Course code: CP402

Course title: **Clinical Counselling Case Studies**

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| 1. **Course Learning Outcomes: (CLO’s)** | |
| CLO-1 | Demonstrate counseling skills in handling sessions. (P2) |
| CLO-2 | Devise a systematic assessment plan and interpret its outcomes. (P4) |
| CLO-3 | Develop appropriate counseling plans according to the need of the child.(P7) |
| CLO-4 | Practice ethical guidelines in taking sessions. (A2) |

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| **Mapping the PLOs with CLO’s** | | | | | | |
|  | | CLO 1 | CLO 2 | CLO  3 | CLO 4 |  |
| PLO-1 | **Psychology Knowledge:** Graduates will be able to comprehend the fundamental concepts of Clinical Psychology. An ability to describe the manifestation of psychological problems in cultural perspectives. |  |  |  |  |  |
| PLO-2 | **Problem Functional Analysis:** Graduates will be able to formulate and conceptualize the psychological problems according to Bio-Psych-Social and Spiritual Model. |  |  |  |  |  |
| PLO-3 | **Basic Clinical Skill Development**: An ability to identify the need specific psychological assessment tools, its demonstration and interpretation |  |  |  |  |  |
| PLO-4 | **Therapeutic Techniques and Implementation**: Graduates will be able to utilize the therapeutic skills and construct the intervention plan |  |  |  |  |  |
| PLO-5 | **Communication:** Demonstrate effective verbal and written skills. Able to communicate mindfully and respectfully to individuals and professionals of diverse ethnic, religious, and cultural backgrounds. An ability to communicate effectively, orally as well as in writing, on various social events held by the Psychologists’ community, including conferences, seminars, workshops etc |  |  |  |  |  |
| PLO-6 | **Case studies**: An ability to synthesized and integrate the assessment and intervention skills in managing clinical case, evaluating its progress and report professionally. |  |  |  |  |  |
| PLO-7 | **Ethical considerations**: Ensuring professional ethical principles and practices |  |  |  |  |  |
| PLO-8 | **Research:** An ability to articulate research methodologies, operationally define problems, its literature review and process to conduct research |  |  |  |  |  |
| PLO-9 | **Community Work**: Graduates will able to engage with different organizations to provide community services including recognition and bridging different of resources to fulfill the psychological needs of communities such marginalized population |  |  |  |  |  |
| PLO-10 | **Self-Analysis:**  Analyze their different professional roles as clinician, supervisor, supervisee, consultant, teacher and researcher. |  |  |  |  |  |
| PLO-11 | **Mental Health Awareness:** Graduates will be able to design Programs for prevention and promotion of mental health wellness and quality of life in general population. |  |  |  |  |  |
| PLO-12 | **Lifelong Learning**: Able to develop significant professional goal for life after being graduate. An ability to recognize the importance of psychology and its adaptability in their personal and professional lives. |  |  |  |  |  |

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| 1. **Assurance of Learning and Assessment Items:**   *Specify Assessment Items that will assure student learning through application and achieve objectives of specific PLOs / CLOs* | |
| **Assessment Item** | **Application/ Outcomes**  **PLO / CLO** |
| Portfolio | **PLO2/CLO1** |
| Assessment | **PLO4/CLO3** |
| Case Formulation | **PLO2/CLO1** |
| Management | **PLO7/CLO4** |
| Mid Term | **CLO 1, 2, 3,4** |
| Final exam | **CLO 1, 2, 3,4** |

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| **Week** | **Course Contents** | CLO | Bloom’s Taxonomy Level | **Reference Chapter(s)** |
|  | Induction class  Worksheets   * rapport building * self esteem * study skills * time management * anger   tool kit prep  case format  write up | 1 | P2 | Handouts |
|  | How to approach a client.   * Psychoeducation * History taking * Interview guidelines * CABS demonstration * Assessment discussion | 2 | P4 | Avila, Antonio & Haynes, Stephen. (2011). Clinical Case Formulation: Introduction to the Special Section. European Journal of Psychological Assessment - EUR J PSYCHOL ASSESS. 27. 1-3. 10.1027/1015-5759/a000055. |
|  | Placement Observation   * empathy * unconditional positive regard | 1 | 2 |  |
|  | Client observation  Basic management skills   * time management skills * Anxiety management * Academic stress managemrnt * Study skills * Bullying | 3 | P7 | Margison, F.R., McGrath, G., Barkham, M., Mellor Clark, J., Audin, K. ,Connell, J. & Evans, C. (2000). Measurement and psychotherapy: Evidence-based practice and practicebased evidence. British Journal of Psychiatry, 177,123–130 |
|  | Placement  Workshop related discussion   * student training   teacher training | 1 | P2 |  |
|  | **Placement**   * Submission of Case report 1 draft 1 | 3 | P7 | Avila, Antonio & Haynes, Stephen. (2011). Clinical Case Formulation: Introduction to the Special Section. European Journal of Psychological Assessment - EUR J PSYCHOL ASSESS. 27. 1-3. 10.1027/1015-5759/a000055. |
|  | Submission of Case report 2 draft 1 | 3 | P7 | Avila, Antonio & Haynes, Stephen. (2011). Clinical Case Formulation: Introduction to the Special Section. European Journal of Psychological Assessment - EUR J PSYCHOL ASSESS. 27. 1-3. 10.1027/1015-5759/a000055. |
|  | Case report 1 draft 2 | 3 | P7 |  |
|  | **Mid Term Exams** | 1,2,3,4 |  |  |
|  | Placement (management plan) | 4 | A2 | Margison, F.R., McGrath, G., Barkham, M., Mellor Clark, J., Audin, K. ,Connell, J. & Evans, C. (2000). Measurement and psychotherapy: Evidence-based practice and practicebased evidence. British Journal of Psychiatry, 177,123–130. |
|  | Placement (management plan , outcome , termination) | 4 | A2 | Margison, F.R., McGrath, G., Barkham, M., Mellor Clark, J., Audin, K. ,Connell, J. & Evans, C. (2000). Measurement and psychotherapy: Evidence-based practice and practicebased evidence. British Journal of Psychiatry, 177,123–130. |
|  | Placement and Case Reports Final draft | 4 | A2 |  |
|  | Feedback, creative work and portfolio checking | 2 | P4 |  |
|  | Feedback, creative work and portfolio checking | 2 | P4 |  |
|  | Submission of portfolios | 2 | P4 |  |
|  | Final Term Viva | 1,2,3,4 |  |  |