Course code: CP-410

Course title: Culture and Clinical Psychology

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| 1. **Course Learning Outcomes: (CLO’s)**
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| CLO-1 | **Explain** and understand the key psychological mechanisms that create cultural groups and identities along with the psychological processes that result from those groups and identities (C2). |
| CLO-2 | **Describe** applications of cultural psychology to personal and societal issues including (but not limited to) prejudice, discrimination, inequality, and acculturation (C2). |
| CLO-3 | **Determine** the role that cultural factors play in the creation, implementation, and interpretation of empirical psychological research (C5). |
| CLO-4 | **Recognize** the similarities and differences in different cultures and will be able to understand human behaviors and conduct research in different cultures (C2). |
| CLO-5 | **Demonstrate** the basic ethical consideration while conducting cross cultural research (C3).   |

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| **Mapping the PLOs with CLO’s** |
|  | CLO 1 | CLO 2 | CLO  3 | CLO 4 | CLO 5 |
| PLO-1 | **Psychology Knowledge:** Graduates will be able to comprehend the fundamental concepts of Clinical Psychology. An ability to describe the manifestation of psychological problems in cultural perspectives.  | ✔ |  |  |  |  |
| PLO-2 | **Problem Functional Analysis:** Graduates will be able to formulate and conceptualize the psychological problems according to Bio-Psych-Social and Spiritual Model.  |  | ✔ |  |  |  |
| PLO-3 | **Basic Clinical Skill Development**: An ability to identify the need specific psychological assessment tools, its demonstration and interpretation |  |  |  |  |  |
| PLO-4 | **Therapeutic Techniques and Implementation**: Graduates will be able to utilize the therapeutic skills and construct the intervention plan |  |  |  | ✔ |  |
| PLO-5 | **Communication:** Demonstrate effective verbal and written skills. Able to communicate mindfully and respectfully to individuals and professionals of diverse ethnic, religious, and cultural backgrounds. An ability to communicate effectively, orally as well as in writing, on various social events held by the Psychologists’ community, including conferences, seminars, workshops etc |  |  | ✔ |  |  |
| PLO-6 | **Case studies**: An ability to synthesized and integrate the assessment and intervention skills in managing clinical case, evaluating its progress and report professionally. |  |  |  |  |  |
| PLO-7 | **Ethical considerations**: Ensuring professional ethical principles and practices |  |  |  |  | ✔ |
| PLO-8 | **Research:** An ability to articulate research methodologies, operationally define problems, its literature review and process to conduct research |  |  |  | ✔ |  |
| PLO-9 | **Community Work**: Graduates will able to engage with different organizations to provide community services including recognition and bridging different of resources to fulfill the psychological needs of communities such marginalized population   | ✔ |  |  |  |  |
| PLO-10 | **Self-Analysis:**  Analyze their different professional roles as clinician, supervisor, supervisee, consultant, teacher and researcher.   |  |  |  |  |  |
| PLO-11 | **Mental Health Awareness:** Graduates will be able to design Programs for prevention and promotion of mental health wellness and quality of life in general population. |  |  |  | ✔ |  |
| PLO-12 | **Lifelong Learning**: Able to develop significant professional goal for life after being graduate. An ability to recognize the importance of psychology and its adaptability in their personal and professional lives.  |  |  |  |  | ✔ |

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| 1. **Assurance of Learning and Assessment Items:**

*Specify Assessment Items that will assure student learning through application and achieve objectives of specific PLOs / CLOs* |
| **Assessment Item** | **Application/ Outcomes****PLO / CLO** |
| Assignment 1: Role of Culture in Clinical Psychology | **PLO-1, PLO-9/CLO-1** |
| Assignment 2: Issues and Challenges while Conducting Cross-Cultural Research | **PLO-7, PLO-8/ CLO-4, CLO-5** |
| Quiz 1 | **PLO-1/CLO-1** |
| Quiz 2 | **PLO-1, PLO-9/CLO-1** |
| Quiz 3 | **PLO-2/CLO-2** |
| Quiz 4 | **PLO-7, PLO-5, PLO-8/CLO-3,CLO-4** |
| Presentation  | **PLO-1, PLO-4, PLO-8, PLO-9, PLO-11, CLO-1, CLO-4** |
| Final Exam | **CLO-1/CLO-2/CLO-3/CLO-4** |

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| 1. **Assessment Structure and Grading Policy\*:**
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| **Assessment Item(s)** | **Weight (%)** | **When will be assessed** |
| Quiz | 15 | 4 times of semester |
| Assignments | 05 | Twice in a Semester |
| Mid term  | 25 | Once in a semester |
| Presentation | 10 | Once in a semester |
| Class Participation | 05 | Throughout in semester |
| Final exam | 40 | Once in a semester |
| **Total** | **100** |  |
| **Notes – Norms and Important Class Policies:***(such as submission guidelines, academic honesty, make-up policy, code of conduct)** Attendance below 80% will result in Short-Attendance grade. The participant will not be allowed to sit in the final examination.
* All assignment submission is subject to plagiarism check. Plagiarism score above 15% will render the submission void.
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|  | 1. **Weekly Sessions Plan:**
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|   Week | Course Contents  | CLO | Blooms taxonomy level | Reference Chapter(s) |  |
| 1 | * What is culture

Nature vs nurtureSix general categories of cultureElements of culture (subjective and objective)Factors influence Culture | CLO-1 | C2 |  |  |
| 2 | Explicit and Implicit Characteristics ofCultureSociety, Race, Stereotypes, and EthnicityObjective and subjective elements of cultureEtic and Emic ApproachIndividualism Vs. Collectivism | CLO-1 | C2 |  |  |
| 3 | Geert Hofstede’s Cultural Dimensions* Power Distance
* Individualism (IND)
* Uncertainty Avoidance
* Masculinity
* Long-term orientation vs. short-term
* Orientation (LTO)
* Indulgence vs. restraint (IND)
 | CLO-1 | C2 |  |  |
| 4 | * Tight Vs. Loose Cultures
* Contextualization
 | CLO-1 | C2 |  |  |
| 5 | * Culture and Social
* Behavior
 | CLO-2 | C2 |  |  |
| 6 | * Culture and Conformity
* Culture and Compliance
* Culture and Obedience
* Culture and Cooperation
 | CLO-2 | C2 |  |  |
| 7 | * Culture and Development
* Culture and Attachment
* Parenting and Culture
 | CLO-1 | C2 |  |  |
| 8 | Mid Term Exam |
|       9 | Culture and Research* Issues of Equivalence
* Issues in Methodology
* Issues in Analyzing
* Issues in Interpretation
 | CLO-4 | C2 |  |  |
| 10 | * Ethical Considerations in Cross Cultural Research
 | CLO-5 | C3 |  |  |
| 11 | * Biases in Cross Cultural Research
 | CLO-3 | C5 |  |  |
| 12 | * Culture and Manifestation of Mental Health Problems
 | CLO-1 | C2 |  |  |
| 13 | * Culture and Assessment
* Culture and Psychological Intervention
 | CLO-1 | C2 |  |  |
| 14 | * Culture Bound Syndromes
 | CLO-4 | C2 |  |  |
| 15 | Final Exam |  |  |  |  |