Course code **CP 412**  Course title **Community Psychology**

|  |
| --- |
| 1. **Course Learning Outcomes: (CLO’s)**
 |
| CLO-1 | **Acquire** fundamental knowledge about principles, values and how community psychology integrates and collaborates with other sub fields of social sciences. (C2) |
| CLO-2 | **Analyze** the issues and challenges of different communities within collectivistic culture (C4) |
| CLO-3 | Graduates will be able to **practice** community psychology in practical field and devise a need based preventative and promotive program of mental health, it will **enhance** the creativity and critical thinking. (P5) |
| CLO-4 | Graduates will **demonstrate** ethics in their community work and daily life. (A4) |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | CLO 1 | CLO 2 | CLO 3 | CLO 4 |
| PLO-1 | **Psychology Knowledge:** Graduates will be able to comprehend the fundamental concepts of Clinical Psychology. An ability to describe the manifestation of psychological problems in cultural perspectives.  |  |  |  |  |
| PLO-2 | **Problem Functional Analysis:** Graduates will be able to formulate and conceptualize the psychological problems according to Bio-Psych-Social and Spiritual Model.  |  |  |  |  |
| PLO-3 | **Basic Clinical Skill Development**: An ability to identify the need specific psychological assessment tools, its demonstration and interpretation |  |  |  |  |
| PLO-4 | **Therapeutic Techniques and Implementation**: Graduates will be able to utilize the therapeutic skills and construct the intervention plan |  |  |  |  |
| PLO-5 | **Communication:** Demonstrate effective verbal and written skills. Able to communicate mindfully and respectfully to individuals and professionals of diverse ethnic, religious, and cultural backgrounds. An ability to communicate effectively, orally as well as in writing, on various social events held by the Psychologists’ community, including conferences, seminars, workshops etc |  |  |  |  |
| PLO-6 | **Case studies**: An ability to synthesized and integrate the assessment and intervention skills in managing clinical case, evaluating its progress and report professionally. |  |  |  |  |
| PLO-7 | **Ethical considerations**: Ensuring professional ethical principles and practices |  |  |  |  |
| PLO-8 | **Research:** An ability to articulate research methodologies, operationally define problems, its literature review and process to conduct research |  |  |  |  |
| PLO-9 | **Community Work**: Graduates will able to engage with different organizations to provide community services including recognition and bridging different of resources to fulfill the psychological needs of communities such marginalized population  |  |  |  |  |
| PLO-10 | **Self-Analysis:** Analyze their different professional roles as clinician, supervisor, supervisee, consultant, teacher and researcher.  |  |  |  |  |
| PLO-11 | **Mental Health Awareness:** Graduates will be able to design Programs for prevention and promotion of mental health wellness and quality of life in general population. |  |  |  |  |
| PLO-12 | **Lifelong Learning**: Able to develop significant professional goal for life after being graduate. An ability to recognize the importance of psychology and its adaptability in their personal and professional lives.  |  |  |  |  |

