Course code: CP-309

Course title: Clinical Case Studies (Adult)

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| 1. **Course Learning Outcomes: (CLO’s)** | |
| CLO-1 | **Identify** different adulthood disorders with respect to their nature, manifestation, and causation. (C3) |
| CLO-2 | **Demonstrate** competence in conducting comprehensive assessments of adult disorders, including standardized testing, clinical interviews, and behavioral observations. (P3) |
| CLO-3 | **Conceptualize** the cases, reflecting the biopsychosocial and spiritual model and its application in clinical settings. (C4) |
| CLO-4 | **Propose** a management plan according to the interventions. (P3) |
| CLO-5 | **Practice** ethical and legal guidelines when working in hospital and clinical settings, including issues related to confidentiality and informed consent. (A4) |

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| **Mapping the PLOs with CLO’s** | | | | | | |
|  | | CLO 1 | CLO 2 | CLO 3 | CLO 4 | CLO 5 |
| **PLO-1**  **Cognitive** | **Psychology Knowledge:** Graduates will be able to comprehend the core concepts of Clinical Psychology—an ability to describe the manifestation of psychological issues | ✓ |  |  |  |  |
| **PLO-2**  **Cognitive** | **Conceptualization:** Graduates can formulate and conceptualize psychological problems according to the Bio-Psych-Social and Spiritual Model with respect to cultural practices |  |  |  |  |  |
| **PLO-3**  **Psychomotor** | **Basic Assessment Skill Development**: An ability to demonstrate and interpret various assessment modalities. |  | ✓ |  |  |  |
| **PLO-4**  **Psychomotor** | **Therapeutic Techniques and Implementation**: Graduates will be able to utilize the therapeutic skills and construct the intervention plan. |  |  |  | ✓ |  |
| **PLO-5**  **Affective** | **Communication:**  Graduates will be able to communicate and demonstrate practical verbal and written skills |  |  |  |  |  |
| **PLO-6**  **Psychomotor** | **Case studies**: An ability to conceptualize individual clinical cases with diverse ethnic, religious, and cultural backgrounds along with integrated assessment and intervention skills |  |  |  |  |  |
| **PLO-7**  **Affective** | **Ethical considerations**: Graduates will ensure professional ethical guidelines and principles in clinical and community settings. |  |  |  |  | ✓ |
| **PLO-8**  **Psychomotor** | **Research:** An ability to identify the need for significant indicators of mental health in a collectivistic culture to execute scientific research |  |  |  |  |  |
| **PLO-9**  **Psychomotor** | **Community Work**: Graduates will able to engage with different organizations to provide community services including recognition and bridging different resources to fulfill the psychological needs of communities such as marginalized population |  |  |  |  |  |
| **PLO-10**  **Psychomotor** | **Mental Health Awareness:** Graduates will be able to take initiative and design Programs for prevention and promotion of mental health wellness and quality of life in general population. |  |  |  |  |  |
| **PLO-11**  **Cognitive** | **Lifelong Learning**: Able to develop significant professional goals for life and recognize the importance of psychological skills in their personal and professional lives. |  |  |  |  |  |

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| 1. **Assurance of Learning and Assessment Items:**   *Specify Assessment Items that will assure student learning through application and achieve objectives of specific PLOs / CLOs* | |
| **Assessment Item** | **Application/ Outcomes**  **PLO / CLO** |
| Observation skills | CLO2/PLO3 |
| Understanding and interpretation | CLO3/PLO2 |
| Quality of reporting | CLO 4/PLO6 |
| Psychological Testing and reporting | CLO2/PLO3 |
| Creative work | CLO1/PLO2 |
| Attendance and punctuality | CLO 1 |
| Final Term Viva | CLO1,2,3,4,5 |

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| 1. **Assessment Structure and Grading Policy\*:** | | |
| **Assessment Item(s)** | **Weight (%)** | **When will be assessed** |
| Observation skills | 20 | Throughout in semester |
| Understanding and interpretation | 10 | Throughout in semester |
| Quality of reporting | 10 | Throughout in semester |
| Psychological Testing and reporting | 10 | Throughout in semester |
| Creative work | 5 | Throughout in semester |
| Attendance and punctuality | **5** | Throughout in semester |
| Final Term Viva | **30** | Once in a semester |
| Total | **100** |  |

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| 1. **Weekly Sessions Plan:** | | | | |
| Week | Course Contents | CLO | Blooms taxonomy level | Reference Chapter(s) |
| 1 | Introduction to adult disorders   * Definition * Why do we need to conduct adult placements? And what is its importance? * Characteristics of a clinical psychologist | 1 | C1 | NOTES |
| 2 | Basic Clinical Skills: Orientation of conducting a session.  Case Formulations and Assessment measures   * Interview skills * Prerequisites of an interview * introduction * Observation * MSE * Subjective Rating | 3 | C2 | material provided |
| 3 | Assessment tools   * baselines * Siddiqui shah Assessment * beck depression inventory * beck anxiety inventory | 2 | C2 | material provided |
| 4 | Visit in Adult Clinical Setting | 2 | C2 | placement visit |
| 5 | Visit in Adult Clinical Setting | 2 | C3 | placement visit |
| 6 | Visit in Adult Clinical Setting | 2,3,5 | C4 | placement visit |
| 7 | Visit in Adult Clinical Setting | 2,3,5 | C4 | placement visit |
| 8 | Mid Term Viva | 2,3,,5 | C4 |  |
| 9 | Visit in Adult Clinical Setting | 2,3,5 | C4 | placement visit |
| 10 | **Meetings with Supervisor**  Case Formulation and Conceptualization  Case Formulation (4 Ps) | 2,3,5 | C4 |  |
| 11 | **Meetings with Supervisor**  suspected problems  prognosis  conceptual framework of the case | 4 | C2 |  |
| 12 | **meetings**  proposed management + creative work | 4 | C2 |  |
| 13 | Portfolio (1st draft submission) | 2 | C3 |  |
| 14 | Portfolio Submission (2nd Draft) and revision and feedback class | 2 |  |  |
| 15 | Final Submission |  |  |  |
| 16 | Final Viva |  |  |  |