-style-type: none"> ▪ Social Problems 	
9	Common Problems of School Children <ul style="list-style-type: none"> ▪ Grief, loss and bereavement 	

10	<p>Common Problems of School Children</p> <ul style="list-style-type: none"> ▪ Adjustment Problems 	
11	Projective Techniques T.A.T, CAT,	
12	Projective Techniques ACIT	
13	Projective Techniques ORT	
14	Counselling Strategies (Individual and Group Counseling)	
15	<p>Setting up Child Counselling Service: operational policy, assessment, report writing</p> <p>Course Overview, Feedback & Summary</p>	