**Calendar of Course Contents to be Covered During Semester**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Week**  | **Course Content** | **CLO** | **Blooms Taxonomy Level** | **Reference Chapter(s)** |
| 1 | **Introduction to Community Psychology** | * Understanding of community Psychology
* Objectives of course
* Expectations and apprehensions related to community psychology
* Brief history of Community Psychology
 | 1 |  C2 | - |
| *Assignment was given in this week on History of Community Psychology* |
| 2 | **Issues and Challenges of Communities**  | Demonstration related to Issues and Challenges of different communities  | 2 | C4 | - |
| 3 | **Understanding Community Psychology** | Structural Perspectives and First-Order and Second-Order Change Ecological Levels of Analysis in Community Psychology Individuals MicrosystemsOrganizationsLocalitiesMacrosystems | 1 | C2 | Chapter 1 from (Kloos, Hill, Thomas, Wandersman, Elias, & Dalton, 2012) |
| 4 | **Understanding Community Psychology** | Seven Core Values in Community Psychology Individual and Family Wellness Sense of Community Respect for Human Diversity Social Justice Empowerment and Citizen Participation Collaboration and Community Strengths Empirical Grounding | 1 | C2 | Chapter 1 from (Kloos, Hill, Thomas, Wandersman, Elias, & Dalton, 2012) |
| ***Quiz was Taken in this week*** |
| 5 | **Understanding Communities** | What Is a community? Types of Communities Levels of Communities Who Defines Communities? Sense of Community FourElements of Sense of CommunityImportance of CommunityComplex Realities of CommunitiesBuilding Communities**Understanding Human Diversity in Context** &**Scientific Research in Community Psychology**  | 1 | C2 | Chapter 6 & 7 from (Kloos, Hill, Thomas, Wandersman, Elias, & Dalton, 2012)Chapter 2 from (Moritsugu, Vera, Wong, & Duffy, 2016) |
| 6 | **Understanding Communities** | Conceptual Models of Ecological ContextEcological PrinciplesThe Importance of Understanding Contexts for InterventionCreating and Altering SettingsPromise and Challenges of Changing Environments |  2 | C4 | Chapter 5 from (Kloos, Hill, Thomas, Wandersman, Elias, & Dalton, 2012) |
| ***Quiz Will be taken*** |
| 7 | **Preventing Problem Behaviour** | Concepts for Understanding Prevention and Promotion Risk and Resiliency Integrative Guides for Research and Action Prevention Programs Cost-EffectiveExamples of Successful Prevention and Promotion Programs The Implementation and Sustainability  | 3 | P5 | Chapter 9 from (Kloos, Hill, Thomas, Wandersman, Elias, & Dalton, 2012)Chapter 5 from (Moritsugu, Vera, Wong, & Duffy, 2016) |
| 8 | **Mid Term Exam will be Conducted** | **1, 2** |
| 9 | **Prevention and Promotion: Implementing Programs** | Prevention and Promotion: Implementing Programs Issues in Implementation Participatory Action Research in Program ImplementationCultural Diversity in Program ImplementationCommunity Prevention Efforts |  4 | P5 | Chaper 10 from (Kloos, Hill, Thomas, Wandersman, Elias, & Dalton, 2012)Chapter 4 from (Moritsugu, Vera, Wong, & Duffy, 2016) |
| Assignment will be given on STRESS AND RESILIENCE |
| 10 | **Program Evaluation and Development** | The Logic of Program Evaluation A Four-Step Model of Program Evaluation Mentoring: A Program Evaluation Perspective How Does Mentoring Work? Mentoring: Applying the Four-Step Evaluation Method Linking Program Evaluation to Program Development Empowerment Evaluation | 3 | P5 | Chapter 13 from (Kloos, Hill, Thomas) |
| 11 | **School Children**  | The Early Childhood EnvironmentChild CareEnrichment Education and Early InterventionSelf-Care ChildrenThe Public SchoolsDesegregation, Ethnicity, and Prejudice in the SchoolsThe Schools and Adolescent | 1 | C2 | chapter 8 & 9 from (Moritsugu, Vera, Wong, & Duffy, 2016) |
| 12 | **Law and Crime** | The Traditional Justice SystemAddressing Justice System Issues | 1 | C2 | Guest Lecture  |
| **Quiz will be Taken** |
| 13 | **Presentation**  | Presentation of Community Work |  |  | - |
| 14 | **Presentation**  | Presentation of Community Work |  |  |  |
| 15 | **Future of Community Psychology**  | Concerns and Applications for implementation of Community Psychology Programs Revision of the Course  | 3 | P5 | chapter 13 from (Moritsugu, Vera, Wong, & Duffy, 2016) |
| 16 | **Final Term Exam** | **CLO, 1, 2, 3, 4** |

**Mapping of CLOs and Assessments**

|  |
| --- |
| **Assessment**  |
| **Assessment Item** | **Application/ Objectives****PLO / CLO** |
| Demonstrations  | **PLO1/ CLO2** |
| Assignment 1: History of Community Psychology  | **PLO1/CLO1** |
| Project | **PLO9/CLO3** |
| Assignment 2: Stress and Resilience  | **PLO2/CLO2** |
| Quiz 1 | **PLO1/CLO1** |
| Quiz 2 | **PLO7/CLO4** |
| Quiz 3 | **PLO2/CLO2** |
| Mid Term Exam | **CLO-1, 2,**  |
| Final Exam | **CLO 3, 4, 2, 1** |