**University of Management and Technology, Lahore**

**Department of Clinical Psychology**

Course code: CP102

Course title: Introduction to Clinical Psychology

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| 1. **Course Learning Outcomes: (CLO’s)** | |
| CLO-1 | Graduates will be able to describe the foundations of Clinical Psychology. |
| CLO-2 | Graduates will be able to identify the roles of a clinical psychologist in different settings. |
| CLO-3 | Graduates will be able to learn about the historical background of Clinical Psychology & DSM and its development over the course of years. |
| CLO-4 | Graduates will gain knowledge about various approaches along with models used in clinical psychology and key terms used in the field. |

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| Week | Course Contents |
|  | What is Psychology to you?  Difference of Psychology & Clinical Psychology  Myths about Clinical Psychology and Clinical Psychologist  **Origins of Psychology**  Philosophy.  Biology/ Evolution- change, development growth, environment, and experience  Structuralism, Functionalism and Behaviorism |
|  | **Different approaches and facets of behavior** |
|  | **Cognitive approach** |
|  | **Freud’s Theory of Personality** |
|  | **Erikson’s Theory of personality** |
|  | **Adler’s Theory of personality** |
|  | Carl Jung’s Theory of Personality |
|  | Biopsychosocial Model |
|  | **What do Clinical Psychologists do?** |
|  | Assessment in Clinical Psychology |
|  | Diagnosis in Clinical Psychology |
|  | Treatment in Clinical Psychology |
|  | Abnormality of Behavior |