**Course code: CP-205**

**Course title: Clinical Shadowing**

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| 1. **Course Learning Outcomes: (CLO’s)**
 |
| CLO-1 | **Knowledge** about the observational skills and techniques. (C1)  |
| CLO-2 | **Apply** learned observational skills in field and will be able to make links between different behaviors and its consequences like problems. (C3) |
| CLO-3 | **Suspect** problem after observing causation of different behaviors by children and adults. (C3) |
| CLO-4 | **Administer** psychological assessments with ethical consideration. (P3) |
| CLO-5 | **Create** written reports of all observations and compile them in the form of a portfolio. (P3) |

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| **Mapping the PLOs with CLO’s** |
|  | CLO 1 | CLO 2 | CLO 3 | CLO 4 | CLO 5 |
| **PLO-1****Cognitive** | **Psychology Knowledge:** Graduates will be able to comprehend the core concepts of Clinical Psychology—an ability to describe the manifestation of psychological issues | ✔ |  |  |  |  |
| **PLO-2****Cognitive**  | **Conceptualization:** Graduates can formulate and conceptualize psychological problems according to the Bio-Psych-Social and Spiritual Model with respect to cultural practices |  | ✔ |  |  |  |
| **PLO-3****Psychomotor** | **Basic Assessment Skill Development**: An ability to demonstrate and interpret various assessment modalities. |  |  | ✔ |  |  |
| **PLO-4****Psychomotor** | **Therapeutic Techniques and Implementation**: Graduates will be able to utilize the therapeutic skills and construct the intervention plan |  |  |  |  |  |
| **PLO-5****Affective**  | **Communication:**  Graduates will be able to communicate and demonstrate practical verbal and written skills  |  |  |   |  |  |
| **PLO-6****Psychomotor** | **Case studies**: An ability to conceptualize individual clinical cases with diverse ethnic, religious, and cultural backgrounds along with integrated assessment and intervention skills  |  |  |  |  |   |
| **PLO-7****Affective** | **Ethical considerations**: Graduates will ensure professional ethical guidelines and principles in clinical and community settings. |  |  |  |   |  |
| **PLO-8****Psychomotor** | **Research:** An ability to identify the need for significant indicators of mental health in a collectivistic culture to execute scientific research |  |  |  |  |  |
| **PLO-9****Psychomotor** | **Community Work**: Graduates will able to engage with different organizations to provide community services including recognition and bridging different resources to fulfill the psychological needs of communities such as marginalized population  |  |  |  |  |   |
| **PLO-10****Psychomotor** | **Mental Health Awareness:** Graduates will be able to take initiative and design Programs for prevention and promotion of mental health wellness and quality of life in general population. |  |  |  |  |  |
| **PLO-12****Cognitive**  | **Lifelong Learning**: Able to develop significant professional goals for life and recognize the importance of psychological skills in their personal and professional lives.  |  |  |  |   |  |

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| 1. **Assurance of Learning and Assessment Items:**

*Specify Assessment Items that will assure student learning through application and achieve objectives of specific PLOs / CLOs* |
| **Assessment Item** | **Application/ Outcomes****PLO / CLO** |
| Observation skills | PLO-3/CLO-2 |
| Understanding and interpretation | PLO-1/CLO-1 |
| Quality of reporting | CLO5/PLO 5 |
| Psychological Testing and reporting | PLO-3/CLO-4 |
| Creative work | PLO-5/CLO-5 |
| Attendance and punctuality | PLO-5/ CLO-5 |
| Final Term Viva | CLO-1, 2, ,4,,3, 5 |

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| 1. **Assessment Structure and Grading Policy\*:**
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| **Assessment Item(s)** | **Weight (%)** | **When will be assessed** |
| Observation skills | 10 | Throughout in semester |
| Understanding and interpretation | 10 | Throughout in semester |
| Mid Term Viva  | 20 | Mid term  |
| Psychological Testing and reporting | 10 | Throughout in semester |
| Creative work | 5 | Throughout in semester |
| Attendance and punctuality | **5** | Throughout in semester |
| Final Term Viva | **30** | Once in a semester |
| Total  | **100** |  |

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| 1. **Weekly Sessions Plan:**
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|  Week | Course Contents  | CLO | Bloom Taxonomy Level | Reference Chapter(s) |
| 1 | Introduction to Clinical shadowing: * Definition
* Why do we need to shadow? And what is its importance?
* Characteristics of a clinical psychologist
 | 1 | C1 |  |
| 2 | Cultural Familiarity * Perception of abnormality and how people view it
* Socially and Culturally Unacceptable Behaviors
* Slang Words
* Awareness of the Current affairs related to mental health, *Your Action Plan to deal with them.*

*Sessional evaluation and portfolio writing*  | 1 | C1,  |  |
| 3 | Basic clinical skills: How a trainee clinical psychologist can prepare himself to work in shadow?1. Clinical Interview
* Unstructured Interview
* Structured and Semi Structured Interviews
* Interview skills
* Prerequisites of an interview
 | 2 | C3 |  |
| 4 | Behavioral Observation Guidelines:* Definition
* Skills required to be a good observer
* What/Where/Whom to Observe
* Building hypothesis based on observation
* Orientation to FIDs
* How to write observation
* Mental Status Examination: (overview for observation)
* Learning Readiness Skills
 | 3 | P3 |  |
| 5 | Psychological Testing:* What Is a Psychological Assessment?
* When to administer the test
* Rationale of test
* Limitations of administration
* PALT/Digit Span (instructions, demonstration and administration)
* Ethical Consideration
 | 4 | P3 |  |
| 6 | Visit in Adult Clinical Setting |  |  |  |
| 7 | Visit in Adult Clinical Setting |  |  |  |
| 8 | Visit in Special Education Setting |  |  |  |
|  9 | Visit in Special Education Setting |  |  |  |
| 10 | Setting in Mainstream School |  |  |  |
| 11 | Case Presentations |  |  |  |
| 12 | Case Formulation and ConceptualizationCase Formulation (4 Ps) | 1 | C1 |  |
| 13 | Video based of observation of MSE (Summary)Portfolio (1st draft submission) | 1 | C1 |  |
| 14 | Portfolio Submission (2nd Draft) and revision and feedback class |  |  |  |
| 15 | Final Submission  |  |  |  |
| 16 | Final Viva |  |  |  |