Course code: CP303

Course title: Clinical Case Studies (Child)

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| **Course Learning Outcomes: (CLOs)** | |
| CLO-1 | Describe and identify different developmental disorders with respect to their nature, manifestation, and causation. (C2) |
| CLO-2 | Demonstrate competence in conducting comprehensive assessments of children, including standardized testing, clinical interviews, and behavioral observations. (P3) |
| CLO-3 | Conceptualize the cases, reflecting the biopsychosocial and spiritual model and its application in clinical settings. (C3) |
| CLO-4 | Practice ethical and legal guidelines when working in special education setting, including issues related to confidentiality and informed consent (A3) |
| CL0 5 | Proposed Intervention plan for different developmental problems. (P3) |

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| **Mapping the PLOs with CLO’s** | | | | | | |
|  | | **CLO 1** | **CLO 2** | **CLO 3** | **CLO 4** | **CLO 5** |
| **PLO-1**  **Cognitive** | **Psychology Knowledge:** Graduates will be able to comprehend the core concepts of Clinical Psychology—an ability to describe the manifestation of psychological issues |  |  |  |  |  |
| **PLO-2**  **Cognitive** | **Conceptualization:** Graduates can formulate and conceptualize psychological problems according to the Bio-Psych-Social and Spiritual Model with respect to cultural practices |  |  |  |  |  |
| **PLO-3**  **Psychomotor** | **Basic Assessment Skill Development**: An ability to demonstrate and interpret various assessment modalities. |  |  |  |  |  |
| **PLO-4**  **Psychomotor** | **Therapeutic Techniques and Implementation**: Graduates will be able to utilize the therapeutic skills and construct the intervention plan |  |  |  |  |  |
| **PLO-5**  **Affective** | **Communication:**  Graduates will be able to communicate and demonstrate practical verbal and written skills |  |  |  |  |  |
| **PLO-6**  **Psychomotor** | **Case studies**: An ability to conceptualize individual clinical cases with diverse ethnic, religious, and cultural backgrounds along with integrated assessment and intervention skills |  |  |  |  |  |
| **PLO-7**  **Affective** | **Ethical considerations**: Graduates will ensure professional ethical guidelines and principles in clinical and community settings. |  |  |  |  |  |
| **PLO-8**  **Psychomotor** | **Research:** An ability to identify the need for significant indicators of mental health in a collectivistic culture to execute scientific research |  |  |  |  |  |
| **PLO-9**  **Psychomotor** | **Community Work**: Graduates will able to engage with different organizations to provide community services including recognition and bridging different resources to fulfill the psychological needs of communities such as marginalized population |  |  |  |  |  |
| **PLO-10**  **Psychomotor** | **Mental Health Awareness:** Graduates will be able to take initiative and design Programs for prevention and promotion of mental health wellness and quality of life in general population. |  |  |  |  |  |
| **PLO-11**  **Cognitive** | **Lifelong Learning**: Able to develop significant professional goals for life and recognize the importance of psychological skills in their personal and professional lives. |  |  |  |  |  |

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| 1. **Assurance of Learning and Assessment Items:**   **Specify Assessment Items that will assure student learning through application and achieve objectives of specific PLOs / CLOs** | |
| **Assessment Item** | **Application/ Outcomes**  **PLO / CLO** |
| Assignment 1 | **CLO1, PLO1,2** |
| Assignment 2 | **CLO2,3,4 , PLO 2,3,7** |
| Quiz 1 | **CLO 2,3,4 , PLO 2,3,7** |
| Quiz 2 | **CLO 1, PLO 10** |
| Quiz 3 | **CLO 1, PLO 10** |
| Presentation | **CLO 1, PLO 5** |
| Mid Term Exam | **CLO 1,2,3,4 , PLO 1,2,3,5,7, 10** |
| Final Exam | **CLO 1,2,3,4 , PLO 1,2,3,5,7, 10** |

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| **Weekly Sessions Plan:** | | | | | |
| Week | Course Contents | CLO | Bloom’s Taxonomy Level | Activity | Reference Chapter(s) |
| 1 | Behavior, Dimensions of Behavior. | 1 | C2 | · Activity, go outside from your room, observe the behavior of the person around, note down what is different or the routine. Write down the summary of the observed behaviors. Duration:15 minutes.  Case Example for the practice of dimensions of behavior. |  |
| 2 | Placement Observation | CLO1 | 2 | Activity: Observe the premises of UMT and write down your observation |  |
| 3 | * Creation of ethical boundaries, Establishment of a Professional Behavior. * How to prepare for the first session of the child | CLO2 | 3 | · Class Activity: Active listening( pair activity, story listening).  Homework: Write down at least three examples in which therapeutic boundaries are violated in clinical settings. (Child) |  |
| 4 | * Understanding the context/setting for the child, mental health of infants, toddlers, young children and of mother. * Development of Compliance (Mother & Family)   Behavioral Observational Skills | CLO3 | 2 |  |  |
| 5 | Pre- requisite skills, Developmental Milestones/ Developmental areas |  |  |  |  |
| 6 | · Demonstration on Behavioral Observations/ Writing Practice on Behavioral Observation | CLO2 | 3 |  |  |
| 7 | Case Report Format till Presenting Complains. How to take first session, Discussed the document of Beginning the interview, Document of Development History | CLO3 | 3 | Role Plays on how to start the first session with parents. This Includes Intro, Informed Consent, Conclusion. |  |
| 8 | Developmental History | CLO3 | 2 | Mock interview, Role Plays, YouTube Video  <https://www.youtube.com/watch?v=b6PjdTmQ-0g>  <https://www.youtube.com/watch?v=D-HiOmzCgBc> |  |
| 9 | Continuation of Developmental History, Personal History, Educational History, Family History and Suspected Problem. | CLO3 | 2 | Group Based Activity, Case Study. |  |
| 10 | Case Presentation | CLO 2 | 3 |  |  |
| 11 | Pre-Requisites, Assessment of Pre-Requisites. | CLO 2 | 3 | Case Study Practice. |  |
| 12 | Rapport Building, Challenges based by the Novice Psychologist. Session Handling, Material Management, Next session planning | CLO5 | 3 |  |  |
| 13 | Application of Perspectives: Biological, Psychological and Social | CLO4 | 3 | Video Discussion |  |
| 14 | Continuation of Case Formulation. | CLO 3 | 2 |  |  |
| 15 | Intervention planning, Behavioral Principles of Modification Techniques. | CLO5 | 3 | Video Discussion. |  |
|  | Revision (Ending the session). |  |  |  |  |
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